

How the Universe and Living Beings Are Created and How Human Could Be Liberated and Merged into Cosmic Consciousness

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Abstract

Cosmic energy and cosmic consciousness is the key to form universe and living beings in the cosmos. The process of death and rebirth will continue until “nirvana or liberation” is attained. “Karma” is the works accomplished by us with the “cause and effect” principle. “Bhakti” means the complete devotion towards the Supreme. “Bhakti” should not be performed on a ritual basis but performed with the devotion then only one could achieve the “Nirvana”. All the good and bad works done by us are stored in our consciousness which fixes the direction of our next life. Quantum mechanics has compelled us to accept unintelligible mechanism of natural phenomenon-like the jump of the electron-and we do not hesitate to accept them likewise with the data and observations available we are compelled to accept the rebirth.

Keywords: cosmic consciousness, karma, dharma, nirvana (liberation), re-birth

1. Introduction

To understand the Universe and its functions we must know the meaning of “cosmic energy” and “cosmic consciousness”. Cosmic energy and cosmic consciousness is the key to form universe and living beings in course of space, time and persons (objects) in the cosmos (Mahesh Man Shrestha, 2022a). Physical and Spiritual worlds have their own laws and boundaries working in parallel, and do not touch each other. Buddhism teaches us that the process of death and rebirth will continue until “nirvana or liberation” is attained. The “nirvana” or “liberation” is possible only when all the karmas have been abolished in a person. In Buddhism, rebirth is part of the continuous process of change. Popular Jain cosmology and Buddhist cosmology as well as a number of schools of Hinduism posit rebirth in many worlds and in varied forms.

2. Cosmic Energy and Cosmic Consciousness

Cosmic energy (Purush) is the life force that is existent everywhere. It is present in the cosmos, between the galaxies, the molecules, quantum and atoms and in the space. Cosmic energy is super power which can manifest anything and everything. Cosmic Energy particles are filled inside each atom. Hence, the entire Universe is made-up of this cosmic energy as 99.99% space within each atom comprises of these cosmic energy particles. It is the basic element of life and consciousness. It refers to external spiritual energy and can also refer to “Prana” (the life energy) which is the source of kundalini (Plexus) power in human body.

The cosmic consciousness (Prakriti) is the part of cosmic energy. It is that element in which the limits of ego, personal mind and body disappear and one becomes aware of a cosmic vastness. It shows the cosmos to consist not of dead matter governed by unconscious, rigid, and unintending law; but on the contrary as entirely immaterial, entirely spiritual and entirely alive; it shows that death is an absurdity, that everyone and everything has eternal life. It creates the feeling of joyfulness; a revelation of the meaning, purpose, and aliveness of the universe; a sense of immortality; a loss of fear of death. Recently quantum theory of science has also physically proved the immortality of human. The cosmic consciousness is a transcendence of the limits of

self-consciousness as an ultra-state of illumination of the mind; the roots of the conception are embodied in the quest for a spiritual connection with multi-dimensional cosmos (Google search, n.d.).

3. How Cosmic Consciousness Changed into Cosmic Mind and Personal Mind

Cosmic energy and cosmic consciousness is the key to form universe and living beings in course of space, time and objects (persons) in the cosmos. The entire creation of various kinds of objects such as galaxies, nebulae, black holes, dark matters and all other celestial objects and living beings are the results of cosmic energy and cosmic consciousness. This consciousness is changed into various kinds of objects and living beings through its higher multi dimensions in course of space and time. Later, our entire galaxy is disappeared into cosmic consciousness again at certain stage in the cosmos.

In course of time when a small portion of Cosmic energy (Purusha) known as ‘Omega point’ falls on Sagun Bramh or Cosmic Consciousness (Prakriti) due to casual condition, then the Consciousness-at-rest transforms to Consciousness-in-action and the potential energy becomes the actual energy. Omega point of Cosmic Consciousness disturbs the balance of the three forces such as sentient, mutative and static of Sagun Bramh and creates the resultant static force. Thus, the Sagun Bramh, the Parallel Universe starts functioning for the further expansion of the Virtual Universe. Now the Sagun Bramh starts changing into Virtual Universe at different stages in time and space due to its static force. Sagun Bramh expressing itself in the form of the resultant force inculcates a feeling of “existence” or “I-ness” feeling in an entity which is known as “Mahattattva” (Figure 1).

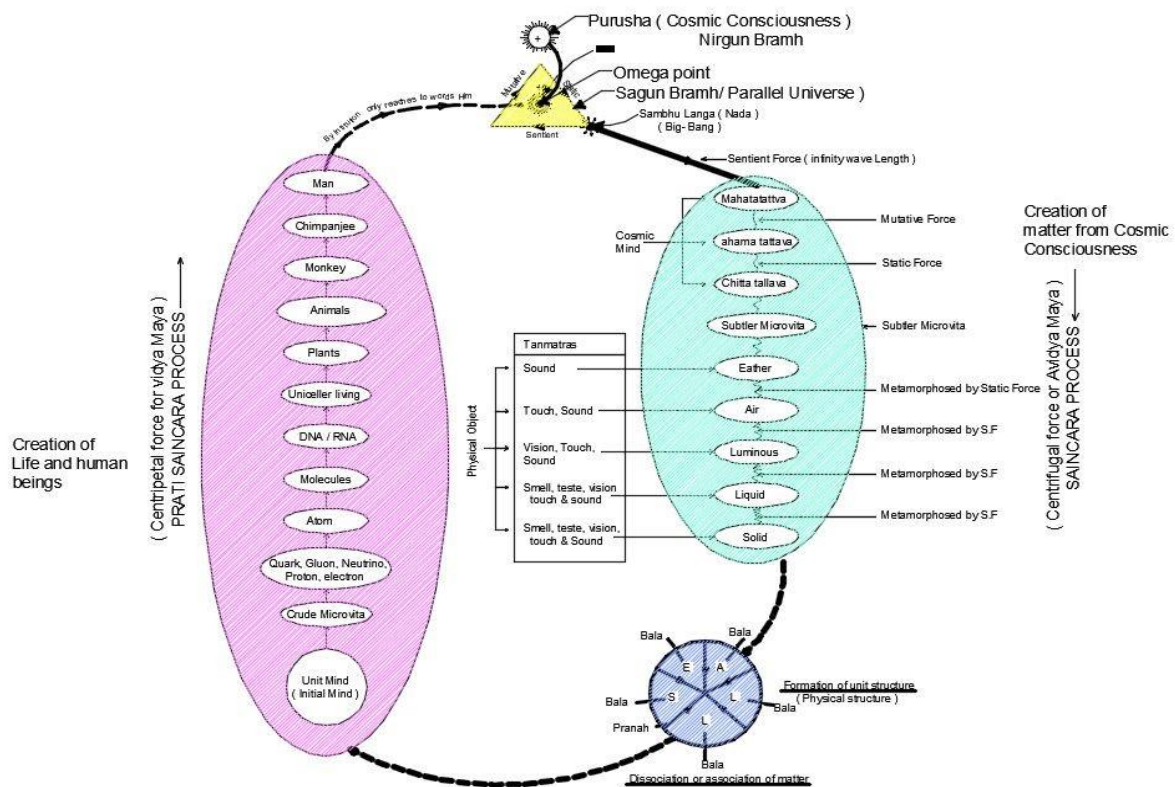


Figure 1.

Sentient force of the Parallel Universe is gradually transformed into the mutative principles owing to its internal clash. This mutation causes the feeling of second subjectivity and so the cosmic “I-ness” gets metamorphosed into the cosmic doer “I”. Cosmic doer “I” is known as “Ahamattva” i.e., Ego or second mental subjectivity. As the static principle starts its domination, Ahamattva gets the objectivity. At this stage, an entity will have doer-ship quality also and thus Cosmic Mind comes into existence. This Cosmic Mind is the mind of the Sagun Bramh (Cosmic Consciousness). Thus, Macro-Cosmic Universe is created and the Cosmic Mind is formed. Nothing is beyond the scope of the Cosmic Mind i.e., everything comes within its mental scope. The Cosmic Mind is the most powerful and capable to work in all the ten directions at a time and it is complete in all the senses. So, the Sagun Bramh needs no nervous system or organs for controlling their operations. Cosmic Mind of the Sagun Bramh displays its will with the five manifested fundamental physical factors such as ethereal,

aerial, luminousness, liquid and solid (Figure1). All the creations are within it and operated by the Sagun Bramh (Sarkar, P.R., 1991; Shrii Shrii Anandamurti, n.d.). This Sagun Bramh is also known as Nikola Tesla's triangle of 369. A fraction of Sagun Bramh creates the Mahattattva, Ahamttattva and Chitta in humans as a Personal Mind (Unit Mind). The capability of the Personal Mind of a human is so limited that it can work in only one direction at a time and that too at limited area with its limited power. These come under the physical science (Mahesh Man Shrestha, 2022a).

4. Karma (Kriya) and Human Duty (Dharma)

After evolution of Personal Consciousness (Chita) in human the freedom and will to express itself immersed having a physical experience in course of the biological evolution. Humans have then the capability to conceive, imagine and create. At this stage Cosmic Mind of Cosmic Consciousness leaves the controlling of human Personal or unit Minds. There may be a question that if Cosmic Consciousness is strongest force in the universe why it cannot correct the wrong things from his own position on this Earth or elsewhere. Humans Personal or Unit Mind is much stronger due to its static force. Actually, Cosmic Energy cannot work from its original position everywhere. If something has to be corrected, the Cosmic Consciousness itself must present at the places itself in the required form (Mahesh Man Shrestha, 2022b).

Therefore, in the Bhagwat Gita Lord Krishna said that whenever there are wrong things happens and prevail in the world and people are suffered most then just to re-establish the Dharma I (Lord Krishana or Cosmic Consciousness) re-incarnate in the world for re-establishing the dharma in different eras again and again. Therefore, it has been said in "Shrimad bhagavad Geeta" in Sanskrit shloka that (Google search, n.d.):

*"Yada yada hi Dharmasya glaneer bhawati bhāratah |
abhūthanam dharmasya tadatmanam shrījamyaham ||
Paritrānaya sadhunam bināshaya cha dukṛitam |
Dharma samsthānarthaya sambhāmi yuge yuge ||"*

Human generally performed two kinds of work (karma) in their life. The meaning of "karma" in Sanskrit is the work performed by us while being in the world or work accomplished by us which are also known as "Kriya" in Sanskrit. This kind of karma always works with the "cause and effect" principle. We do karma in three ways such as in actions, thoughts and words.

The meaning of good work (wholesome work) is known as "dharma or duty" which includes generosity, compassion, kindness, sympathy, mindfulness or wisdom etc. This is also known as "dharma or duty" which has to be performed by human being in the world. The meaning of unwholesome includes greed, hatred, delusion etc. (V.F. Gunaratna, 1980; K. N. Jayatilleke, 1980).

After death the physical body stops to work but our energy (soul) never dies and takes any other shapes which we call the next life. According to Master Hissing Yoon the rebirth is the result of our "karma". The cycle of birth and rebirth is not taken by us but it is the result of our "karma". The work which we performed today is the foundation for our future life. All the good and bad works done by us stored in our consciousness which fixes the direction of our next life. Our karma (good or bad) is accumulated in our "store of consciousness". The "store of consciousness" is a kind of power or energy which acts as a major role in taking the kinds of rebirth.

5. Re-Birth and Its Philosophic and Scientific Relevancy

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After the physical death of human body, it gets born or decomposed after buried but personal mind (soul) cannot be lost and remains in parallel universe with the essence of their deeds (karma) as earned in the virtual world. At this moment Cosmic Consciousness can controls the soul of living beings. It may take birth or rebirth with the essence of their work as performed in the past life. And this cycle continues for thousands and millions years until it gets liberation.

Scientists speculate that antimatters (immaterial) still exist somewhere else in cosmos lead to an existence of anti-universe. Einstein proposed space-time theory to explain the formation of the universe. This supports the existence of immaterial universe (real universe) somewhere in cosmos supporting the philosophy of an existence

of soul (immaterial part) entering in a person remains parallel with body. This is just like “jump of electron” the way an electron disappears from an atomic orbital and reappears in another atom without passing through the space in between, the difference being that in the disappearance and reappearance of an electron there is no time gap in between. Modern science, especially quantum mechanics, has compelled us to accept unintelligible mechanism of natural phenomenon-like the jump of the electron-and we do not hesitate to accept them though it is not exactly likewise but with the data and observations available we are compelled to accept rebirth (W. Victoria, 2013).

Buddhism teaches us that the process of death and rebirth will continue until “nirvana or liberation” is attained. To Buddhism, death is not the end of life; it is merely the end of the physical body (Google search, n.d.). Besides the Buddha’s testimony, His prominent disciple Ananda also acquired the ability to recollect his past life soon after his ordination. Buddhism teaches us mostly the natural process which is the part of the cosmological cycles that exist as a virtual (seen) universe having life and death process taking place. The “nirvana” or “liberation” is possible only when all the karmas have been abolished in a person. In Buddhism, rebirth is part of the continuous process of change. In fact, we are not only reborn after death; we are born and reborn at every moment. For instance, the majority of the cells in the human body die and are replaced many times during the course of one’s life. If we look at the mind too, we find that mental states of worry, happiness and so forth are changing every moment. They die and are replaced with new states. So whether we look at the body or the mind, our experience is characterized by continuous birth, death and rebirth. Thus, Buddhism is able to explain the continuity of the individual without recourse to the belief in an “eternal soul”, an idea which contradicts the universal truth of impermanence. Popular Jain cosmology and Buddhist cosmology as well as a number of schools of Hinduism posit rebirth in many worlds and in varied forms.

To Buddhism, however, death is not the end of life, it is merely the end of the body we inhabit in this life, but our spirit will still remain and seek out through the need of attachment, attachment to a new body and new life (OSHO NEWS, 2012). Where they will be born is a result of the past and the accumulation of positive and negative actions and the resultant karma (cause and effect) is a result of one’s past actions (K. N. Jayatilleke, 1980).

Professor Robert Lanza from Wake Forest University School of Medicine in North Carolina explained that the life and consciousness are the keys to understanding the true nature of the universe suggesting a person’s consciousness determines the shape and size of objects in the universe and that all the matter and the cosmos are constructed from the consciousness (Rampal V., 2007). What you see could not be present without your consciousness and consciousness makes sense of the world. Quantum physics proves that there is an after-life. Similarly, theoretical physicists believe that there is infinite number of universes (multiversity universe) with different variations of life, and situations, taking place simultaneously. This demonstrate that the matter and energy can display characteristics of both waves and particles, and the behavior of the particle changes based on a person’s perception and consciousness (W. Victoria, 2013).

6. Ways to Reach Nirvana by Merging Our Soul into Cosmic Consciousness

There are two ways to reach to “Nirvana” or “Liberation”. They are “Karma/ Bhakti Marg” and “Gyan Marg”. These are the spiritual ways to merge our soul into cosmic consciousness. “Bhakti Marg” or “Karma” means the complete devotion towards the Supreme. Many Despines follows this path. Examples are worshiping and praying in the temples, Bihars, Gumbas, Churches, Gurudwara, Masjids, Bhajan, Kirtan and Dharma-Chakra, Yagya etc. We must love the living beings, help them without any selfishness, and show kindness to all, keep always positive thinking and try to enjoy in every moment of pain and happiness while doing Karma. Actually, these are the alphabets steps towards liberation. This is far good than doing nothing. Through Bhakti also we can indirectly reach to Gyan Marg but it should not be limited to ritual process only and must be performed with complete devotion which automatically opens and leads towards Gyan Marg and through it one could achieve the Nirvana. Gyan Marg does not mean a reading a lot of books on Gyan and earn many academic degrees in education fields. There are so many examples such as Mira Bai, Kalidas, Soordas, Sabari and others too who got Nivana through Bhakti Marg. Similarly examples of Gyan Marg could be the Sadhana path shown by the following great personalities such as Shri Shri Anada murti, Budha’s meditation technique, Sai Baba, Osho, Christ, Guru Gobind Singh, Mahommad, Lahidi Saheb, Paramhans Yoganand, Bramh Kumari Raj Yoga, Shri Krishna Pranami and many others could be mentioned. These paths might have little differences from each other but the basic objective is the same i.e., liberation.

“Gyan Marg” is the Sadhana path which needs intelligence and intellect transforming you from human to divine through the Sadhana or Meditation. Meditation offers cognitive, emotional and physical benefits. It improves mood, boosts energy and reduce stress. The remarkable aspects of meditation are its ability to bring about short-term and long-term benefits for the mind, body and soul. It improves mood, boosts energy, reduce the stress and leads towards liberation. This could be achieving through the Bhakti Marg with the complete devotion

as said earlier. Cleanse your body every day for some time (10 to 15 minutes) through meditation. This path is comparatively superior to Bhakti and Karma Marg (Google search, n.d.). Let not your life go in vain. Make proper use of your intelligence and intellect. Transform yourself from human to divine, and offer that sadhanas-earned divinity as an oblation to the eternal bearing of the Supreme Purusa (Cosmic consciousness) (Shrii Shrii Anandamurti, n.d.).

Today's education system of the world does not teach us about the moral, ethics and the spiritual values. People talk much about the "human rights" but never talk about "human duty" which is actually "human's dharma". We must understand that we are not the A.I. (Artificial Intelligence) but we are human beings with human values and moral ethics. It does not mean that we should not promote A.I. but for certain regular classic works it could be used as a tool looking at the manpower situation of the individual country. At present world education system teaches us about commercial values and techniques to acquire more physical resources for our own benefit and physical enjoyments only. These are the main reasons for degrading human ethics and moral values in the world. Therefore, the consequences are the natural disasters and unrest of the nature due to its over exploitation. And the consequences are war, conflicts among the peoples of the world community coming more aggressively.

There are other physical or natural ways to merged into cosmic consciousness. Scientists believe that in one day all the human beings will reach to a stage where they will have a power like God. This statement seems to be true if you consider the Satyendra Bose's hypothesis of condensate condition of matter. Scientist Satyendra Bose had proposed to Einstein that if matter is cooled to a very low temperatures to Absolute Kelvin or — 273 degrees centigrade then the entropy of that matter will decrease and matter should come down to a zero-energy state. This state of matter is also known as a super atom as the entire mass behaves as if it were a single atom. It loses all its characteristics of shape, charge and polarization. It probably reverts to a shapeless, attribute-less phenomenon in de-evolution process of matter, reverting back to just the potential to manifest as anything and everything (D. Ranade, 2008). It means everything will be merged into cosmic consciousness which could have a power like God. This could happen after billions and trillions of years during devolution process of universe at the end of universe expansion where temperature drops to Absolute Kelvin or — 273 degrees centigrade. Till that time human may be able to take birth and rebirth many times towards liberation through Bhakti (devotion) or meditation.

7. Conclusion

Cosmic energy and cosmic consciousness is the key to form universe and living beings in course of space, time and persons (objects) in the cosmos.

Buddhism teaches us that the process of death and rebirth will continue until "nirvana or liberation" is attained. There are two ways to reach to "Nirvana" (liberation). They are "Karma/ Bhakti Marg" and "Gyan Marg".

Lord Krishna (Cosmic Consciousness) said that whenever there are wrong things happens and prevail in the world and people are suffered most then just to re-establish the Dharma I (Lord Krishna or Cosmic Consciousness) re-incarnate in the world for re-establishing the dharma in different eras again and again.

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