

Teachers' Perceptions of the Role of ICT Training in Enhancing the Quality of Education in Government-Aided Secondary Schools in Busia District

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doi:10.63593/RAE.2788-7057.2025.10.001

Abstract

This study examined teachers' perceptions of ICT training and its influence on the quality of education in government-aided secondary schools in Busia District, Uganda. It focused on formal ICT training, training frequency, and the relevance of training programs. Participants were 334 teachers with at least one year of teaching experience, selected through stratified random sampling. Data were collected via questionnaires and interviews and analysed using a mixed-methods approach, integrating quantitative analysis (descriptive statistics, Pearson correlation, and regression) with qualitative thematic content analysis. Results indicated that 58.7% of teachers had received formal ICT training, though much was general rather than subject-specific. Frequent and relevant training enhanced teachers' confidence and their integration of ICT, with 69% reporting regular use of digital tools. Correlation ($r = 0.719$, $p < 0.001$) and regression ($\beta = 0.771$, $p < 0.001$) analyses revealed a strong, statistically significant relationship between ICT training and quality of education, measured through instructional effectiveness, student engagement, and learning outcomes, explaining over 60% of variance. The study concludes that continuous, practical, and subject-focused ICT training is vital for improving teaching practices and learner outcomes. Recommendations include increasing training frequency, enhancing content relevance, and strengthening leadership support and ICT infrastructure.

Keywords: ICT training, teacher perceptions, quality of education, professional development

1. Introduction

Globally, Information and Communication Technology (ICT) has become a cornerstone of modern education, transforming teaching practices and learners' engagement. ICT integration is widely recognised as a driver of pedagogical innovation, improved learner participation, and enhanced academic outcomes (Charles, M. et al., 2021). Effective ICT support is critical for achieving Sustainable Development Goal 4 (SDG 4), which emphasises inclusive and equitable quality education for all, by enabling access to digital learning resources, enhancing instructional practices, and promoting learner engagement across diverse contexts (Li et al., 2025).

In developed countries, sustained investment in ICT infrastructure, teacher training, and digital curricula has allowed schools to adopt learner-centred, technology-driven approaches that foster creativity, collaboration, and problem-solving (Li et al., 2025). Across Africa, governments and development partners have increasingly

recognised the transformative potential of ICT in education. However, challenges such as limited infrastructure, unstable electricity, and insufficient teacher capacity persist, particularly in rural areas. Studies indicate that the effectiveness of ICT integration depends not only on resources but also on teachers' training, perceptions, and confidence in using technology (Tella & Ajani, 2022; Agyapong et al., 2025). Teachers who receive comprehensive ICT training are more likely to apply digital tools effectively, improving learner engagement and instructional quality. ICT teacher training encompasses pre-service and in-service programs that equip teachers with the knowledge, skills, and attitudes to integrate technology into pedagogy. Beyond basic computer literacy, these programs cover digital pedagogy, online content creation, and the use of learning management systems (Kozma, 2011). High-quality ICT training enhances teachers' readiness to integrate technology, thereby improving instructional effectiveness and student achievement (Buabeng-Andoh, 2025).

In Uganda, ICT teacher training has evolved over several decades, beginning with the East African School of Posts and Telecommunications in 1968, later renamed the Uganda Institute of Information and Communications Technology (UICT), which expanded to broader ICT education and teacher capacity-building initiatives (UICT, 2021). National frameworks, including the National ICT Policy (2014), the ICT in Education Policy (2019), and the Digital Agenda 2023–2027, emphasise continuous professional development to strengthen teaching effectiveness and learning outcomes (MoES, 2019; Ministry of ICT & National Guidance, 2023). Key stakeholders, such as UICT, the Ministry of Education and Sports (MoES), the National Curriculum Development Centre (NCDC), and the Uganda Communications Commission (UCC), collaborate with development partners, including UNESCO, UNICEF, and Airtel Uganda, to provide training and ICT infrastructure support (Li et al., 2025; UNICEF, 2022; UCC, 2023).

Despite these initiatives, rural government-aided secondary schools in districts like Busia continue to face ICT adoption challenges, including inadequate facilities, limited internet access, and inconsistent professional development opportunities (UCC, 2023; Kavuma, 2022). Teachers' perceptions of ICT training, particularly its relevance, practicality, and applicability, significantly influence their willingness and ability to integrate technology into classroom practice (Agyapong et al., 2025). Although national policies and training programs exist, there is limited evidence on how teachers in rural Ugandan secondary schools perceive ICT training and how these perceptions affect instructional practices and educational quality. Without understanding these perceptions, ICT initiatives risk being underutilised, reducing their impact on learning outcomes.

1.1 Purpose of the Study

The purpose of this study was to explore Teachers' Perceptions of the Role of ICT Training in enhancing the Quality of Education in Government-Aided Secondary Schools in Busia District.

1.2 Research Objectives

The study was guided by the following objectives.

- 1) To examine teachers' perceptions of formal ICT training and its role in enhancing the quality of education in government-aided secondary schools in Busia District.
- 2) To assess how the frequency of ICT training influences teachers' ability to integrate technology into teaching and learning in government-aided secondary schools in Busia District.
- 3) To evaluate teachers' perceptions of the relevance of ICT training programs in improving instructional practices and learning outcomes in government-aided secondary schools in Busia District.

1.3 Research Question

This study intended to respond to the following research questions.

- 1) What are teachers' perceptions of formal ICT training and its role in enhancing the quality of education in government-aided secondary schools in Busia District?
- 2) How does the frequency of ICT training influence teachers' ability to integrate technology into teaching and learning in government-aided secondary schools in Busia District?
- 3) To what extent do teachers perceive ICT training programs as relevant to improving instructional practices and learning outcomes in government-aided secondary schools in Busia District?

1.4 Hypotheses

This study tested the following hypotheses.

H1: There is a significant positive relationship between teachers' formal ICT training and the quality of education in government-aided secondary schools in Busia District.

H2: The frequency of ICT training significantly influences teachers' ability to integrate technology into teaching and learning in government-aided secondary schools in Busia District.

H3: Teachers' perception of the relevance of ICT training significantly affects the improvement of instructional practices and learning outcomes in government-aided secondary schools in Busia District.

2. Theory of the Study

This study adopted the Technology Acceptance Model (TAM) developed by Davis (1989) to explain teachers' adoption of ICT in classroom instruction. TAM originated from the Theory of Reasoned Action (TRA) by Ajzen and Fishbein (1980), which posits that an individual's behaviour is shaped by behavioural intentions influenced by attitudes and subjective norms. While TRA provides a broad explanation of human behaviour, TAM refines the model specifically for technology-related behaviours by introducing two core determinants: perceived usefulness (PU) and perceived ease of use (PEOU) (Davis, 1989). Perceived usefulness refers to the extent to which an individual believes that a particular technology will enhance job performance, whereas perceived ease of use denotes the degree to which using the technology is free from effort. TAM argues that when users find a technology both useful and easy to use, their intention to adopt and effectively apply it increases (Teo, 2011; Albirini, 2006).

In relation to this study, TAM provides a coherent framework for explaining how ICT training shapes teachers' perceptions and subsequent adoption of ICT tools in teaching. Training equips teachers with essential digital skills, practical knowledge, and exposure to instructional technologies (Charles, M. et al., 2021). Frequent training strengthens competence and improves confidence, while relevant and context-specific training ensures that acquired skills directly support instructional needs. These components of ICT training positively influence teachers' perceived usefulness by demonstrating how ICT can improve teaching efficiency and learning outcomes, and they enhance perceived ease of use by reducing the effort and anxiety associated with technology use. Consequently, improved PU and PEOU increase teachers' willingness and behavioural intention to integrate ICT into lesson delivery (Buabeng-Andoh, 2025; Tella & Ajani, 2022).

The implications of TAM in this study underline the centrality of teachers' attitudes and perceptions in determining successful ICT integration. Teachers who perceive ICT training as valuable, frequent, and relevant are more likely to adopt digital tools, enrich their pedagogical practices, and promote learner engagement and improved academic performance (Agyapong et al., 2025). Therefore, TAM provides a robust theoretical foundation for examining the influence of ICT training on teachers' adoption of ICT and its contribution to enhancing the quality of education in government-aided secondary schools in Busia District.

3. Literature Review

3.1 Teachers' Perceptions of Formal ICT Training

Formal ICT training plays a central role in shaping teachers' ability to integrate technology into classroom instruction. Tella and Ajani (2022), through a systematic review across African countries, found that structured ICT training enhances teachers' confidence, competence, and willingness to adopt digital tools. Their review, however, provides a broad regional perspective and does not address rural Ugandan secondary schools, particularly government-aided institutions, where infrastructural limitations and training access differ significantly. This contextual omission creates a gap that the current study addresses by examining teachers' perceptions of formal ICT training within the rural context of Busia District.

Similarly, Agyapong et al. (2025) demonstrated that relevant and continuous ICT training significantly improves teachers' digital competence and classroom technology use. Despite these contributions, the study focuses on university lecturers in urban Ghana, limiting its applicability to rural secondary schools in Uganda. The present study expands this understanding by exploring how rural secondary school teachers perceive ICT training and how these perceptions influence technology adoption.

Likewise, Buabeng-Andoh (2025) reported that well-structured ICT training enhances teachers' pedagogical competence and digital skills. Teachers emphasised the need for training aligned with subject needs and classroom realities. However, the study did not examine Ugandan schools, nor did it assess how teachers' perceptions shape the effectiveness of ICT training in rural contexts. The current study fills this gap by focusing specifically on how teachers in Busia District perceive the adequacy, quality, and applicability of ICT training programs.

In East Africa, studies such as Muoki and Mutiso (2020) and Namae (2020) have shown that formal ICT training enhances teachers' instructional effectiveness and improves student learning outcomes. However, both studies fail to consider issues of equity, particularly how training influences equitable access to ICT-based learning in resource-constrained rural schools. This study extends the literature by examining how ICT training affects not only teaching methods and learning outcomes but also equitable educational opportunities in Busia District.

Across studies, formal ICT training is widely recognised as crucial for improving teacher competence. However, existing literature underrepresents the Ugandan rural secondary school context and does not sufficiently examine

the link between teacher perceptions, training adequacy, and equitable educational outcomes.

3.2 Frequency of ICT Training

Training frequency is a major predictor of successful ICT adoption in schools. Muoki and Mutiso (2020) found that frequent ICT training strengthened teachers' digital literacy, improved their confidence, and increased their capacity to use technology in teaching. Teachers with sporadic or infrequent training struggled to integrate ICT tools effectively (Kaahwa, Y. T., Nansamba, F., & Muweesi, C., 2023). Nevertheless, their study did not examine Ugandan rural secondary schools or consider teachers' perceptions of how training frequency shapes classroom practices. The current study addresses these gaps by investigating the role of training frequency in ICT adoption within government-aided secondary schools in Busia District.

Namae (2020) similarly found that teachers who participated in frequent ICT training sessions demonstrated higher proficiency and were better able to adapt technology to various learner needs. The study, however, did not explore teachers' perceptions of training frequency or its influence on sustained technology use in classrooms. This study examines these dimensions to provide a deeper understanding of how training frequency affects ICT integration in rural school environments.

Tella and Ajani (2022) further confirmed that continuous ICT training improves teachers' readiness and confidence to deploy technology in teaching. Yet, their regional synthesis did not provide localised evidence for rural Ugandan secondary schools. The current study responds to this contextual gap by analysing how frequent ICT training affects teachers' classroom practices in Busia District.

Additionally, Edison and Kasujja (2020) showed that the frequency of ICT use and training had a significant positive effect on student performance. Although insightful, their research focused on higher education and did not investigate secondary teacher perceptions. The present study fills this gap by examining how training frequency influences classroom ICT adoption and perceptions of equitable technology-supported learning.

While evidence consistently supports the importance of frequent ICT training, the literature lacks context-specific studies exploring how training frequency shapes teacher perceptions and behaviour in rural Ugandan secondary schools.

3.3 Relevance of ICT Training Programs

Training relevance, the degree to which ICT training is aligned with teachers' subjects, classroom needs, and pedagogical tasks, is essential for effective technology integration. Barakabitze et al. (2019) concluded that a lack of context-specific ICT skills and inadequate teacher awareness hindered ICT adoption across Sub-Saharan Africa. Their work underscores the need for practical, locally relevant training, but does not address the Ugandan rural context or how teachers perceive the relevance of training programs.

Similarly, Buabeng-Andoh (2025) found that teachers valued ICT training programs that were practical, applicable, and tailored to subject-specific needs. However, the study's Ghanaian context limits its transferability to Ugandan rural settings. The current study investigates the relevance of ICT training as perceived by secondary school teachers in Busia District, thereby providing localised insight.

Agyapong et al. (2025) also emphasised that relevant ICT training predicts actual classroom implementation of digital tools, whereas generic training results in minimal adoption. However, the study was limited to higher education in urban Ghana. The present study extends the inquiry to rural secondary schools, where relevance may play an even more significant role due to limited resources and infrastructure.

Namae (2020) found that relevant ICT training improved teachers' ability to integrate technology into lesson planning and delivery, positively influencing student learning. However, the study did not investigate how relevance affects equitable access to ICT-supported learning. The current study examines this dimension to offer a more holistic understanding.

Furthermore, Edison and Kasujja (2020) highlighted that training effectiveness depends largely on relevance and practical applicability. Their work, though valuable, focused on higher education. The present study fills this gap by examining relevance in secondary school settings.

Although literature underscores the role of relevance in effective ICT training, limited empirical work examines teachers' perceptions of relevance in rural Ugandan secondary schools, a gap this study addresses.

3.4 How the Current Study Fills the Gaps

The reviewed literature reveals a notable *contextual gap*, as most existing studies on ICT training focus on urban areas, higher education institutions, or countries outside Uganda. These contexts differ significantly from the realities of rural secondary schools, where infrastructure, resources, and support systems may be more limited. To address this gap, the current study focuses specifically on rural, government-aided secondary schools in Busia District, Uganda. By examining ICT training within this setting, the study provides context-specific evidence

that reflects the unique challenges and opportunities present in rural learning environments.

A second gap identified in the literature is the *perceptual gap*. Although many studies acknowledge the role of ICT training in improving teacher competence, few explore how teachers themselves perceive the adequacy, frequency, and relevance of these training programs. Understanding these perceptions is critical because they shape teachers' willingness, motivation, and ability to integrate ICT into classroom instruction. This study addresses this gap by examining teachers' views and experiences with ICT training, offering deeper insight into how these perceptions influence ICT adoption in secondary schools.

The third gap is the *equity gap*. While several studies highlight the benefits of ICT integration, limited research examines how ICT training contributes to equitable access to quality teaching and learning, particularly in resource-constrained rural settings. Rural schools often face disparities in infrastructure, digital tools, and teacher preparedness, which can widen educational inequalities. This study fills this gap by assessing how ICT training affects equitable access to ICT-supported learning opportunities in Busia District, providing evidence on whether such training promotes fairness in learning outcomes.

4. Methodology

4.1 Design

This study adopted a cross-sectional research design to collect data at a single point in time, focusing on teachers' perceptions of ICT training and its contribution to education quality. A cross-sectional design is appropriate for examining existing conditions and relationships among variables within a defined population, as it provides an efficient snapshot of current practices and perceptions (Kothari, 2004). In this study, the design enabled the assessment of how aspects of ICT training, such as adequacy, frequency, and relevance, are associated with teachers' instructional practices in government-aided secondary schools in Busia District. While the design does not establish causation, it allows the identification of patterns and correlations that offer valuable insights into how ICT training aligns with educational outcomes in the study context.

4.2 Population and Sampling

Table 1.

Category	Gender	Population (n)	Sample size (s)	Sampling method (Quantitative)	Sampling method (Qualitative)	Data collection method (Quantitative)	Data collection method (Qualitative)
Head teachers	Male	8	2	Purposive	Purposive	N/A	Interview
	Female	4	2				
Teachers	Male	203	20	Purposive	Purposive	Questionnaire	Interview
	Female	107	20				
Students	Male	4,323	169	Simple random	Purposive	Questionnaire	FGD
	Female	3,465	154				
Total		8,110	367				

Source: Primary Data using Krejcie and Morgan Table (1970), sample size Determination, Sampling and Participants.

The study involved 367 participants from a population of 8,110, using purposive and simple random sampling. Head teachers and teachers were purposively selected for their expertise in ICT integration, while students were randomly selected for quantitative surveys to reduce bias. Purposive selection was applied for Focus Group Discussions (FGDs) to explore in-depth perspectives. This approach ensured representative quantitative data and rich qualitative insights, enabling integration of findings across methods.

4.3 Instrument Development and Validation

Data were collected through questionnaires, interviews, and FGDs, developed from literature and validated instruments on ICT training and educational quality. Instruments were pilot-tested with 10% of the sample, and reliability was confirmed with Cronbach's $\alpha = 0.82$. Expert review ensured the content validity of the interview and FGD guides.

4.4 Data Analysis and Integration

Quantitative data were analysed using descriptive statistics, Pearson correlation, and regression in SPSS v24 (Creswell et al., 2026). Qualitative data were analysed using thematic content analysis (Braun & Clarke, 2006; Clarke & Braun, 2022). Integration occurred at the interpretation stage, where statistical trends were triangulated with qualitative themes, providing a comprehensive understanding of how teachers' perceptions of ICT training influence instructional practices and education quality (Creswell, 2021).

4.5 Ethical Considerations

Ethical clearance was obtained from the institutional review board. Participants provided informed consent, and confidentiality, anonymity, and the right to withdraw were ensured. Data were securely stored and used solely for research purposes.

5. Findings

5.1 Teachers' Perceptions of Formal ICT Training

The results show that **58.7% of teachers received formal ICT training**, while 27.3% had not, indicating moderate access (mean = 3.45). Teachers generally had **positive attitudes**, noting benefits such as improved teaching effectiveness, frequent use of ICT in lesson preparation, and motivation to enhance their ICT skills. This highlights the importance of expanding and institutionalising ICT training programs to ensure all educators are equipped to deliver high-quality, technology-enhanced instruction. Interviews supported the survey results, showing that although many teachers received ICT training, it was often general rather than subject-specific, limiting classroom application. The findings highlight the need for more practical, specialised training to enhance ICT integration in teaching. For example, one of the respondents noted;

“Over the years, most of our teachers have participated in various ICT training sessions, primarily organised by government education authorities or through NGO-supported initiatives. These workshops often cover basic computer skills, internet usage, and some pedagogical applications of ICT. However, the majority of these trainings tend to be quite broad and generic, lacking the depth or focus that would tailor the skills to specific subject areas such as science, mathematics, or languages. Because of this, teachers often struggle to translate the training into practical classroom use that directly enhances their teaching content.”

Teachers view ICT training as useful but too general, making it difficult to apply in classrooms. More targeted, subject-specific training is needed to effectively improve teaching and education quality in Busia District.

5.2 The Frequency of ICT Training

About **67% of teachers** feel encouraged to update their ICT skills (mean = 3.68, SD = 1.15), reflecting generally positive perceptions of ongoing support. Many Busia District schools support ongoing ICT skill development, helping teachers adapt to digital tools and enhance education quality. The interview insights complement the survey findings, illustrating how a supportive school culture fosters ongoing ICT skill development among teachers. For example, one respondent shared;

“In our school, there is a strong culture of growth and continuous improvement. We often notice teachers attending online courses and training sessions after school hours to learn about new ICT tools and methods. In the staffroom, it is common to hear discussions about innovative apps and software that enhance teaching and learning. This clearly shows that the school management is committed to encouraging teachers to keep developing their ICT skills.”

Findings highlight that Teachers view ICT training positively and supported by leadership, actively engage in ongoing learning, demonstrating their role in enhancing teaching quality in Busia District schools.

About **69% of teachers frequently use ICT** for lesson preparation (mean = 3.74, SD = 1.14), showing strong adoption, while a smaller portion disagreed or were neutral. Most teachers actively use digital tools to enhance lesson planning, highlighting ICT's key role in improving teaching practices in Busia District schools. Interactions in focus group discussions with students confirmed that regular ICT use helps teachers create clearer lessons and communicate more effectively, thereby improving teaching quality. They noted;

“From our experience as students, many of our teachers consistently use ICT tools to prepare notes and assignments. For example, it is common for us to receive printed handouts that have been carefully typed and formatted on computers, which makes the materials clearer and easier to read compared to handwritten notes. Beyond printed work, some teachers also use digital platforms like WhatsApp and email to share assignments and revision notes, especially during school breaks or before exams.”

Teachers use ICT to create and share clear, accessible learning materials, enhancing student learning and demonstrating the positive impact of ICT training in Busia District schools.

Only about half of teachers (50.9%) reported regular ICT workshops, indicating inconsistent professional development (mean = 3.25, SD = 1.25). This suggests that many teachers experience irregular and insufficient opportunities for ICT training, highlighting a need to establish more consistent and systematic workshops to support continuous skill enhancement. The interview findings reinforce the survey results, revealing that inconsistent and voluntary ICT workshops contribute to varied teacher skill levels and hinder the pace of technology integration. For example, one respondent noted;

“From what we observe in school, it is evident that some teachers remain hesitant and afraid to use computers and projectors during lessons. We believe this reluctance stems from inadequate training opportunities. Our head teacher tries to arrange workshops to help improve ICT skills, but attendance is often low, and not everyone takes part in these sessions. Because of this, the teachers who miss out fall behind in acquiring new digital skills. Progress in ICT adoption is therefore uneven and slow.”

Focus group discussion revealed that inadequate training and low workshop participation cause uneven ICT use, emphasising the need for more inclusive, effective training in Busia District schools.

5.3 The Relevance of ICT Training Programs

About 68% of teachers reported that ICT training improved teaching effectiveness (mean = 3.73, SD = 1.09), showing strong agreement on its positive impact. This survey finding reflects a clear and widespread perception among teachers that ICT training meaningfully contributes to improving their instructional quality. Interview findings support the results by showing how teachers' favourable views of ICT training lead to real improvements in teaching effectiveness and student involvement. For example, one respondent remarked:

Teachers who embraced ICTs early on have experienced a remarkable transformation in their teaching practices. Many reports improved student performance and note a reduction in absenteeism since incorporating digital tools into their lessons. The use of multimedia presentations, videos, and interactive software not only makes lessons more engaging but also motivates learners to participate actively. We have observed that students look forward to ICTs-based lessons because they find them more interesting and easier to understand compared to traditional methods.”

Qualitative data confirm that ICT-trained teachers using digital tools enhance teaching effectiveness, student engagement, and lesson accessibility, emphasising ICT training's value in Busia District schools.

The data shows that **66.7% of teachers feel confident using ICT** (mean = 3.67), indicating general digital competence, though some variation exists (SD = 1.15). This reflects a positive outlook for technology integration in teaching. Most teachers feel digitally competent, supporting ICT use in teaching, but varied confidence levels indicate a need for **targeted training** to enhance ICT integration in Busia District schools. Interview insights supported the survey results by illustrating how teachers' confidence in using ICT translates into more engaging and interactive classroom experiences. For example, one respondent noted;

“It is quite easy to identify teachers who are confident in using ICT during lessons. These teachers frequently use tools like PowerPoint presentations, digital simulations, and even incorporate educational videos, which make lessons much more interesting and interactive. This use of technology not only breaks the monotony of traditional chalk-and-talk methods but also helps us to understand concepts better because we can see examples and visual explanations rather than just hearing or reading about them.”

These findings highlight that Confident teachers use ICT tools like presentations and videos to make lessons engaging, improving student understanding and teaching quality in Busia District schools.

Similarly, the adequacy of ICT training programs, only 50% of the teachers felt that the training was sufficient, with 32.4% disagreeing and 17.7% remaining neutral. The mean of 3.25 and the standard deviation of 1.24 reflect mixed perceptions on the sufficiency of training. Findings show mixed feedback: some teachers find ICT training useful, while others see it as generic or misaligned. This highlights the need for subject-specific, ongoing training to improve teaching quality in Busia District schools. While interacting with head teachers through interviews, it was confirmed that ICT training is often brief and theoretical, leaving teachers underprepared and highlighting the need for continuous, practical training. One head teacher noted;

“While our teachers are generally eager to improve their ICT skills, the professional development opportunities currently available are often inadequate in scope and continuity. Most of the training sessions are one-off workshops that provide theoretical knowledge but

lack practical, hands-on components that teachers can immediately apply in their classrooms. Additionally, there are little to no follow-up or refresher courses to reinforce learning and address emerging challenges with ICT tools. This sporadic approach means that some teachers leave these trainings feeling unprepared to fully integrate technology into their teaching routines.”

Interviews show teachers are eager to improve ICT skills, but current brief, theoretical training leaves them unprepared, highlighting the need for ongoing, practical ICT training in Busia District schools.

About 60% of teachers feel skilled in integrating ICT into classrooms (mean = 3.50, SD = 1.21), showing moderate confidence in using technology for instruction. This finding suggests that varied levels of confidence among teachers point to the need for targeted support to help all educators feel more competent and comfortable with ICT integration in teaching. Interacting with head teachers in interviews confirms that ICT-confident teachers use digital tools to make lessons more engaging and accessible, supporting the survey findings, for example, one of the head teachers noted;

“Among our teaching staff, those who have embraced ICT tools consistently demonstrate higher levels of student engagement. These teachers actively incorporate interactive technologies such as projectors to display multimedia presentations, educational software that offers simulations and practice exercises, and other digital resources that make lessons more dynamic and accessible. This approach not only captures students’ attention but also helps accommodate different learning styles.”

The findings show that teachers trained in ICT use multimedia and interactive tools to boost student engagement and improve lesson delivery, enhancing teaching quality in Busia District schools.

5.4 Correlation Between ICT Training and Quality of Education

The relationship between ICT training and the quality of education is essential to understand how the professional development of teachers in ICT can enhance teaching effectiveness. Table 11 presents the results of this analysis.

Table 2. Correlation between ICT Training and Quality of Education

Variable	ICT Training	Quality of Education
ICT Training	1	0.719**
Quality of Education	0.719**	1
Sig. (2-tailed)	0.000	0.000
N	334	334

Pearson correlation shows a strong positive correlation ($r = 0.719$, $p < 0.01$), which shows that better Teacher ICT training is linked to improved education quality in Busia District schools. Given that $p < 0.01$, the null hypothesis is rejected. This finding supports the alternative Hypothesis, confirming that enhanced ICT teacher training positively influences the quality of education. There is a strong and statistically significant positive association between ICT training and the quality of education in government-aided secondary schools in Busia District, suggesting that enhancing ICT training for teachers is likely to improve teaching and learning outcomes.

5.5 Linear Regression Model for the Prediction of Quality of Education Using ICT Training

To determine whether ICT training has a predictive value for the quality of education, a linear regression model was applied. The results are presented in Table 3.

Table 3. Regression for ICT Training and Quality of Education

Model	Standardised (β)	Significance (p)
ICT Training	0.771	0.000
Adjusted R ²	0.623	
F	77.661	p = 0.000

a. Dependent Variable: Quality of Education

Regression results show that ICT training strongly and positively influences education quality in Busia District schools ($\beta = 0.771$), with the relationship being statistically significant ($F = 77.661$, $p = 0.000$), indicating that improving training can substantially enhance educational outcomes. Moreover, the adjusted R^2 value of 0.623 means that over 60% of the variance in educational quality was directly attributed to the level of ICT training teachers receive. In educational research, this is a substantial explanatory power, highlighting that teacher training is not just a contributing factor but a central determinant of effective education in the digital age. The findings highlight that continuous, structured ICT training is essential for building teacher competence and maximising ICT's impact on education quality.

6. Discussion of Findings

The study found that 58.7% of teachers had received formal ICT training, reflecting moderate access to professional development within Busia District. Although teachers generally expressed positive perceptions, highlighting improved lesson preparation, enhanced teaching effectiveness, and motivation to advance their digital skills, the qualitative findings revealed that much of the training remains broad and insufficiently aligned to subject-specific needs. This gap limits the effective translation of skills into classroom practice. The mixed-method results, therefore, suggest that while training opportunities exist, their depth, relevance, and practical orientation must be strengthened to meaningfully influence technology-enhanced pedagogy. (Kagambe, E. et al., 2024)

Teachers also reported frequent use of ICT in lesson preparation (69%) and strong encouragement to update their ICT skills (67%). These quantitative results corresponded with interview data showing a supportive school culture that promotes ICT use. However, inconsistent participation in workshops and a lack of follow-up mechanisms contribute to uneven digital competence across teachers. This triangulation implies that ICT integration improves where training is continuous and supported, but stagnates where professional development is irregular or optional.

Furthermore, 68% of teachers believed ICT training improved teaching effectiveness, and 66.7% felt confident using ICT tools. These findings indicate that perceived relevance and practical applicability of training are essential drivers of teacher competence and classroom technology use. Qualitative insights confirmed that teachers with higher confidence actively applied ICT tools—such as multimedia presentations and digital simulations—thereby increasing student engagement. Thus, the study demonstrates that quality ICT training not only enhances teacher capability but also promotes inclusive and more engaging learning environments.

7. Conclusion

This study explored teachers' perceptions of ICT training and its contribution to improving educational quality in government-aided secondary schools in Busia District. The findings show that teachers generally value ICT training and recognise its potential to enhance lesson preparation and instructional delivery. However, the training provided is often broad and insufficiently tailored to subject-specific needs, reducing its direct classroom impact. The results further indicate that consistent and continuous ICT training strengthens teachers' confidence and supports regular integration of digital tools into teaching, whereas irregular or one-off workshops limit sustained adoption. The study established a strong positive association between ICT training and educational quality, with training variables explaining over 60% of the variance in instructional outcomes. This underscores the importance of structured, accessible, and contextually relevant ICT professional development for improving teaching practices and student engagement, particularly in rural school settings.

8. Recommendations

Grounded in the Technology Acceptance Model (TAM), these recommendations focus on enhancing Perceived Usefulness (PU), Perceived Ease of Use (PEOU), and Behavioural Intention (BI) to ensure effective ICT adoption in government-aided secondary schools in Busia District. **Develop Subject-Specific, Practical ICT Training Programs (Highest Priority – Improves PU);** To strengthen teachers' Perceived Usefulness, ICT training programs must be designed to directly address subject-specific pedagogical needs. Tailoring training for subjects such as science, mathematics, and languages will help teachers understand how ICT can improve lesson delivery, thereby increasing their intention to use ICT in classrooms.

Institutionalise Continuous Professional Development (Improves PU and BI); Regular, structured ICT training offered through workshops, refresher courses, mentoring, and peer learning will reinforce teachers' skill development. Continuous exposure enhances perceptions that ICT is useful and increases teachers' behavioural intention to integrate digital tools into teaching.

Enhance Training Relevance and Context-Specificity (Improves PU); Training should address the realities of rural schools, including limited resources and varying digital competencies. Using practical methods such as hands-on demonstrations, simulations, and real classroom problem-solving activities will strengthen teachers' perceptions that ICT is relevant and beneficial to their work.

Improve Ease of Use through Skills-Based, Hands-On Instruction (Strengthens PEOU); Training should emphasise simple, step-by-step competencies such as preparing digital lesson materials, using multimedia, operating projectors, and accessing online learning platforms. When teachers find ICT easy to use, their confidence and willingness to apply it in class increases.

9. Limitations

Despite its strengths, the study had several limitations. First, the cross-sectional design limits causal interpretation, as data were collected at a single point in time. Second, self-reported measures may have introduced social desirability bias, particularly in assessing ICT competence and usage. Third, although qualitative data enriched interpretation, limited time and resources constrained the number of interviews and focus group discussions. Finally, ICT infrastructure disparities across schools may have influenced teachers' experiences, yet the study did not systematically control for these contextual factors. These limitations should guide cautious interpretation and indicate areas for further research.

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