

# The Analysis of the Problems of Students' Humanistic Quality

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doi:10.56397/RAE.2023.03.03

## Abstract

The existence and development of students are challenged by severe employment forms, diversified value orientations, complicated interest relations and increasingly fierce social competition. Students have various problems in study, interpersonal communication and environment. Therefore, the strengthening of students' cultural quality education should be more important in the reform of higher education. People attach great importance to the education idea of strengthening the education of humane accomplishment and cultivating the sound personality of college students. To a great extent, strengthening the education of humanistic quality will overcome the lack of humanistic spirit caused by specialized education and make college students have scientific quality, humanistic spirit, professional knowledge and a sound personality. This will be a reliable guarantee for our country to move towards modern civilization in a real sense.

**Keywords:** students, humanistic quality, problems, analysis

## 1. Introduction

Nowadays, students are faced with a variety of pressure society. The rapid development of high and new technology and the strong economic development have brought revolutionary new ideas and new concepts. The employment form is stern and the value orientation is pluralistic. Each kind of benefit relation is intricate. The social competition is intense day by day. Therefore, the survival and development of college students are subject to many challenges. The natural law of survival of the fittest in creating a batch of time player makes many college students at a loss.

The students either blindly follows, even some students can not bear the heavy burden and the personality distortion. Not only can they not become the pillars of society, but also may constitute a serious threat to social instability. Therefore, it is an important subject of university education to bring up more tide-setters and rescue the laggards in the tide and mold the healthy personality of college students. In this way, we can strengthen the education of college students' humanistic quality, eliminating the hidden danger of society and promoting the rapid and healthy development of society.

## 2. The Problems of Humanistic Quality of Students

College students were once called "the favored son of heaven". From this admirable praise, we can see the elite identity of college students. People have generally agreed that college students are a minority of the spiritual aristocracy.

However, once upon a time, the identity of college students has quietly begun to change. With this change, college students maybe come across a variety of problems in learning, interpersonal communication and so on. It is a positive and meaningful thing for the young students in the university to enter the university. However, the change of environment and all kinds of relationship bring them more pressure and challenge than they can

imagine.

### *2.1 The Problem of Anxiety in Study*

Due to college credit system, learning entirely is on an individual basis. Self-taught students tend to stand out. Some students' former advantages of style no longer exist coupled with strong hand. Their self-esteem and competitiveness can not be fully satisfied, prone to feelings of loss. Some students even show test anxiety. The main performance of students' test anxiety is to prepare for the test and during the test appear excessive worry, tension, anxiety, fear and other complex emotional disorders. Some students also accompanied by insomnia, digestive dysfunction, general discomfort and so on.

### *2.2 The Problem of Interpersonal Communication*

College students come from all over the country. There are some differences in their living habits, family background, personality and even language. This makes communication difficult. Besides, in college, study is no longer the only goal for students. The diversity of college students' behavioral goals also leads to the complexity and difficulty of interpersonal relationship. These make many students have a lot of interpersonal problems.

### *2.3 The Problem of Living Environment*

The university of our country adopts the accommodation system. Entering college means entering an unfamiliar environment. College students need to start living a collective life. Some college students spoiled only child, all things are on behalf of parents. But after entering college, students need to be hands-on. If the adaptability of college students is not strong, they will often be lonely, uneasy, anxious troubled. Especially used to the rural living environment of college students to the noisy city, they are easy to have a sense of depression, inadaptability, inferiority complex.

### *2.4 The Problem of Employment Anxiety*

In recent years, the number of university students has increased because of the continuous expansion of university enrollment. This makes it difficult for college students to get jobs. From the academic point of view, undergraduate employment is difficult and even more difficulty than junior college. In addition, the structure adjustment of most enterprises and institutions undoubtedly adds new difficulties to the employment of college students. Therefore, many students have a sense of employment anxiety.

### *2.5 The Problem of Emotion*

There are no clear rules about love in college. Some new college students look to the opposite sex for comfort or vanity when they see couples in their senior year on campus. But they don't know the right level of contact and sometimes they don't even know that hurting the other person hurts them in turn. Improper handling of contact between the opposite sex can easily lead to unrequited love and other problems, even affecting the normal study and life. Some students are more likely to suffer from psychological symptoms such as depression and hostility because they can't handle love, study and so on. Therefore, in the university campus, the emotional problem has been bothering many students.

## **3. The Importance of the Educational Concept of Strengthening the Education of Humanistic Quality and Cultivating the Personality of Students**

In the past years, people have attached great importance to the idea of strengthening the education of humanistic quality and cultivating the personality of college students in our higher education. The original Ministry of Education of the People's Republic of China begin to advocate strengthening the cultural liberal education of college students and regard it as an important measure to further deepen the teaching reform and improve the quality of college education.

The Ministry of Education of the People's Republic of China Department of higher education speaking at the "Report on strengthening the cultural liberal education of college students" held by Peking University said efforts should be made to improve the cultural quality of college students, adding that strengthening students' cultural liberal education. It should be a problem that we should focus on in the reform of higher education in the 21st century.

The Ministry of Education has also put forward new measures to strengthen the cultural quality education of college students and established a "steering committee for cultural quality education of colleges and universities" in Beijing. Subsequently, some ordinary colleges and universities set up a national cultural liberal education base for college students. At the same time, some well-known experts and scholars such as Professor Ji Xianlin, Professor Yang Shuzi, Professor Zhou Zhiliang also actively called for strengthening the humanities literacy education of college students.

The cultivation of college students' humanistic quality can solve many problems of students. In the realistic society, the competition intensifies and the future employment pressure also intensifies. Under the influence of

some unhealthy social trends of thought, some college students do not realize the positive role of reading. When the gap between reality and ideal gradually widened, or because of some emotional problems, students' psychology inevitably produced some unhealthy factors. They were confused and confused. But they can not find the appropriate communication channels. Many students thus abandoned their studies.

The realistic factors and the state's high attention to the humanistic education of contemporary college students have become a strong motive force for us to actively build the platform of humanistic education on the campus of contemporary colleges. College teachers have done some of the ability of college students humanistic literacy education. These works have shown some effect in improving college students' humanistic quality.

#### 4. Conclusion

The existence and development of college students are challenged by the severe form of employment, the diversification of value orientation and the increasingly fierce social competition. College students have all kinds of problems in study and social communication. Therefore, strengthening students' humanistic quality education is an important part of higher education. In the higher education in China, the humanistic quality education has been highly valued. Humanistic quality education enables college students to have scientific literacy and humanistic spirit. It is necessary to enhance the humanistic quality of college students for the cultivation of talents in our country.

The university period is a special stage. It also a stage to establish the life view and the world view. If establish a person's value bottom line is the spirit of adult, his adult process is the need for nutrition and this kind of nutrition is precisely from our humanistic literacy education. To carry on the humanities accomplishment education to the student, enhances their cultural quality, raises their healthy personality. Inheriting and cultivating the traditional spiritual realm of "No-self" and "Self-forgetting", eliminating people's egocentrism and striving to make people reach the realm of being a pure person, a noble person and a dedicated person.

The cultivation of college students' humanistic quality can promote good communication between teachers and students and close the relationship between teachers and students. Because of the influence of Chinese traditional culture, our college students seem to have an insurmountable gap with their teachers. Meanwhile, because of the unique psychological role of adolescence, our students are not willing to take the initiative to communicate with the teacher, even if the problem is not willing to let the teacher know. The cultivation of college students' humanistic quality contributes to the good communication between teachers and students and the close relationship between teachers and students.

In today's world, there is a general tendency of emphasizing science and technology and neglecting humanities in university education. To a great extent, strengthening the education of humanistic quality will overcome the lack of humanistic spirit caused by too specialized education and make the students trained by colleges and universities have both scientific quality and humanistic spirit, both professional knowledge and sound personality. This will be a reliable guarantee for our country to move towards modern civilization in a real sense.

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