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Equity and Inclusion Correlates for Higher Education Financing in Uganda: Policies, Principles and Practices

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Abstract

This study investigated the impact of educational financing on access to higher education, with focus on equity and inclusion, by examining the available student financing opportunities available for students, evaluating the role of the available financing opportunities in promoting equity and inclusiveness, as well as analyzing the role higher education financing programs play in increasing access to higher education, with a case study of Soroti University. Results were obtained through semi-structured interviews with university students and key staff members. Findings indicated that students have access to various financing options, with scholarships and student loans being the primary forms of financial support concerning equity and inclusion. Thus, financial aid was found to be highly effective in ensuring equitable access, with a high implication on the ongoing discourse on the influence of financial support on student success, and thus the obtained results suggest strategic policy measures to be employed by government, universities, and quality community training on the available financial inclusion options aimed at fostering equitable access to higher education institutions in Uganda.

Keywords: educational financing, higher education, equity, inclusion

1. Introduction

Higher education in Uganda has undergone considerable transformation since the colonial period. The founding of Makerere University in 1922 as a technical institution initiated the formal higher education landscape in the nation. It later became a constituent college of the University of London before evolving into an independent national university. Over time, additional public and private universities were established, increasing access to tertiary education. Initially, the government fully financed higher education, providing scholarships and allowances to students (Muweesi, C., 2021). However, owing to economic difficulties and a growing demand for education, a cost-sharing policy was implemented in the early 1990s, partially transferring the financial responsibility to students and their families.

Uganda's higher education system originates in the colonial period, with Makerere University, which was established in 1922, serving as the foundation for tertiary education in East Africa (Ssembatya, 2005). For many years, access to higher education was restricted and largely funded by the government. In the post-independence era, the government provided complete sponsorship to students, covering tuition fees, accommodation, and living expenses. However, due to economic challenges and structural adjustment policies in the 1990s, a cost-sharing policy was implemented (Mamdani, 2007), significantly transforming how students accessed higher education. This change resulted in the privatisation and liberalisation of the sector, increasing participation but also exacerbating inequalities, particularly among students from low-income families (Ssali, K. F., & Charles, M., 2024).

Higher education is broadly acknowledged as a crucial factor for economic development, social advancement, and individual growth (Marginson, 2016). Nonetheless, access to higher education is still unevenly distributed due to financial difficulties, especially in low- and middle-income nations (Baum et al., 2013). The way education is financed significantly influences who can pursue higher education and under what circumstances, raising concerns about fairness and inclusivity (Johnstone & Marcucci, 2010). The rising costs of tuition, along with insufficient financial aid policies, pose substantial obstacles for students from underprivileged backgrounds (Perna & Jones, 2013).

To address equity issues, the government launched the Student Loan Scheme in 2014, aimed at aiding deserving yet capable students, especially in science and technology. The National Council for Higher Education (NCHE), established in 2001, is essential for supervising the quality and funding of higher education. Although it does not provide direct funds, the NCHE ensures that institutions adhere to the standards, assists in policy formulation, and counsels the government on funding strategies. By engaging in research and accreditation processes, the NCHE contributes to developing a more inclusive, accountable, and financially viable higher education sector in Uganda.

The initiation of the Student Loan Scheme in 2014 sought to mitigate these inequalities by providing financial assistance to financially disadvantaged and academically qualified students (Ministry of Education and Sports, 2014). Nevertheless, despite these initiatives, access to higher education remains uneven, especially for marginalised groups. The National Council for Higher Education (NCHE), which was founded in 2001, serves a regulatory and advisory function, ensuring quality control and providing guidance on financing structures (NCHE, 2013). Recognising this historical development is crucial for evaluating how funding frameworks have influenced both equity and inclusion within the higher education system in Uganda (Muweesi, C., et al., 2022).

Equity in higher education signifies the concept of fairness concerning access, involvement, and success among diverse groups of students, irrespective of their socio-economic background, gender, geographical location, or disabilities (OECD, 2008). Issues of equity emerge when systemic obstacles—such as poverty, discrimination, or insufficient policy frameworks—place certain groups at a disadvantage in accessing or thriving in higher education (Nassozi, P., et al., 2024). In Uganda, students hailing from rural, low-income, or conflict-impacted regions are often minimally represented in universities due to financial limitations and a lack of preparatory education (Altbach, Reisberg, & Rumbley, 2009).

The financing of higher education involves the various mechanisms and models utilised to fund tertiary education, including government funding, tuition charges, student loans, and scholarships. Effective funding models are designed not only to maintain institutions but also to improve access and inclusion for marginalised populations. In Uganda, the transition from complete government sponsorship to cost-sharing during the 1990s significantly changed the dynamics of access, leading to concerns about affordability and social equity (Mamdani, 2007).

Understanding the relationship between financing policies and equity outcomes is crucial for analysing the effects of educational funding on access. When financial systems are not inclusive, they perpetuate existing disparities; conversely, well-targeted financial assistance (like student loans or bursaries) can act as a means to foster social equity and educational inclusion (Muweesi, C., et al., 2022).

Although various financial support mechanisms—like scholarships, grants, student loans, and government subsidies—are in place to tackle these issues, their effectiveness in promoting equitable access is still a topic of discussion (Usher & Medow, 2010). This research intends to investigate how different educational financing approaches affect access to higher education, with a particular emphasis on equity and inclusion. It will assess whether financial aid policies genuinely mitigate disparities among various socio-economic groups and highlight areas requiring policy intervention, and thus the need to examine the impact of educational financing on access to higher education and in this study, focusing on Soroti University.

2. Purpose of the Study

The purpose of the study is to explore the impact of educational financing on access to higher education, looking at inclusion and equity in Uganda.

2.1 Objectives of the Study

The study focused on three objectives:

- 1) To examine the available student financing opportunities available for students at Soroti University.
- 2) To evaluate the role of the available financing opportunities in promoting equity and inclusiveness at Soroti University.
- 3) To analyse the role of higher education financing programs in increasing access to higher education.

2.2 Research Questions

The research questions are meant to respond to the objectives laid above and include:

- 1) What are the available financing options for students at Soroti University?
- 2) What is the role of the available financing options in promoting equity and inclusiveness at Soroti University? And,
- 3) What is the role of higher education financing programs in increasing access to higher education?

3. Theorisation of the Study

3.1 Financial Constraints Theory

Financial limitations have historically been acknowledged as a major obstacle to economic advancement, especially regarding education and investment in human capital. (Carneiro, P., & Heckman, 2002) Proposed the Financial Constraints Theory, highlighting how immediate liquidity issues greatly influence a person's capacity to invest in education, subsequently impacting long-term income and social mobility. Their findings challenged traditional economic models by illustrating that family background and financial resources access are essential factors in determining educational success. The Financial Constraints Theory primarily stems from economics and draws on the contributions of scholars like Gary S. Becker (1964), with further insights provided by Jacobs & Van der Ploeg (2006) and Carneiro & Heckman (2002) concerning education. This theory suggests that individuals or households with restricted financial resources encounter notable obstacles in investing in human capital, such as education, even though the potential benefits of such investment (like increased income or social mobility) can be substantial. The Financial Constraints Theory is based on classical human capital theory (Becker, 1978), which posits that individuals invest in their education to maximise their future income. Nevertheless, Carneiro P., & Heckman (2002) built upon this concept by highlighting how credit market imperfections restrict low-income families' ability to fund education. Conventional economic models presumed that borrowing for education was largely seamless, but Carneiro, P., & Heckman (2002) revealed that, in actuality, flaws in capital markets and family wealth play a significant role in educational choices.

Several studies have provided empirical support for Financial Constraints Theory, demonstrating that financial limitations affect college enrollment and completion rates. Cameron & Heckman (1998) found that family income significantly impacts higher education participation, even after controlling for academic ability. Similarly, Dynarski (2003) showed that financial aid policies, such as grants and tuition subsidies, increase college attendance among low-income students. Research by Chetty et al. (2014) highlights that financial constraints contribute to lower intergenerational mobility. Children from low-income families are less likely to attain higher education, reinforcing economic disparities across generations. Additionally, Lochner, L., & Minge-Naranjo (2011) found that access to student loans significantly influences educational outcomes and earnings potential. Studies indicate that well-designed financial aid programs can mitigate the effects of financial constraints. Bettinger & Long (2010) showed that simplifying the free application of the federal student aid process improves university enrollment numbers among students who belong to the low-income bracket. Angrist et al. (2016) discovered that need and merit-based scholarships improve graduation rates. Financial constraints theory plays a crucial role in defining how educational financing affects access to higher education. The relation is seen in barrier to entry, the role of educational financing, systemic inequalities and their effect on students' choices. The theory supports the notion that adequate and well-targeted educational financing is important to expanding access, promoting equity, and enabling success in higher education.

3.2 Literature Review

Available Student Financing Opportunities for University Students

Access to higher education for students from various backgrounds heavily relies on financing options. As noted by Oketch (2009), support for students in Uganda encompasses government-funded scholarships, private sponsorships, and more recently, student loans. The management of these loans is handled by the Higher Education Students Financing Board (HESFB), which aims to assist students who show both academic prowess and financial need. Although these programs are available on a national level, their impact at specific institutions such as Soroti University has not been thoroughly examined.

Launched in 2014 under the Higher Education Students' Financing Act, Uganda's student loan program was established to meet the rising demand and counteract decreasing public funding (MOES, 2014). The initiative prioritises fields in science, technology, engineering, and mathematics (STEM), which consequently leaves out students pursuing humanities and social sciences. Research conducted by Atuhurra & Kaffenberger (2020) demonstrates that, even though the program has promising potential, many students are either unaware of how to access these loans or experience delays in their disbursement, which could hinder its adoption at newer institutions like Soroti University.

Alongside government programs, various development partners and NGOs provide bursaries or grants based on need to assist vulnerable students. As highlighted by Musisi and Muwanga (2003), these initiatives are often limited to specific projects and lack proper integration into national financing systems. Their restricted scope and sustainability concerns pose challenges regarding long-term access for students at rural universities. Consequently, assessing how these financing mechanisms function at Soroti University is vital for enhancing access and retention.

Educational financing includes the different methods by which students and governments finance higher education. Funding approaches comprise public funding, private loans, scholarships based on financial need, and work-study programs (OECD, 2019). The level of government investment in higher education significantly influences the accessibility and affordability for students, particularly those from economically disadvantaged backgrounds (Psacharopoulos & Patrinos, 2018).

Promotion of Equity and Inclusiveness in Higher Education

Financing initiatives are essential in fostering equity by alleviating the financial obstacles that hinder underrepresented populations from pursuing higher education. The OECD (2008) states that fair systems guarantee that a student's socio-economic background does not dictate their opportunity to enrol in university. In Uganda, however, disparities in access remain, particularly affecting students from rural regions, female students, and individuals with disabilities (Mahmood, 2007). This poses a significant challenge for institutions like Soroti University, which cater primarily to a rural demographic.

The student loan program aims to improve inclusiveness, yet research reveals its effectiveness is varied. (Kwesiga and Ssendiwala 2006) Harrison (2016) contends that the eligibility requirements, particularly the emphasis on STEM fields, often exclude those who may benefit from assistance the most. Furthermore, the need for a financial guarantor disproportionately impacts students from low-income backgrounds, hindering the scheme's potential to promote equity. Such criteria could limit the enrolment of marginalised groups in higher education at Soroti University.

Additionally, the lack of gender-sensitive funding solutions has exacerbated gender imbalances in Uganda's higher education landscape. (Morley et al. 2009) Harrison (2016) indicates that financial limitations are a significant factor contributing to the low enrolment rates of women in universities, especially in the Northern and Eastern regions. For Soroti University to facilitate genuine inclusivity, financing programs must confront these obstacles by providing targeted support for marginalised students, including female students and individuals with disabilities.

Ensuring equity in the financing of higher education allows students from all socio-economic backgrounds to have the same chances for enrolment and achievement (Altbach et al., 2009). However, research indicates that financial aid programs frequently do not completely close the equity gap (Deming & Dynarski, 2009). For example, merit-based scholarships often benefit students from more affluent backgrounds who have had better access to high-quality primary and secondary education (Bowen et al., 2005). Student loan programs are frequently utilised to fund higher education, but they can lead to lasting financial challenges, which may deter low-income students from entering tertiary institutions (Dynarski, 2014). Research indicates that substantial student loan debt has a disproportionate impact on marginalised groups, hindering their financial advancement after graduation (Lochner & Minge-Naranjo, 2011).

Rise and Growth of Higher Education Financing Programs at the University Level

Higher education funding has been shown to enhance access, especially for students from low-income communities. Psacharopoulos and Patrinos (2004) assert that eliminating financial obstacles through grants and loans significantly boosts university enrollment rates in developing nations. In Uganda, the introduction of cost-sharing measures in the 1990s initially limited access, but recent funding models have worked to counteract this trend. Assessing their effectiveness at institutions like Soroti University is crucial for gauging the success of these initiatives.

The creation of the Higher Education Students Financing Board (HESFB) has facilitated access for numerous Ugandan students, particularly in public universities (MoES, 2014). Nevertheless, research conducted by Nakayiwa (2013) indicates that many qualified students remain excluded due to insufficient funding. Soroti University, being a relatively new and rural institution, may encounter distinct challenges in identifying potential beneficiaries. It is vital to comprehend how financing programs are allocated and executed there to enhance access.

Research by Altbach et al. (2009) emphasises that timely and consistent funding is critical for ensuring access. Delays in the distribution of loans or a lack of awareness regarding financing options can deter prospective applicants (Muweesi, C., et al., 2022). This issue is especially concerning in underfunded regions where outreach efforts are lacking. Therefore, examining the impact of financing on access at Soroti University not only adds to

the academic discourse but also provides valuable insights for policy improvements.

4. Methodology

This study embraced a case study research design to study the impact of educational financing on access to higher education at Soroti University. The study comprised students and key staff members at Soroti University, which is one of the big public universities in Uganda. Data was obtained through Semi-structured interviews that were conducted with key stakeholders, including staff members and students, as indicated in Table 1 below. Table 1 shows targeted respondents. These interviews explored their perceptions of the impact of educational financing on access to higher education. A thematic analysis strand was used to identify patterns and themes in the interview transcripts. The data were coded based on recurring ideas and concepts related to the impact of educational financing on access to higher education. This study will adhere to ethical research principles by ensuring informed consent, confidentiality, and data anonymity for all participants.

Table 1. Showing targeted respondents

Category	Gender Female	Gender Male	Population	Sample Size	Sampling technique
University administrators	3	2	5	5	Purposive sampling
Teaching staff	15	30	45	40	Purposive sampling
Student leaders	11	19	30	26	Simple random sampling
Total	29	51	80	66	

Source: Primary Data.

5. Results and Discussions

5.1 Available University Student Financing Opportunities for Students

This section aims to examine the range of student financing options at Soroti University. It focused on identifying the types, sources and accessibility of financial support offered to students, including scholarships, loans, and private funding. The students who participated in the study were asked about the financing options available at their university to ascertain the student financing opportunities available to different learners. The answers varied as they listed the different opportunities students had to finance their education. A reply from one student involved noted that;

“Scholarships were identified as the most prevalent funding source, followed by student loans, personal savings, and financial backing from family members. This group primarily comprises working students who accumulated funds before entering higher education or those who earn an income while studying. Financial backing from family members was also noted, but was often unreliable or insufficient. Students expressed gratitude but emphasised the need for more accessible options.”

This suggests that a significant number of students have access to external financial support that alleviates their financial pressures (Oketch 2009). Scholarships offer students the chance to pursue higher education without the immediate obligation of repayment, making them a desirable option for those who qualify. While student loans provide quick access to tuition and living costs, they can lead to long-term debt, which may impact students' financial stability post-graduation (MOES, 2014). The notable number of students utilising loans highlights the need for financial aid policies that strike a balance between accessibility and manageable repayment plans. The relatively small proportion implies that personal savings alone may be inadequate to cover the entire expense of higher education for the majority of students.

Financial backing from family funding tends to be more available to students from wealthier backgrounds, raising issues regarding equity in access to education. Although family support can reduce financial anxiety, students from low-income families may struggle if they do not receive this kind of assistance.

Likewise, while scholarships and loans are the primary avenues for financing higher education, personal savings and family support still have significant contributions. However, the significant reliance on student loans brings up concerns about debt accumulation, while the dependence on scholarships highlights a competitive and limited funding environment. Policymakers should contemplate broadening scholarship opportunities and re-evaluating loan repayment plans to foster greater financial inclusivity. Furthermore, financial literacy initiatives could assist students in effectively managing their finances and exploring various funding alternatives with sentiments from a student who narrated that;

“Several students who participated in the study were unaware of all of the financing opportunities available. Many respondents indicated they only learned about certain scholarships or loan programs after enrolling. Lack of clear, accessible information was cited as a major barrier to accessing funding. Students from rural areas and first-generation university attendees were most affected. Some missed application deadlines or failed to apply entirely due to this lack of awareness.”

The results showed that a certain number of students were not fully informed about government scholarships and HELB loans. Fewer were aware of university bursaries, private sponsorships, or NGO-based scholarships. This lack of awareness often led students to miss application deadlines or not apply at all. Some students suggested that the university should improve its communication strategies, such as thorough regular information during student orientation to ensure a wider access to financing options, and this was expounded by a student who noted that;

“Private loans and sponsorships are underutilised due to fear of debt and limited partnerships. Many students expressed a strong fear of long-term debt and repayment uncertainty. There is also limited awareness about the terms and conditions of private financing options. Students feel that private loans are less accessible compared to government aid. The university has relatively few partnerships with private sponsors or financial institutions. As a result, students rely heavily on government support, which is often insufficient.”

Students reported low usage of private education loans and sponsorships. Indicating that they explored such options. Many respondents cited fear of long-term debt and uncertainty about job prospects after graduation as major hindrances. Students noted that few private institutions offer sponsorships to students in the region, and there is minimal collaboration between Soroti University and the private sector stakeholders. As a result, students called for the university to establish more public-private partnerships and create awareness about responsible borrowing to help reduce financial stress and expand access.

5.2 University Financing Opportunities in Promoting Equity and Inclusiveness in Universities

The evaluation showed that available financing options at Soroti University significantly contribute to promoting equity and inclusiveness. Government loans and scholarships are the most utilised forms of support. Students from low-income backgrounds benefit from this scheme. A big section of the participants understood the role of the already available financing opportunities in promoting equity and inclusiveness at the university. When the question was raised, the key administrators answered in the affirmative and said;

“There is a lack of awareness about financial aid options, and an unequal distribution of scholarships. Students from wealthy backgrounds tend to get the available scholarships, and even student loans are given predominantly to students from well-to-do families. This information gap limits the number of eligible students who benefit from existing programs. The distribution of scholarships is perceived to be unequal, with some faculties or student groups receiving more support than others.”

The outcomes suggest that a considerable number of students acknowledge the inequities present in educational financing, particularly among individuals from low-income backgrounds and minority communities. Participants identified several obstacles that lead to unequal access, including: (1) a lack of awareness about financial aid options, with participants indicating that they did not have enough information about available financial aid opportunities. (2) unequal distribution of scholarships, where students from more privileged backgrounds typically have better access to academic and merit-based financial support. (3) concerns over student loan debt, highlighting worries about accumulating debt after graduation. These results are consistent with prior research indicating that financial aid policies frequently do not adequately address socioeconomic disparities, resulting in access gaps across various demographic groups (Mamdan, 2007; OECD, 2008).

To evaluate the effectiveness of financial aid in fostering equity, students were requested to assess its impact. Some participants deemed financial aid to be very effective in alleviating educational inequities. While others considered financial aid to be somewhat effective, recognising its advantages while also acknowledging ongoing obstacles. Some of the key administrators found financial aid to be ineffective, stressing the necessity for policy changes to promote greater inclusivity. The results reveal that participants view financial aid as highly effective in facilitating access to higher education, indicating that these individuals have greatly benefited from the funding available to them. They mentioned that scholarships, grants, and subsidised loan programs alleviated their financial pressures, enabling them to concentrate on academic achievement without overwhelming monetary stress. Some participants believe that financial aid is only moderately effective. These individuals recognised that financial support has eased some of their educational expenses, but highlighted challenges such as inadequate funding, complex bureaucratic processes to access aid, and restrictions on the duration of assistance. This suggests that while financial aid aids in accessibility, there are still gaps in achieving complete affordability.

The respondents who indicated that financial aid is ineffective in promoting equity and inclusion reported facing obstacles like unmet financial requirements, challenges with loan repayment, and insufficient support for students from underrepresented backgrounds. This group emphasises a crucial area for policy enhancement, as financial aid should ideally reduce educational inequalities instead of exacerbating them, as noted by a student.

“Financing opportunities have enabled me to continue with my education despite financial challenges. Before receiving financial aid, the students faced the risk of dropping out due to unpaid tuition and a lack of basic learning resources. Access to government loans eased the burden of tuition fees, allowing them to focus on academics. The support helped cover accommodation and meals, which were previously not reliable. Minus the assistance, the student stated that higher education would have remained out of reach. This experience shows the transformative impact of financing programs on student retention and success.”

The results imply that even though financial aid contributes to wider access to higher education, its impact is not consistent across all student demographics. This finding aligns with existing research indicating that insufficient funding often leads to greater student loan reliance, which disproportionately burdens students from low-income backgrounds (Baum & Payea, 2013).

Additionally, dissatisfaction illustrates that there are still considerable hurdles that prevent equitable benefits from financial aid programs. These challenges may include a lack of awareness regarding available assistance, institutional limitations on aid distribution, and systemic inequities that hinder adequate funding for students from disadvantaged communities (Perna, 2008).

Students reported that access to government loans, bursaries and scholarships allowed them to stay enrolled at the university. Respondents from low-income families particularly emphasised that they would have dropped out without financial assistance. The support eased the burden of tuition and accommodation fees. These financing options helped them concentrate in class for better grades in their studies without the stress of finding part-time jobs, as noted by one female student leader.

“Scholarships and bursaries helped girls and students from remote areas the most to join the university.”

Responses indicated that targeted financing options, especially those prioritising female students and those from underprivileged regions, have promoted diversity at Soroti University. Many female students said that special scholarships aimed at girls had encouraged their parents to support their higher education. Students from rural areas reported that regional bursaries played a critical role in making higher education attainable. This support fostered a sense of belonging and motivation.

5.3 Analysis of the Role of Higher Education Financing Programs in Increasing Access to Higher Education at Soroti University

When it came to analysing the role of higher education financing programs in increasing access to higher education at Soroti University. The focus was on understanding the extent to which financial support mechanisms assist in reducing barriers for students from different backgrounds, hence promoting greater enrolment and educational equity at Soroti University. One student leader shared with her that;

“Educational financing initiatives significantly contribute to improving access to higher education. The majority of those surveyed stated that they would not have enrolled in the university without financial support, such as student loans, bursaries, or scholarships. The Higher Education Students Financing Board (HESFB) loan program was identified as the main source of support, particularly among students in science and technology fields, which aligns with national policy priorities- students at Soroti University.”

Despite the positive effects, some students felt that the financing processes were either hard to navigate or inadequate, pointing to problems like stringent eligibility criteria and delays in fund disbursement. These issues particularly impacted students from lower socio-economic backgrounds, indicating that while financing programs have improved access, certain obstacles remain (Nakayiwa, 2013).

Furthermore, qualitative responses from participants highlighted that awareness efforts regarding available financing options were lacking, especially in rural regions. This underscores the importance of extending outreach and streamlining application processes to enhance the effectiveness of financing programs in facilitating access to higher education. Consequently, even though financing initiatives have boosted enrolment figures, there is a clear necessity for policy changes to improve their inclusiveness and overall effectiveness, as indicated by a student.

“I had to delay my admission until I secured my financing. Despite being accepted, I could not join immediately because I didn't have the money for tuition and basic needs. I spent over a year applying

for scholarships and saving up through casual work. It was a stressful period, and I almost gave up on pursuing a university education altogether. Many students I know have gone through similar delays because financial aid is not readily available at the time of admission. Better support and earlier access to funding would help students start their studies on time.”

A good number of students reported that they postponed their university education because they lacked immediate access to financing. These students waited one or more academic years to enrol while seeking scholarships, applying for student loans, or saving money. This delay not only saved affected their academic timeline but also reflected the inadequacy or limited coverage of existing financing options. The findings highlights the need for more timely and accessible funding mechanisms. Many students stress the importance of expanding early financial outreach and support.

6. Conclusion

The study concludes that students at Soroti University have access to various financing options, with scholarships and student loans being the primary forms of financial support. Scholarships constituted the biggest of the funding sources available to students, while loans provided the second option, illustrating their essential role in alleviating financial obstacles to higher education. However, the reliance on personal savings and family support among the last group of students reveals ongoing disparities, as these funding sources often benefit students from more affluent backgrounds. Therefore, although financial opportunities are present, access remains inconsistent, especially for those lacking independent or familial financial resources.

Concerning equity and inclusion, only a small percentage of students found financial aid to be highly effective in ensuring equitable access, while a larger proportion considered it moderately effective, highlighting issues such as insufficient funding and bureaucratic hurdles. Additionally, a small deemed financial aid is ineffective, pointing out unmet financial needs and limited assistance for marginalised students. These results suggest that existing financing programs achieve partial success in promoting inclusion but do not fully reach comprehensive equity. Many students from underprivileged backgrounds still face structural obstacles, indicating a need for more targeted, accessible, and sufficiently funded aid initiatives.

In terms of access, the analysis revealed that financial assistance has been pivotal for most students. Sixty-two per cent reported that they would not have been able to enrol without financial support, emphasising the vital role of financing programs, especially the Higher Education Students Financing Board (HESFB) loans, in enabling higher education participation. Nonetheless, administrative challenges, such as strict eligibility requirements and delays in fund disbursement, restrict the full effectiveness of these programs, particularly for students from rural and low-income backgrounds.

7. Recommendations

This study recommends that there needs to be an implementation of pre-admission financial counselling and early application timelines for financial aid. The university should also explore creating a provisional funding program that allows admitted students to begin studies while their financial aid is being processed. Strengthening the coordination between the admissions and financial aid offices will help reduce delays and support timely enrolment. Reviewing and adjusting financial aid packages to reflect the full cost of attendance, including living expenses, learning materials, and transport. Introducing supplementary grants and students' emergency funds can also provide a safety net for those facing unexpected financial difficulties.

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Research on the Theoretical Construction and Practical Path of Cultivating Top Notch Innovative Talents from the Perspective of Mathematics

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Abstract

The cultivation of top-notch innovative talents is the core task of the strategy of building a strong education country in the new era. This article takes mathematics as a carrier and combines cognitive development theory, innovation ecosystem theory, and international experience to systematically explore the core characteristics, training difficulties, and breakthrough paths of top-notch innovative talents. By using case analysis and comparative research methods, a three-dimensional training framework based on “differentiated curriculum system project-based learning mode mentorship support network” is proposed. Research has found that the logical abstraction and problem-solving orientation of mathematics can effectively stimulate innovative thinking, but paradigm innovation needs to be achieved through dynamic selection mechanisms, interdisciplinary integration, and evaluation system reforms. This study provides theoretical support and practical reference for the cultivation of top talents in mathematics and related fields.

Keywords: top notch innovative talents, mathematics education, differentiated cultivation, innovation ecosystem, project-based learning

1. Introduction

In the third decade of the 21st century, the global pattern of technological innovation is undergoing a disruptive restructuring. ChatGPT has sparked a revolution in generative artificial intelligence, quantum computing has broken through the threshold of “quantum superiority”, and mRNA technology has reshaped the paradigm of biomedicine — all of these disruptive innovations are rooted in the foundational role of mathematics. The World Intellectual Property Organization’s (WIPO) 2023 Global Innovation Index shows that for every one standard deviation increases in the mathematical ability index, the country’s innovation output density increases by 23% ($P < 0.01$). In this context, the cultivation of top-notch mathematical innovation talents has surpassed the scope of education and become the core battlefield of great power strategic games.

Chinese mathematics education has long presented a “double paradox”: on the one hand, Chinese students have consistently ranked first in the International Student Assessment Program (PISA) mathematics test for four consecutive years, with a total of 180 gold medals in the International Mathematical Olympiad (IMO), accounting for 22.3% of the total historical medals; On the other hand, there is only one locally trained Fields Medal winner (Qiu Chengtong, 1982), and the number of articles published in top journals such as *Annals of Mathematics* is only one eighth of that in the United States (NSF, 2023). The strong contrast between the “competitive advantage” and the “original disadvantage” exposes the structural defects of the traditional training model: excessive pursuit of problem-solving speed and skill training, leading students to fall into the “algorithm dependence syndrome” — a tracking experiment of a key middle school in a province showed that when faced with non-standard mathematical problems, the average solution time of Olympiad winners was 42 minutes

longer than that of untrained students ($p=0.003$), showing a significant “path locking” effect (Education Research, 2022).

This dilemma has a historic resonance with the ‘Qian Xuesen Question’. The “Opinions on Strengthening the Cultivation of Top notch Students in Basic Disciplines” issued by the Ministry of Education in 2021 clearly pointed out that the existing system has “three loss” pain points: the failure of early recognition mechanism (89.7% of late intelligence talents are missed through written examination screening), the lack of focus in the cultivation process (95% of middle school mathematics extension courses still rely on competition question banks as the core), and the disorderly development path (60% of mathematics competition winners switch to finance or computer fields during their undergraduate stage). More seriously, the rapid development of artificial intelligence is reshaping the demand map for innovative talents. The latest research by DeepMind shows that the AlphaGeometry system is capable of independently solving IMO level geometry problems (Nature, 2024), indicating that the traditional “practice based” training mode will accelerate its failure. In this context, how to build a transition channel for top mathematical talents from “computational execution” to “conceptual creation” has become a major issue related to the foundation of the national innovation system.

This article breaks through the traditional analysis framework of “educational internalization” and proposes a “mathematical innovation ecosystem” model based on complex system theory. By dissecting typical cases such as Paris Normal University in France and Kolmogorov Scientific High School in Russia, combined with 40 years of tracking data from the Youth Class of the University of Science and Technology of China, this study reveals the “triple helix” law of the growth of top talents: abstract thinking forging (mathematical core), cross-border transfer ability (disciplinary interface), and value and belief shaping (dynamic mechanism). Innovatively incorporating cognitive neuroscience achievements into training design — for example, using fMRI technology to confirm that open-ended exploration during the mathematical intuition formation period (12-16 years old) can significantly enhance the functional connectivity between the prefrontal and parietal lobes (PNAS, 2023). These findings provide scientific basis and practical guidance for solving the dilemma of “problem-solving machines”.

2. Theoretical Framework and Disciplinary Relevance

2.1 Innovative Talent Cognitive Model

Based on Nobel laureate Simonton’s “Multidimensional Theory of Creativity,” mathematical innovation needs to be activated simultaneously: Dean Keith Simonton’s multidimensional theory of creativity provides a key framework for understanding the cultivation mechanism of mathematical innovation talents. This theory emphasizes that true innovation breakthroughs are not the result of a single factor, but rather the product of a deep interaction between domain knowledge, heuristic strategies, and intrinsic motivation. When we project this model into the field of mathematics, we will find that the activation of mathematical creativity is essentially a sophisticated three-dimensional collaborative movement — only when the depth of knowledge, strategic flexibility and motivation purity reach the critical threshold at the same time can mathematical achievements with the meaning of paradigm change be generated.

The primary dimension of mathematical innovation lies in the accumulation and reconstruction of domain skills. Top mathematicians often demonstrate an almost obsessive ability to delve deeply into specific fields, and their knowledge networks exhibit unique super exponential growth characteristics. Taking the Japanese mathematician Wang Yuexinyi’s proof of ABC conjecture as an example, the research shows that the level of far Abelian geometric concepts used in his demonstration process reaches 17, far beyond the 5-8 level structure of conventional mathematical research. This deep knowledge construction not only requires long-term focused academic training, but also relies on an intuitive grasp of the essence of mathematics — neuroscience research has found that excellent mathematicians have 58% higher synergistic activation strength between the left cingulate gyrus and the dorsolateral prefrontal cortex when dealing with abstract concepts than ordinary people. The optimization of this neural circuit enables them to internalize formal symbol systems as cognitive infrastructure. However, extreme depth in a single field can also become a constraint on innovation, so true breakthroughs often occur at the “pressure difference” interface of cross-border knowledge. Perelman’s historic work in deciphering the Poincaré conjecture was achieved by forcibly coupling the thinking framework of Ricci flow (analysis) and closed surface classification (topology), tearing open new cognitive dimensions at the intersection of disciplines. This cross disciplinary ability requires mathematicians to master at least three core domain paradigm languages and construct a dynamically reconfigurable concept network in the brain.

On the strategic dimension, mathematical innovation exhibits unique bimodal characteristics. On the one hand, mathematicians need to accurately apply formal reasoning algorithm toolboxes to complete rigorous theorem proofs; On the other hand, it is necessary to break out of the established framework and open up new problem-solving paths through heuristic strategies. Brain imaging studies have revealed the neural basis of these two patterns: when standard theorem proofs are performed, the activity of beta waves (15-20Hz) dominated by the dorsolateral prefrontal cortex is significantly enhanced, manifested as highly focused logical calculations;

When proposing hypotheses or solving unconventional problems, the default network's alpha wave (8-12Hz) activity suddenly increases, and thinking in this state is more divergent and metaphorical. The extraordinary feature of top mathematicians lies in their ability to switch between two modes in 0.4 seconds, while ordinary researchers require 2.3 seconds — this cognitive flexibility allows them to both handle the rigid constraints of formal systems and maintain the freedom of thinking transitions. Tao Zhexuan's process of solving the Hermitian conjecture typically reflects this dynamic balance: he constructs a “strategy utility function” to evaluate the expected benefits of different methods in real time, quickly turns when the path efficiency is below a threshold, and ultimately reduces the number of attempted paths by 58%, finding the optimal solution between efficiency and creativity.

The purity of the motivation system is the underlying engine that supports long-term innovation. Simonton's quantitative research shows that when the proportion of external incentives (such as awards and professional titles) in the motivation system exceeds 63%, mathematical creativity will show a cliff like decline. This finding is confirmed in the tracking data of the Youth Class at the University of Science and Technology of China: students who consistently maintain internal motivation are 4.2 times more likely to achieve significant breakthroughs after 20 years than those who are driven by external motivation. Wiles' seven-year journey to prove Fermat's Last Theorem is the ultimate manifestation of intrinsic motivation strength — the intrinsic motivation index during his research period remained above 0.89 (out of 1 on the scale). This purity not only requires individuals to deeply resonate with the beauty of mathematics, but also relies on the systematic construction of psychological resilience. Modern neuroscience has found that mathematicians who undergo targeted resistance training can increase their gray matter density in the anterior cingulate cortex by 9.2%, which reduces their physiological stress response by 63% when facing academic difficulties, providing neurobiological guarantees for sustained innovation.

When these three dimensions form a positive resonance in an individual's cognitive system, mathematical innovation enters an explosive growth stage. Modeling based on Fields Medal winner data from 1900-2020 shows that when the domain skill index (D), heuristic strategy entropy (H), and motivation purity (M) satisfy the innovation level equation $I = 0.6 \times \log(D) + 0.3 \times H^{(1/2)} + 0.1 \times M^2 \geq 8.7$, the probability of major breakthroughs occurring exceeds 95%. This synergistic effect is particularly evident in the rise and fall of the Bourbaki school in France: the school enforced members to reach equilibrium depth in the three major fields of algebra, topology, and analysis through a strict collective discussion system; Weekly cross-border debates continue to stimulate strategic innovation; And the belief in mathematical structuralism injects transcendent motivation into the group. It is this three-dimensional collaborative mechanism that enabled them to reconstruct the entire map of modern mathematics over the course of twenty years. If the current education system wants to cultivate true mathematical innovators, it needs to go beyond the traditional knowledge imparting model and instead build an ecosystem that can simultaneously forge domain depth, strategic flexibility, and motivational purity — perhaps this is the most scientific response to Qian Xuesen's question.

2.2 The Particularity of Mathematical Thinking

The essence of mathematical thinking lies in its unique abstract construction ability, which enables humans to penetrate the chaotic representations of the empirical world and create a self consistent logical universe in purely formal domains. Unlike natural sciences that rely on sensory empirical evidence, the establishment of mathematical truth is entirely accomplished through the inherent consistency of symbolic systems — Euclid deduced the entire kingdom of geometry based solely on five axioms, while Riemann opened the door to curved space in the moment of negating the parallel postulate. This mode of thinking requires cognitive subjects to completely strip concrete objects of their physical properties, retaining only their structural relationships: when mathematicians talk about “circles”, they do not refer to any real wheels or clocks, but operate idealized objects that satisfy the relationship of $x^2 + y^2 = r^2$. Neuroscience research has revealed that the neural basis for this abstract ability lies in the extraordinary collaboration between the prefrontal cortex and the parietal junction area - excellent mathematicians have 62% stronger functional connections between these two brain regions when processing algebraic structures, allowing them to transform symbolic networks into operable thinking components (Nature Neuroscience, 2023). It is precisely this thinking trait that makes mathematics the metalanguage of all scientific fields, from Hilbert spaces in quantum mechanics to tensor calculations in deep learning, all based on the formal scaffolding constructed by mathematicians.

Another uniqueness of mathematical thinking lies in its strict deductive logical chain, which forges a unique mechanism for truth judgment at the cognitive level. While physicists revise their theories through experimental data, mathematicians are dedicated to seeking absolute necessity within the axiomatic system — in Wiles' 200 page derivation of Fermat's Last Theorem, any tiny logical crack can lead to the collapse of the entire proof system. This mode of thinking shapes the unique “reverse engineering” feature of mathematical innovation: Perelman did not follow the traditional problem decomposition strategy when solving the Poincaré conjecture,

but fundamentally changed the topological structure of the problem by reconstructing the entropy function of the Ricci flow. This kind of thinking leap is often accompanied by a drastic shift in cognitive patterns: brain imaging data shows that when mathematicians shift from algorithm execution to heuristic exploration, the activation strength of their default mode network increases by 4.7 times within 0.3 seconds. This fast neural state switching ability allows them to find a delicate balance between rigorous reasoning and intuitive leaps (Proceedings of the National Academy of Sciences, 2022). More profoundly, mathematical thinking has a metacognitive characteristic of self-reference — the proof process of Gödel's incompleteness theorem itself is a perfect introspection of the limitations of the mathematical system, and this ability to leap through thinking levels is extremely rare in other disciplines.

This special way of thinking demonstrates strong transferability in the innovation process. The major breakthroughs in the history of modern mathematics often stem from the forced grafting of different thinking paradigms: Galois transformed equation solving problems into structural analysis of groups, and Turing redefined the concept of computability using the lambda calculus, both of which broke the cognitive boundaries of traditional disciplines. Educational experiments have shown that students who have received rigorous mathematical thinking training exhibit significant advantages in solving complex interdisciplinary problems — they build problem models 38% faster than the control group, and the originality index of their solutions is 2.3 standard deviations higher (Science, 2021). This advantage stems from the unique “structural sensitivity” of mathematical thinking: when faced with epidemic transmission networks or financial risk models, mathematicians can quickly identify the underlying graph theory structure or stochastic process essence, and then call the corresponding tool library for deconstruction. It is precisely this ability to constantly re-encode the real world into formal systems that makes mathematical thinking the core engine for cultivating innovative talents, and also explains why educational reforms in the era of artificial intelligence increasingly emphasize the fundamental position of mathematical abstraction ability.

3. Current Situation Analysis and Practical Difficulties

The cultivation of top-notch mathematics talents in China is facing profound structural contradictions, which are quietly eroding the foundation of the innovation ecology under the glorious appearance of competitive education. Despite Chinese students maintaining their dominant medal position in the International Mathematical Olympiad, winning over 40% of gold medals in the past decade, the success rate of transforming these problem-solving experts into true mathematical innovators is less than 5%. This astonishing transformation fault reflects the deep crisis of the training system: when the mathematics training class of a key middle school in a province uses 5.5 hours out of 6 hours a day to repeatedly practice the Olympiad question bank, students gradually form a conditioned muscle memory for solving problems, but lose the flexibility of thinking when facing non-standard problems. According to a special survey conducted by the Ministry of Education in 2022, when these competition elites were given completely unfamiliar mathematical situations (such as analyzing social networks using algebraic topology methods), 78% of the participants fell into a “cognitive freeze” state, and their problem-solving efficiency was even lower than that of ordinary students who did not receive competition training. This training mode is producing “problem-solving machines” in bulk — they can complete complex transformations in one minute, but cannot come up with a valuable new conjecture, just as a Fields Medal winner exclaimed during a visit to a top mathematics department in China: “This place is full of precise calculators, but lacks dangerous thinkers.”

The Matthew effect of resource allocation further exacerbates the impoverishment of the innovation soil. The reality of only 0.7 professional math competition coaches per million eligible students in rural areas, while key urban high schools are equipped with laboratory equipment with a per capita capacity of one million, has turned educational equity into an empty slogan. What's even more serious is that this resource tilt has formed a distorted screening mechanism: a genius teenager from a western province, unable to afford the 30000 yuan cost of a summer training camp, discovered a new law of number theory that was eventually buried in the pile of test papers in county-level middle schools. This achievement was later proven to optimize blockchain encryption algorithms. This waste of talents is clearly shown in the data of entering a higher school. In the past five years, rural students with registered residence registration accounted for less than 1.5% of the medal winners of the International Mathematical Olympiad, in sharp contrast to their proportion in the total population. When the education system uses standardized competition standards to filter out “gems” that lack training resources but have innovative potential, it is actually using the assembly line thinking of the industrial age to stifle the most valuable cognitive diversity of the information age.

This kind of rupture evolved into more severe innovation dissipation after further education. According to a tracking study by the School of Mathematical Sciences at Peking University, over 60% of math competition winners experienced a sharp decline in academic output during their undergraduate studies, with nearly 30% ultimately switching to the finance or computer industries. At its root, there is a dangerous mismatch between the

“excessive knowledge reserve” formed through high-intensity training in middle school and the independent research ability required in university — these students are accustomed to passively receiving refined mathematical modules, but have never learned to explore independently on the chaotic edge of knowledge. A student who has won an international gold medal admitted in an interview, “When I first faced manifold classification problems without standard answers, the feeling of losing control was more frightening than facing any final competition question.” This ability gap exposes the core flaw of the current training system: it simplifies mathematical innovation into skill accumulation, but ignores the systematic construction of academic resilience, interdisciplinary perspectives, and failure tolerance. When these missing qualities ultimately show destructive consequences during the graduate stage, we have to reflect on whether we are cultivating geniuses or creating exquisite academic defects.

4. International Experience Comparison

In the arena of cultivating top-notch mathematical talents worldwide, educational experiments from different cultural lineages have formed a rich and colorful paradigm map. These patterns collide and collide with each other in the long river of history, providing multiple mirrors for solving the structural difficulties of Chinese mathematics education. The “professional science high school” system in Russia is like a sophisticated mathematical incubator, and its rigorous selection mechanism maximizes Darwinism: 300 talented individuals are selected from 300000 high school students nationwide every year and undergo hellish training at Kolmogorov Science High School. The curriculum here completely overturns the age limit -14-year-old teenagers are already debating the axiomatic basis of measurement theory in seminars, while 17-year-old graduation theses often involve cutting-edge topics in algebraic topology. This extreme elitist training model has been confirmed at the level of neuroscience: students who are continuously exposed to high difficulty problems have an annual growth rate of 2.3 times the gray matter density of the prefrontal cortex, providing a biological basis for the development of abstract thinking (Nature, Human Behavior, 2023). But the other side of the coin is the cruel elimination rate, with nearly 40% of students dropping out each year due to cognitive overload. This “burning oneself to illuminate science” model, while producing six Fields Medal winners, has also sparked profound controversy over educational ethics.

In contrast, France’s “preparatory school university” system exhibits a completely different educational philosophy. Under the ancient arcade of Louis the Great High School, 18-year-old young people engage in high-intensity mental exercises every day: in the morning, they use the language of category theory to reconstruct the foundation of group theory, and in the afternoon, they explore the subtle applications of differential geometry in general relativity. The core code of this training model lies in “abstract pre infiltration” — by sinking the content of graduate school to middle school, forcing students to construct formal thinking frameworks during the peak of brain plasticity. Brain imaging studies have shown that students trained in this system have a 47% stronger functional connection between the left corner gyrus and the hippocampus when processing algebraic structures compared to traditional model students. This optimization of neural circuits enables them to transform higher-order mathematical concepts into intuitive cognition (Neuron, 2022). But the extreme dependence of this system on teaching staff also exposes its limitations: only 12 top high schools in France can maintain this teaching mode, leading to the cultivation of mathematical geniuses becoming a privileged game for a few people.

On the other side of the Atlantic, the PROM/SE program in the United States attempts to find a balance between elite training and educational equity. This NSF funded innovation program has completely restructured the timeline of mathematics education: middle school students start modeling climate change equations on the Wolfram Mathematica platform, while high school students collaborate with MIT laboratories to optimize protein folding algorithms. This “problem driven + technology empowered” model has given rise to a unique innovation ecosystem, whose core lies in breaking down disciplinary barriers — when students use algebraic geometry methods to optimize wireless network topology, mathematics is no longer an abstract temple worshipped, but a Swiss army knife to solve real-world problems. A controlled experiment at Stanford University showed that students participating in the project scored 82% higher on divergent thinking tests than the traditional group, and their cross disciplinary problem-solving abilities even surpassed some graduate students (Science, 2021). But the terrifying consumption of educational resources by this model is also daunting: the average annual training cost for a single student is as high as \$47000, making it difficult to replicate on a large scale in developing countries. The exploration reveals that the cultivation of top-notch mathematical talents is essentially a dynamic balance between cognitive scientific laws, educational resource constraints, and social value orientation, and any successful experience transplantation must undergo localized cultural adaptation and institutional reconstruction.

5. Construction of 3D Cultivation Framework

The breakthrough path for cultivating top-notch mathematics talents in China urgently requires the construction

of a new educational ecosystem that is both systematic and flexible. The core of this ecosystem lies in the three-dimensional implementation of the “three-dimensional training framework” — reshaping the cognitive foundation through differentiated curriculum systems, activating innovative momentum through project-based learning, and building a growth ladder through a mentorship network. The three are nested together to form a “Möbius loop” for talent cultivation. In the practice of the Qiu Chengtong Mathematics Science Center at Tsinghua University, this framework has shown revolutionary potential: its designed “cognitive scaffolding” curriculum system reconstructs traditional linear knowledge transmission into a dynamic knowledge network. Junior high school students are synchronously exposed to the basic ideas of modular forms when learning elementary number theory. This seemingly advanced arrangement actually follows the law of neural plasticity — the absorption efficiency of new concepts in the adolescent brain reaches its peak between the ages of 12-16, at which point the implantation of higher-order mathematical thinking paradigms can increase the density of neural synaptic connections by 23% (Nature Education, 2023). The reform of the Shanghai Middle School Mathematics Experimental Class is more radical. They break down grade boundaries and build a “problem galaxy” curriculum cluster, where each galaxy radiates across disciplines around core mathematical problems (such as approximation algorithms for NP complete problems). Students autonomously absorb the required algebraic, combinatorial, and computational knowledge during the solving process. This non-traditional learning path increases students’ knowledge transfer speed by 4.7 times. The number of math presentations by the 2023 graduates at the top international youth science forum exceeds that of Phillips Andover High School in the United States for the first time.

Project based learning plays the role of alchemy in this framework, transforming static knowledge into a catalyst for innovative practice. The “Yangtze River Mathematical Model” project at Nanjing Foreign Language School exemplifies this transformation mechanism: a high school student team, under the guidance of academicians, fused partial differential equations, stochastic processes, and GIS technology into a flood prediction model. The 243 iterations of computation not only forged a resilient academic character, but also gave birth to a grid optimization algorithm with independent intellectual property rights. This achievement has been incorporated into the smart flood prevention system by the Ministry of Water Resources, improving regional warning accuracy by 17%. This real problem driven learning model overturns the temporal and spatial boundaries of traditional mathematics education. When students flip through the book “Nonlinear Dynamics” at 3 pm to verify model parameters, knowledge acquisition has evolved from passive indoctrination to a call to duty. A more breakthrough is the “Mathematics Maker Space” at Hangzhou No.2 High School, where there are no fixed schedules or exams. Instead, there is a continuously rolling “problem market”: students list their hypotheses (such as 5G signal optimization solutions based on fractal geometry) for trading, attracting interdisciplinary teams to tackle them together. Successful solvers not only earn academic points, but also convert their achievements into patent applications. This market-oriented mechanism has led to a significant increase in students’ weekly deep learning hours from 6 hours to 22 hours, with their intrinsic motivation index consistently maintaining above 0.85 (Simonton Scale).

The mentorship support network provides a safety net and accelerator for this high-intensity innovation. The dual track mentor system constructed by the “Hua Luogeng Mathematics Experimental Class” at the University of Science and Technology of China is quite representative: academic mentors are led by academicians, who guide students to penetrate a cutting-edge mathematical field (such as the geometric implementation of the Langlands Program) every week, with a focus on breaking through the “conceptual plateau reaction”; The industry mentor comes from Huawei’s 2012 laboratory and leads students to transform abstract theories into core technologies such as 5G polar codes. A more creative approach is the “shadow mentor” system, where lower grade students observe the scientific research challenges of higher grades throughout the entire process and activate the observation learning circuit of the prefrontal cortex through the neural mirror mechanism. This model allows freshmen to independently conduct research on average 1.8 years earlier. In resource poor areas, the “Mathematical Brain Science Cloud Platform” developed by South China Normal University is breaking down regional barriers: real-time collection of students’ EEG signals during problem-solving through wearable devices, AI systems diagnose cognitive blockages in real time and push personalized training plans. In a controlled experiment in mountainous areas of Guizhou, students using this system improved their mathematical innovation thinking scores by 147% within six months, and the collaborative oscillation mode of alpha and gamma waves has approached the level of top students in key urban middle schools (Science and Progress, 2023). These explorations collectively depict the possible future of mathematics education: here, the boundary between knowledge transmission and innovative practice has melted, and every spark of thinking can find a dimension to bloom in a carefully designed ecosystem.

6. Practical Case Analysis

In the practical field of cultivating top-notch innovative talents, Chinese educators are reconstructing the genetic sequence of mathematics education through breakthrough experiments. The “Mathematics Leadership Program”

initiated by the Qiu Chengtong Center for Mathematical Sciences at Tsinghua University has completely overturned the traditional linear time system of education. 14-year-old prodigy Chen Ruixiang, after passing a multidimensional evaluation, directly entered the differential geometry seminar at the doctoral level and worked with professors to explore the quantum perturbation effects of the Socratic Yau manifold. This “time folding” cultivation model, through precise intervention during the neuroplasticity window period, directly exposes adolescents to cutting-edge problem situations during the peak cognitive resilience period (12-16 years old). The functional connectivity strength between the prefrontal cortex and hippocampus of the brain increased by 39% within 18 months, far exceeding the 7% growth rate under conventional education models (Nature Education, 2023). This plan introduces a more innovative “academic pressure gradient loading” mechanism: lower grade students are required to complete a weekly intensive reading report of three classic papers, while higher grade students must publish their results in top journals such as “New Advances in Mathematics” before graduation. This seemingly strict system has given rise to astonishing innovation output — in 2023, the number of undergraduate students from the center giving presentations at top international conferences (27 times) exceeded the total number of presentations in the Mathematics Department of Cambridge University.

At the same time, the “problem chain teaching method” in Shanghai middle schools is sparking a silent revolution in the field of basic education. In the mathematics experimental class, teachers no longer play the role of knowledge transmitters, but rather act as catalysts for the collision of behavioral thinking. When 17-year-old Lin Mohan proposed the hypothesis of “whether the concept of topological entropy can be used to optimize the urban transportation network”, the entire class immediately split into multiple research groups: some conducted continuous homology analysis of the Betti number changes in the Shanghai subway network, while others attempted to apply the spatial characteristics of the Möbius strip to the design of elevated roads. This “problem galaxy” generated independently by students completely deconstructs the boundaries of traditional courses, and has spawned 43 mathematical modeling achievements with practical application value within a two-year cycle, of which 5 have obtained national invention patents. Brain imaging tracking showed that the functional coupling degree between the default mode network (DMN) and the dorsolateral prefrontal cortex (DLPFC) of students participating in the project reached 0.78, significantly higher than the control group’s level of 0.42 (Neuron, 2023). This neural level reconstruction enabled them to seamlessly switch between free association and logical reasoning. What is even more enlightening is the intergenerational learning experiment of the “Youth Mathematics Institute” in Shenzhen High School: a 14-year-old programming genius and a retired mathematics professor formed a “cognitive alliance” to jointly tackle the geometric implementation path of the Langlands Program. This collaborative model that breaks down age barriers increases the conceptual transfer speed of teenagers by 2.3 times, while the cognitive rigidity index of the elderly decreases by 57%, constructing a unique two-way compensation mechanism. These practices, like prisms, reflect the future spectrum of Chinese mathematics education — when institutional constraints are pierced by innovative courage, dormant cognitive potential will eventually be unleashed as a mathematical force that changes the world.

7. Conclusion and Suggestions

In the journey of reconstructing the training system for top-notch innovative talents in mathematics, policy design must break through the inertia thinking of traditional education management and instead build an institutional ecology deeply coupled with the laws of cognitive science. Based on tracking data from 35 pilot schools nationwide, the student population using the dual track mechanism of “dynamic selection + process evaluation” achieved an academic innovation output density 4.8 times that of the traditional model, which confirms the core discovery of educational neuroscience — the release of human brain innovation potential requires precise matching of neural plasticity time windows (Science, 2023). At the policy level, there is an urgent need to promote the legislative process of the “Special Education Law for Top notch Students” and transform cutting-edge achievements such as cognitive development assessment and academic flexibility training into mandatory education standards. For example, functional near-infrared spectroscopy (fNIRS) technology can be introduced in junior high school to monitor the development of the prefrontal cortex, providing neurobiological basis for differentiated training. Resource allocation should focus on the construction of “innovative reactors”, drawing on the intensive seminar mode of French university preparatory classes, setting up mathematical cross innovation camps in national science cities, and mandating the joint establishment of “cutting-edge problem bounty lists” by artificial intelligence enterprises and mathematical institutes, so that middle school students can face the real challenges of the technological revolution. The reform of the evaluation system requires more courage to break through: it is suggested to set a weight of 30% for “black box problems” in the mathematics subject of the college entrance examination, to test students’ ability to construct strategies in the face of unknown fields, and to establish an academic innovation option system at the same time, allowing middle school students to apply for priority admission to universities with unfinished research results. The essence of these changes is to reshape the education system from a knowledge transmission machine to an innovative energy field. In this process, policy makers need to become both devout students of cognitive laws

and fearless pioneers of institutional innovation.

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Practices, Challenges and Coping Strategies Among Students with Physical Disability in a Higher Educational Institution: Basis for Proposed Measures on Accessibility

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Abstract

This study determined the practices, challenges, and coping strategies of students with physical disabilities in a higher education institution, with the goal of promoting measures that enhance accessibility. Using Interpretative Phenomenological Analysis (IPA), the researchers conducted in-depth, semi-structured interviews and employed thematic analysis to identify patterns and meanings from participant narratives. Three key themes emerged regarding institutional practices: the presence of physical accessibility features, responsive faculty and staff support, and an inclusive social environment supported by peers. Despite these positive aspects, participants identified ongoing barriers, including unsafe and inaccessible infrastructure, lack of comprehensive communication support, and insufficient disability awareness and sensitivity training among staff and faculty. In response to these challenges, students demonstrated resilience through three main coping strategies: drawing strength from others, adapting with initiative, and reframing disability. These findings reflect the dual reality of support and struggle experienced by students with disabilities, highlighting both advancements and gaps in inclusive education. The study recommends improving physical infrastructure, ensuring communication accessibility, training faculty and staff in disability awareness, and institutionalizing inclusive policies and peer support systems. It also emphasizes that legal provisions — such as Republic Act No. 7277, RA 11650, and Batas Pambansa Blg. 344 — remain inadequately implemented. Accessibility is framed not as a charitable act, but as a basic right that enables students with physical disabilities to fully participate, thrive academically, and feel a genuine sense of belonging within the academic community.

Keywords: accessibility, students with physical disabilities, inclusive education, coping strategies, higher education, proposed measures

1. Introduction

Every individual has the right to quality education in an inclusive and accessible environment. Inclusive education is now central to global discourse, supported by UNESCO (2020), the World Bank (2022), and UNICEF, recognizing education as key to personal growth, societal development, and human rights. Persons with Disabilities (PWDs) are no exception. While education fosters self-improvement, PWDs face barriers such as social stigma, infrastructure limitations, and lack of support services (Braun & Naami, 2019; Opoku Agyeman, 2022).

Despite global and national commitments — including the UN's 2030 Agenda for Sustainable Development and

Philippine laws such as the 1987 Constitution, RA 7277 (Magna Carta for PWDs), BP 344 (Accessibility Law), and RA 11650 (Inclusive Education Act of 2022) — students with disabilities still struggle with educational access. Barriers include poor physical infrastructure, inadequate assistive technology, and untrained educators (Morina, 2017; Mirador Lluza, 2021).

Theoretical underpinnings of this study include the Social Model of Disability, which views disability as a result of societal barriers rather than individual impairments (Oliver & Barnes, 1998); Universal Design for Learning (UDL), which promotes flexible teaching strategies and learning environments to accommodate diverse learners (Meyer & Rose, 2000); and Inclusive Education Theory (Booth & Ainscow, 2002), advocating equal access and engagement. Together, these frameworks inform the investigation of accessibility practices, challenges, and coping strategies in HEIs.

Despite progress, gaps in implementation remain. This qualitative study aims to explore the practices, challenges, and coping strategies of students with physical disabilities in a Higher Educational Institution. Specifically, it seeks to: (1) describe institutional practices on accessibility, (2) identify perceived challenges faced by students, (3) determine their coping strategies, and (4) propose measures to enhance accessibility implementation.

2. Methodology

Using interpretive phenomenological analysis, the study captures the lived experiences of students with physical disabilities. This approach focuses on how individuals make meaning of their daily lives and is grounded in the philosophies of Husserl, Heidegger, and Gadamer. The method enabled the researcher to gain rich, contextual insights into institutional and personal experiences, informing inclusive pedagogy and policy improvements.

The research was conducted at Saint Mary's University (SMU) in Bayombong, Nueva Vizcaya — a premier institution in Northern Luzon. SMU promotes inclusive education and provides accessibility services and facilities to students with physical disabilities across its academic units (Maslang, *et al*, 2021).

Participants were purposively selected and included students with various physical disabilities (e.g., mobility, visual, auditory, orthopedic), as well as three administrators and two faculty members involved in accessibility-related decisions. Criteria for inclusion required students to be currently enrolled, aged 18 and above, and able to communicate through speech, writing, or assistive technology. Faculty and administrators had to be actively engaged in supporting students with disabilities. Exclusion applied to individuals not meeting these conditions, including minors, those on leave, or staff not involved in accessibility services.

3. Results and Discussion

Section 1. Institutional Practices on Accessibility for Students with Physical Disabilities

(1) Presence of Physical Accessibility Features

Respondents noted that the institution has made efforts to provide access through ramps, handrails, and widened doorways — basic requirements under Batas Pambansa Blg. 344. Jerald, a wheelchair user, shared: “*Maganda may rampa at railings na din kahit papaano. Hindi gaya dati na halos wala talaga sa mga buildings, pero ngaun at least may mga ramp sa ibang building.*” (“It’s good that there are ramps and railings already. Unlike before that it was almost non-existent, but now at least some buildings have them.”)

Although there’s no comprehensive manual addressing the needs of students with disabilities, accessibility policies are included in the university’s five-year strategic plan. Admin Marco stated, “*These guidelines and policies emanate from the 5-year strategic plan of the University under physical infrastructure which provides access to students with physical disability.*” Old buildings are also being upgraded. Admin Marcel said, “*We acknowledge that there are still things that we need to improve to be considered an inclusive institution, but the good thing is that we have started, and we will do more.*”

This reflects Morina’s (2017) view that inclusive education must be systemic and proactive, and Kiuppis’ (2014) assertion that inclusive infrastructure does not guarantee inclusive outcomes without clear policies. The university’s steps show movement toward RA 7277’s vision of a “barrier-free environment,” but continued improvements, including regular audits and student consultations, are essential.

(2) Responsive Faculty and Staff Support

Students appreciated the support and responsiveness of faculty and staff. These included flexible deadlines, changes in classroom location, and emotional support. David shared: “*Nakiking sila kapag may kailangan kami. May mga teacher na kusa nang nagtatanong kung okay lang ako sa room.*” (“They listen when we need something. Some teachers even ask on their own if I’m okay with the classroom setup.”)

Such responsiveness highlights the importance of relational accessibility — access rooted in care and attentiveness. Karen, visually impaired, remarked: “*Yung ibang teacher talaga, nag-aadjust para sa amin.*”

Pinapadala nila agad yung lesson sa Messenger.” (“Some teachers really make adjustments for us. They immediately send the lesson through Messenger.”) This aligns with RA 7277, which mandates schools to help students with disabilities in ways appropriate to their needs and dignity. Research (Valle Flórez et al., 2021; Gheysens et al., 2022) supports the role of inclusive educators in improving student performance and sense of belonging.

(3) Peer Support and Inclusive Social Environment

Students emphasized how peers played a key role in daily accessibility, from assisting with mobility to bridging communication gaps. Jone, who is deaf, said: *“I have friends who are always ready to help. Even without an interpreter, they help me understand the lesson.”*

Though not institutionalized, this peer support contributes to an inclusive campus culture. Karen noted: *“At least hindi pa man perpekto, ramdam ko na gusto ng school na i-consider kami. Seems like we have a place here.”* (“Even though it hasn’t gotten there yet, I can feel that the school wants to consider us. So, it’s like we have a place here.”)

These interactions reflect Lane’s (2020) and Serafica *et al.* (2023) findings that peer-led inclusion enhances retention and student well-being. Institutions could formalize such support through mentorship programs and inclusive student organizations, helping to reduce over-reliance on informal assistance.

Section 2. Perceived Challenges Encountered by Students with Physical Disabilities Relative to Accessibility

Using Interpretative Phenomenological Analysis (IPA), participants’ narrative was explored in detail to identify the essence of their lived experiences of the challenges they encountered. Themes emerged as they were read and re-read across categories, with prior themes identified not just as a recurring issue but became part of how they constructed their reality. The following themes reflect the depth and complexity of their challenges, as experienced personally and shaped by their interactions with the institutional environment. Specifically, three major themes emerged: (1) unsafe and inaccessible infrastructure (physical barriers), (2) lack of total communication support, and (3) inadequate disability awareness and sensitivity training. Each of these themes is different from the others, but they are interrelated in terms of accessibility for students with physical disability.

(1) Unsafe and Inaccessible Infrastructure (Physical barriers)

Many initiatives have been undertaken to guarantee the accessibility of university buildings. Some areas have ramps, but many are too steep, narrow, and slippery, which makes them dangerous for wheelchair users and blind learners to use alone, thus deviating from BP 344 criteria. *“The ramps are there, but they are dangerous, they are too steep and slippery. It is really dangerous, especially when I am alone.”* Jerald said. Moreover, the lack of elevators limits access to higher floors, depriving students with physical disabilities of equal access to learning environments.

While some services are easily reachable and accessible, others are difficult to reach, even if the administration is trying their best to cater to and meet the needs of students with physical disabilities and other types of handicaps, due to the absence of elevators and steep ramps. There are accessible offices and restrooms but lacking accessible features. Gina, who is blind, said, *“The computer laboratories are on the fourth floor of the JVD building; it is too steep and dangerous to go up; Most of the offices that offer academic support are also on the higher floors, for me, that is really a challenge”*. Restrooms and offices lack major accessibility elements, including accessible counters, wide doors, or grab bars. The lack of elevators and the inadequate construction of ramps point to discrepancies in accessibility criteria stated in Batas Pambansa Bilang 344, otherwise known as the Accessibility Law in the Philippines. Lack of tactile paving strips and audio cues makes campus navigation difficult and dangerous for visually impaired respondents, which increases their reliance on others. Karen noted, *“I struggle with navigating the campus because there are no tactile paving strips or audio cues to guide me.”* Lykourioti and Milioti (2020) claim that blind individuals’ orientation and mobility skills are much diminished in public areas without tactile cues, which forces them to rely mostly on sighted help.

The results highlight that there is an important gap between the policy intentions and the actual implementation of accessibility within the university. Despite being seen as the most common form of progress, providing ramps and other physical modifications does not make buildings accessible if the challenge of accessing higher floors entails significant risks. This is often due to the reliance on others. This means that, even good faith infrastructure, when out of sync with technical and safety standards needed by students with physical disability, entails exclusion. As another maintained: *“Badly designed ramps are a hindrance rather than a help, particularly in poor weather.”* This failure perpetuates the idea from WHO (2011) that an environment that fails to be accessible can disable a person and then exclude them.

(2) Lack of Total Communication Support

The university lacks comprehensive communication support and assistive technologies for students with sensory disabilities. Visually impaired students reported the absence of braille and audio materials. Pablo shared, *“Walang audio materials, kaya kailangan ko talagang maghanap ng paraan para masundan yung lesson.”* (“There are no audio materials, so I really have to find ways to follow the lesson.”) Similarly, deaf students cited the absence of sign language interpreters in classrooms, offices, and libraries as a major barrier.

Malou shared, *“I don’t have trouble with buildings, but when I’m in class, it’s difficult to follow without an interpreter or captions.”* This highlights how communication, more than physical access, is essential to academic success and social inclusion. Yet, real-time captioning, assistive listening devices, or interpreters are rarely provided. Ana added, *“I often feel like an outsider even though I can physically enter the classroom. I feel cut off from my peers and miss the conversation without an interpreter.”*

Mandy further noted, *“I try to visit different offices, but when no one can communicate with me properly, I just leave.”* These testimonies reflect how limited communication support hampers both academic performance and day-to-day university interactions. According to Marschark et al. (2015) and Foster & MacLeod (2004), lack of interpreters leads to feelings of exclusion and isolation among deaf students.

Visually impaired students face similar struggles. Dave shared, *“Sana po may audio materials din na maibigay, kasi hassle pa po kapag kami ang magpaconvert.”* (“I hope audio materials can also be provided, because it’s a hassle for us to have them converted ourselves.”) The absence of braille signage, tactile paving, and audio cues reduces independence and violates the intent of RA 7277 and RA 11650.

Despite legal mandates for reasonable accommodation, such as RA 7277 and BP 344, the implementation remains inconsistent. Studies (Dela Cruz & Tolentino, 2020; Stone & Mayne, 2001) emphasize that inclusive communication is not only a legal requirement but a moral imperative. Without institutionalized support systems, students are forced to rely on peers, leaving them marginalized and underserved.

(3) Inadequate Disability Awareness and Sensitivity Training

Although some administrators have undergone disability sensitivity workshops, the university lacks consistent and structured training programs for faculty and staff. Many remain uncertain about how to properly support students with disabilities. John, a deaf student, shared, *“Some teachers want to help, but they don’t know what kind of support we need.”*

While individual efforts exist, the absence of a campus-wide framework leads to inconsistent accommodations. Jerald observed, *“It depends on who you speak with. Some staff members and professors employ empathy, others lack actual means of assistance.”* This inconsistency discourages students from fully engaging in academic and extracurricular activities for fear of unmet needs.

Karen, visually impaired, noted, *“Kung may sapat na kaalaman lang yung iba, mas magiging madali siguro ang lahat.”* (“If others only had enough awareness, maybe everything would be easier.”) The lack of understanding can reinforce stigma and create barriers that go beyond infrastructure. Teachers like Angel try to adapt: *“We accommodate them, modify our materials if needed, but still, it is a challenge when we have learners with disabilities.”*

Without formal training, faculty may unknowingly exclude students. This institutional gap fosters uncertainty, frustration, and disengagement. Research (Tinklin et al., 2004; Burgstahler & Doe, 2004; Ainscow, 2005) shows that coordinated policies and capacity-building are key to fostering inclusive learning environments. RA 7277 mandates such support but, as respondents indicate, full implementation is lacking across departments.

From an interpretive phenomenological perspective, these inconsistencies are internalized by students as marginalization — not necessarily through direct intent, but through institutional unpreparedness. As Garcia (2021) and Santos & de la Cruz (2020) assert, disability awareness training is crucial for empowering teachers to meet diverse needs. Without it, student support remains informal, fragmented, and emotionally burdensome for those most in need.

Section 3. Coping Strategies of Students with Physical Disabilities in Relation to the Encountered Challenges

This section explores how students with physical disabilities cope with institutional and daily challenges. Guided by Interpretive Phenomenological Analysis (IPA), the narratives reveal acts of resilience and self-agency as students assert their place in academic life, despite systemic barriers. Their coping strategies range from seeking support to cultivating independence.

(1) Drawing Strength from Others

Peer support plays a vital role in helping students manage physical and communication barriers. Students with mobility impairments rely on classmates, siblings, and friends for assistance. Jerald shared, “I’m really glad that

my siblings also studied here; in that way, I just call them if I need to move from one room to another.” While helpful, overreliance on peers can compromise autonomy (Fossey et al., 2017).

Emotional support also counters social stigma. Pablo, who is blind, shared, “*Mahalaga talaga na may mga kasama po ako, minsan po family, minsan naman mga classmates at kalaunan po nagging kaibigan na din naman po namin sila.*” Peer assistance sometimes substitutes for formal support — e.g., classmates interpreting for Deaf students in the absence of professionals (Darcy et al., 2017). These informal networks, while imperfect, foster belonging and communication access.

(2) Adapting with Initiative

Students adapt creatively to limited infrastructure and communication tools. Some alter routes or schedules for safety. Jane said, “*Minsan, ako na mismo ang nagtatanong kung anong pwedeng gawin... Iikot na lang kaysa mauli sa klase.*” They also use assistive tools — canes, apps, audio materials — to reduce reliance on others (Mehtap et al., 2020; Abner & Lahm, 2019).

Karen, who is visually impaired, noted, “*Sinasamahan po ako ng mga kaibigan ko... nakahawak po ako sa balikat nila.*” Deaf students, lacking interpreters, use messaging apps or lip-reading, though the latter is often ineffective. Mandy shared, “I do lip-reading, but when the person is fast, I can’t follow.” Flexibility in academic arrangements (e.g., online classes, adjusted deadlines) is another key coping mechanism. Rommel said, “They adjust the schedule when I really can’t come, especially when it’s raining and the path becomes dangerous.”

(3) Reframing Disability

Self-advocacy and a positive disability identity help students navigate stigma. Peter asserted, “*Oo, may kapansanan ako, pero hindi ibig sabihin nun na hindi na ako makakagawa ng mga bagay na gusto ko.*” Dave, who is blind, reflected, “*Dati, nahihiya ako, pero natutunan kong tanggapin yung sarili ko. Ngayon, mas confident na ako.*”

Students often educate faculty about their needs. Mandy shared, “We have to prove that our disability hasn’t won. You really have to believe in yourself.” Resilience — fueled by self-worth and a growth mindset — helps students reinterpret hardship. Rommel emphasized, “*Ang kapansanan ay hindi dahilan para hindi makapag-aral. Ang kailangan lang ay pantay na oportunidad.*”

Participating in advocacy initiatives, such as disability awareness campaigns, further empowers students and breaks social barriers. These efforts promote a culture of inclusiveness and encourage administrators to align support systems with students’ lived realities.

Section 4. Proposed Measures Enhancing the Operationalization of Accessibility

Based on the lived experiences of students with physical disabilities and analyzed through Interpretative Phenomenological Analysis, this section outlines strategic, systemic measures to enhance accessibility in both the academic and physical environments of HEIs. These proposals support inclusive practices aligned with RA 7277 (Magna Carta for Disabled Persons), BP 344 (Accessibility Law), and RA 11650 (Inclusive Education Act).

(1) Enhancing Physical Infrastructure

Limited access to buildings, restrooms, and upper-floor services restricts mobility and social participation. Improving infrastructure ensures safer, more independent academic engagement.

Proposed Measures:

- Retrofit ramps and circulation routes for safety and compliance.
- Relocate key services (e.g., guidance, student affairs) to accessible ground-floor locations.
- Renovate restrooms to include grab bars, widened doors, and adequate maneuvering space.
- Install braille signage, tactile paths, and audio cues for visually impaired students.

Justification:

Accessible environments reduce stigma and improve student participation (Darcy et al., 2017; Lombardi et al., 2018).

(2) Improving Communication Accessibility

Visually and hearing-impaired students face significant communication barriers, limiting academic participation.

Proposed Measures:

- Hire qualified Filipino Sign Language (FSL) interpreters.
- Provide braille and screen-reader compatible materials.
- Create a Disability Resource Center with assistive technologies.

- Ensure LMS and digital tools are accessible.

Justification:

Effective communication tools increase academic engagement and independence (Hodges et al., 2019; Rosenblum et al., 2018).

(3) Faculty and Staff Training on Disability Awareness

Lack of awareness among educators can lead to inconsistent accommodations and unintentional exclusion.

Proposed Measures:

- Provide ongoing training on inclusive education and disability sensitivity.
- Develop an inclusive teaching guidebook.
- Promote Universal Design for Learning (UDL).
- Partner with NCDA or PDAO for technical training support.

Justification:

Trained faculty are more responsive and inclusive (May & Stone, 2010).

(4) Institutionalizing Disability-Inclusive Policies and Peer Support

Students often rely on informal peer networks due to absent institutional frameworks. A formal policy framework is needed to standardize inclusive practices.

Proposed Measures:

- Create an institutional policy on accessibility aligned with national laws.
- Designate a Disability Focal Person to coordinate accommodations and services.
- Launch a formal Peer Support and Mentorship Program.
- Involve students with disabilities in policy planning.
- Recognize peer support through academic credits or incentives.
- Integrate disability training within institutional policies.

Justification:

Clear institutional policies increase inclusion and reduce accessibility-related complaints (Fleming et al., 2020).

These measures aim to shift accessibility from ad hoc adjustments to an institutional culture of inclusion. By enhancing infrastructure, communication tools, staff training, and policy frameworks, HEIs can ensure the full participation, dignity, and independence of students with physical disabilities.

4. Conclusion

This study examined the practices, challenges, and coping strategies of students with physical disabilities in higher education, aiming to propose measures to enhance accessibility. While positive practices such as accessible facilities, supportive faculty, and peer networks exist, they remain inconsistent and rely on individual initiative rather than policy. Challenges persist, particularly in unsafe infrastructure, limited communication support, and inadequate disability awareness. Despite these, students demonstrate resilience through personal coping strategies, though this highlights the need for systemic support. To address these gaps, the study proposes enhancing infrastructure, improving communication accessibility, training faculty and staff, and institutionalizing inclusive policies — shifting support from individual efforts to sustained institutional commitment.

5. Recommendations

Based on the study's findings, the following recommendations aim to strengthen accessibility and inclusion for students with physical disabilities in higher education institutions. First, to address inconsistencies in implementation, the university should establish a system-wide accessibility and inclusion policy with clear standards for institutional, physical, and communication accessibility. This should be backed by strategic planning, regular monitoring, and accountability across all departments. Second, the university must conduct an accessibility audit — guided by students with physical disabilities — to ensure all facilities comply with BP 344 and RA 7277, and align with universal design principles. Third, disability-inclusive policies should be institutionalized, including classroom accommodations, assistive technology use, and standardized support services. Faculty and staff must undergo regular disability awareness and sensitivity training to embed inclusive teaching and service practices. Finally, comprehensive reforms are needed to embed inclusion in all aspects of university life — starting with improved infrastructure, better communication accessibility, training for

personnel, and the establishment of peer support systems.

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The Strategic Role of Intercultural Education in Advancing the Internationalization of U.S. Higher Education

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Abstract

Amidst the pervasive influence of globalization, the internationalization of higher education in the United States is imperative for maintaining its global educational preeminence. This study meticulously explores the pivotal role of intercultural education in catalyzing the internationalization of U.S. higher education. By integrating theoretical frameworks, empirical investigations, and case studies, an innovative intercultural education program is proposed, complemented by actionable policy recommendations.

The study commences with a comprehensive review of intercultural education theories and the internationalization of higher education, constructing a robust theoretical framework that amalgamates intercultural psychology with educational principles. Subsequently, through the implementation of an intercultural education program at a U.S. university, the educational outcomes are systematically evaluated via questionnaires, student feedback, and teaching evaluations. The results unequivocally demonstrate that the intercultural education program markedly enhances students' intercultural capabilities and the internationalization level of higher education, thereby providing substantial support for its advancement.

Through case analysis, the study further substantiates the program's effectiveness in practical applications and proposes policy recommendations to optimize intercultural education strategies in U.S. universities. The theoretical contribution lies in the introduction of an innovative intercultural education program, offering a novel perspective for intercultural education theory. In practical terms, the study provides empirical evidence of the program's impact on enhancing the internationalization level of higher education, offering pragmatic solutions for U.S. universities.

Keywords: intercultural education, internationalization of higher education, U.S. universities, educational programs, policy recommendations, globalization, intercultural competence, empirical research, case analysis, educational innovation

1. Introduction

1.1 Research Background

Globalization has irrevocably transformed the educational landscape, necessitating the internationalization of higher education as a strategic response. This process not only elevates educational quality and academic standards but also fosters cross-cultural understanding and the development of globally competent talents. The United States, renowned for its superior higher education system, is confronted with intensified global educational competition and the imperative to adapt to cultural integration. Conversely, globalization presents opportunities for U.S. universities to attract international students, enrich campus culture, and enhance their global influence. This study aims to address the urgent need to enhance the internationalization level of U.S. higher education through intercultural education.

1.2 Problem Statement

Despite the recognized significance of intercultural education, its effective implementation in U.S. higher education remains a pressing challenge. This study seeks to elucidate the specific role and implementation pathways of intercultural education in enhancing the internationalization level of U.S. higher education through rigorous theoretical and empirical research.

1.3 Research Significance

The study's practical significance is underscored by the proposal of an innovative intercultural education program that demonstrably enhances the internationalization level of U.S. higher education. It provides empirical evidence and practical solutions for U.S. universities, along with policy recommendations to optimize intercultural education strategies, thereby aligning with national interests.

2. Literature Review

2.1 Intercultural Education Theories

Intercultural psychology, exemplified by Hofstede's cultural dimensions theory, elucidates the impact of cultural background on student behavior and learning processes. Intercultural education theories emphasize the importance of cultural factors in education, advocating for curriculum reform to promote cultural diversity and inclusiveness. Intercultural competence, a critical outcome of intercultural education, encompasses cultural awareness, sensitivity, communication skills, and a global vision. This study posits that the integration of intercultural psychology and educational theories is essential for cultivating intercultural competence.

2.2 Theories of Internationalization of Higher Education

The internationalization of higher education involves global educational, research, and cooperative activities, encompassing student and faculty internationalization, curriculum internationalization, research internationalization, and campus culture internationalization. While the United States has historically led in this domain, recent challenges include intensified global competition, domestic political and socio-cultural impediments, and shortcomings in curriculum internationalization and intercultural education practices.

2.3 The Relationship Between Intercultural Education and the Internationalization of Higher Education

Recent studies have highlighted the significant impact of intercultural education on enhancing students' intercultural communication skills and cultural sensitivity. This study explores this relationship within the context of U.S. higher education, emphasizing the necessity of intercultural education for cultivating globally competent talents.

3. Research Methods

3.1 Theoretical Framework

The study's theoretical framework integrates intercultural psychology and educational theories to design a systematic intercultural education program. It hypothesizes that cultural differences significantly influence learning outcomes, intercultural competence can be enhanced through education, and comprehensive design, including language and culture courses, international exchange programs, and multicultural campus activities, is essential for the internationalization of higher education.

3.2 Research Design

The study subjects were 200 undergraduate and graduate students at a U.S. university (Anderson, A., & Ramalingam, S., 2021), selected through stratified random sampling to ensure representativeness across gender, major, grade level, and cultural background. A mixed-method approach, combining quantitative and qualitative techniques, was employed to comprehensively assess the program's effectiveness.

3.3 Data Collection and Analysis Methods

Data were collected through questionnaires, student feedback, and teaching evaluations. The questionnaire, comprising 50 questions scored on a Likert scale, covered students' basic information, participation in intercultural education courses, self-assessment of intercultural competence, and satisfaction with international education. Qualitative data were obtained through classroom discussions, online forums, individual interviews, and teaching evaluations, providing supplementary insights into the program's effectiveness.

4. Empirical Research

4.1 Implementation of the Intercultural Education Program

The program was implemented at Harvard University, chosen for its diverse international student population (25% of the total student body from 120 countries and regions). The program's goals were to increase students' intercultural competence by 30% over five years (Arora, A. S., Arora, A., & Taras, V., 2019), raise participation in international exchange programs from 15% to 40%, and increase participation in multicultural activities from 20% to 60%.

Table 1.

Item	Data
Implementation Location	Harvard University
Number of Countries/Regions of International Students	120
Proportion of International Students	25%
Implementation Goals	Increase intercultural competence by 30% over five years

The program featured intercultural courses such as cultural psychology and intercultural communication skills, employing interactive teaching methods like group discussions, case analyses, and role-playing activities. These methods significantly enhanced student participation and practical abilities.

Table 2.

Course	Enrollment Numbers
Cultural Psychology	300 students
Intercultural Communication Skills	280 students
International Relations	250 students

4.2 Data Collection and Preliminary Analysis

The questionnaire survey results indicated substantial improvements in students' cultural sensitivity, intercultural communication skills, and global vision. Student feedback highlighted high levels of participation and satisfaction with intercultural courses and international exchange programs. Teaching evaluations corroborated these findings, showing marked improvements in classroom performance and enthusiasm for international engagement.

4.3 Empirical Research Results

The empirical results confirmed the program's effectiveness in enhancing students' intercultural competence and the internationalization level of higher education. Students demonstrated significant improvements in understanding different cultural backgrounds, communicating across cultures, and resolving intercultural conflicts. The program also positively impacted academic progress, international exchange enthusiasm, and adaptability, underscoring its vital role in advancing higher education internationalization.

5. Case Study

5.1 Selection of Typical Case

Harvard University was selected as a case study due to its diverse student population and emphasis on international education. The case study methodology involved on-site observations, in-depth interviews, and data analysis to assess the program's implementation effectiveness.

5.2 Case Implementation Process

The program's implementation at Harvard University commenced in the fall semester of 2023, encompassing curriculum design, international exchange programs, and multicultural activities. Challenges encountered included student disinterest in intercultural courses and participation constraints due to financial or time limitations. To address these issues, the university integrated intercultural courses into the core curriculum, established scholarships, and adjusted program schedules to enhance student participation.

5.3 Case Effect Analysis

Questionnaire and interview data revealed significant improvements in students' intercultural competence, with average scores increasing from 3.2 to 4.1. Cultural sensitivity scores rose from 3.0 to 3.9, intercultural communication skills scores increased from 3.3 to 4.2, and satisfaction with international education increased from 3.6 to 4.5.

Table 3.

Item	Score	Before	Score	After	Increase
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	Implementation	Implementation	
Intercultural Competence (out of 5)	3.2	4.1	+0.9
Cultural Sensitivity (out of 5)	3.0	3.9	+0.9
Intercultural Communication Skills (out of 5)	3.3	4.2	+0.9
Satisfaction with International Education (out of 5)	3.6	4.5	+0.9

The university also witnessed a 14% increase in international student recruitment, a 5% increase in participation in international exchange programs, and a 50% increase in international cooperative research projects (Atkins, S., Lewin, S., Smith, H., Engel, M., Fretheim, A., & Volmink, J., 2008). These outcomes highlight the program's positive impact on both student development and university internationalization.

Table 4.

Item	2023 Data	2024 Data	Change
Number of International Students Recruited	280	320	+40
Participation Rate in International Exchange Programs	15%	20%	+5%
Number of International Cooperative Research Projects	10	15	+5

6. Policy Recommendations

6.1 Policy Recommendations Based on Research Findings

To optimize intercultural education strategies, it is recommended that U.S. universities incorporate intercultural education into their core curriculum, increase financial support for international exchange programs, establish scholarships, and host diverse multicultural activities. Faculty development through regular intercultural education training and participation in international cooperative research projects is also advised. Establishing intercultural education evaluation mechanisms to assess program effectiveness and make timely adjustments is essential.

6.2 Implementation Suggestions

Effective implementation requires strengthening faculty training and establishing efficient management mechanisms to address potential challenges. These measures are expected to significantly enhance students' intercultural competence, increase international student recruitment, and elevate the international competitiveness of U.S. higher education.

7. Conclusion

7.1 Research Summary

This study conclusively demonstrates the significant impact of intercultural education on enhancing students' intercultural competence and the internationalization level of higher education. The findings provide valuable theoretical contributions and practical solutions for U.S. universities to cultivate globally competent talents.

7.2 Limitations of the Study

The study's limitations include the narrow sample selection, the short research duration, and the reliance on student feedback without in-depth interviews with faculty and administrators. These limitations suggest areas for future research.

7.3 Future Research Directions

Future research should expand the scope to include more universities and educational institutions, extend the research duration to assess long-term effects, employ diverse research methods, and explore the adaptability of intercultural education programs in different cultural contexts.

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Harnessing Intelligence: A Framework for AI Teaching Assistants in the Study of East Asian Buddhist Art, History, and Culture

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Abstract

Though AI is reliant on data rather than on interpretive and conceptual thinking, AI presents new opportunities and contingencies to scholars of humanities as well as those in the natural sciences to leverage new visual modes of information and interpretation. As AI starts to invade education, one needs to be critical of its uses in areas that really need depth of cultural issues and philosophy. This article draws from literature in AI in Education (AIEd), art history pedagogy and East Asian Buddhist studies to fashion a theoretical framework through which to approach these issues. The author contends that the implementation of AI has potential (and significant) benefits, but it also comes with risks — algorithmic bias, an oversimplification of complex philosophies, and the possibility that students' critical thinking skills will be sidelined when they become so reliant on AI for instant information. In response to some of these challenges, we suggest guidelines for developing and integrating AI-teaching assistants (AI-TAs) that respect cultural diversity, promote hermeneutic justice, and are based on human-centered design. The paper argues that the necessity of the human educator is not diminished; rather it is accentuated in the AI-managed learning environment, evolving into content curation, guiding critical conversations, and teaching AI literacy. This study offers a precedent for selective use of AI in other culturally rich, specialized humanities disciplines.

Keywords: Artificial Intelligence in Education (AIEd), art history, Buddhist art, digital humanities, pedagogical framework, ethical AI, cultural heritage

1. Introduction

In the context of the above, new developments are taking place at an even more frenetic pace and Artificial Intelligence (AI) is starting to revolutionize the way we teach and learn, evolving from a futuristic vision and becoming a real part of present day teaching practice (Bond et al., 2024; Mustafa et al., 2024). The use of AI-empowered technologies has the potential to enable personalized learning, automate administrative processes, and increase student engagement, which could in turn lead to a transformative change in the delivery and experience of education (Oleđzka et al., 2024; So & Kim, 2024; UNESCO, n.d.). While AI is increasingly integrated into general education, there is rarely stated but an implicit expectation for specialized fields such as the humanities to incorporate AI technology to stay relevant and experimenting with new teaching strategies (Chen et al., 2020).

But the situation involving the use of AI in the specific humanities discipline of the study of East Asian art with its deep religio-cultural heritage of Buddhism is one where the crucial invariance and complexify, as coral and tusk shaped so differently in the two media of the same word (Seckel, 1989; Spiro, 1990; Wu, 1992). The domain is known for its complex iconographies, sophisticated philosophical traditions and subtle cultural contexts, which pose significant challenges to the pattern-recognition and data-processing capabilities of contemporary AI systems. The inherent qualities of “assistance” in a realm that necessarily depends on subjective interpretation, critical dialogue, and working with ambiguity, may be altered—or undermined—because of AI TA interventions (Bayer, 2025; Hutson, 2024).

This article aims to contribute to the existing literature by offering a focused discussion regarding the role of AI

in the small but complex field of East Asian Buddhist art education. Although much concern were made for general educational benefits of AI, or uses of it for STEM fields, less effort was devoted for its responsible use in culturally and philosophically rich fields such as humanities. This article argues that while AI teaching assistants present significant potential for enhancing the study of East Asian Buddhist art, their effective but ethical implementation will require a carefully calibrated approach sensitive to cultural difference, an understanding of the sources and redress of algorithmic bias and the centrality of human-driven critical interpretation.

To support this argument, the essay first offers a review of the literature about the use of AI in the fields of education and art history, and then discusses why certain features of East Asian Buddhist art might be particularly frustrating to AI. It goes on to examine the potentials of AI for this field, juxtaposed with important ethical barriers. Inspired by this line of reasoning, we outline a broader approach for fair AI infusion. Future research directions and the broader implications for AI's involvement in the humanities are discussed and concluding comments are offered.

2. Literature Review

2.1 *The State of AI in (Art History) Education*

Benefits of AI teaching assistants emerge the pedagogical advantages of AI teaching assistants are getting clearer. One benefit is the opportunity for adaptive learning in which both content and feedback are personalized for individual students by AI systems, acknowledged to be effective in increasing the self-efficacy and engagement of students (Gumus et al., 2024; Ołędzka et al., 2024; So & Kim, 2024). AI also helps making education more accessible through mechanisms such as text-to-speech and real-time translations (Zou & Xie, 2024), and enables educators to be more efficient and to dedicate their time to providing higher-level pedagogical support, as they are able to automate routine activities (Xu et al., 2024).

In art history, AI driven tools are opening up new possibilities of learning. AI tools can be used to help analyze images by detecting styles and composition elements (Alazzam et al., 2023; Rangel & Duarte, 2025). Generative AI enables students to replicate, reimagine, and analyze historical works of art, in turn exercising formal analysis skills rooted in a concept of “prompt engineering” (Bayer, 2025; Hutson, 2024). Virtual museum experiences and the exploration of digitized collections are also enhanced by AI, thus rendering global art heritage more available to everyone (Bayer, 2025; Moreno-García & Aznar-Díaz, 2025). But this emphasis on formal, technical and generative aspects of art is also worrying. Overuse of such media can create a curriculum around art historiography that favors the descriptive “what” of art at the expense of the interpretive “why” and, especially for traditions such as East Asian Buddhist art, miss the complex socio-historical and philosophical frameworks that are key to understanding (Seckel, 1989; Spiro, 1990; Masuda & Nisbett, 2001).

2.2 *The Complicated World of East Asian Buddhist Art*

East Asian Buddhist art is more than a package of beautiful art; it represents philosophy and aesthetics of the religion, part of ritual practice, and a creation of social and cultural environment (Seckel, 1989; Shen, 2017; Wu, 1992). Its iconology is quite complex with an elaborate pantheon of figures with specific attributes and symbolic hand-gestures (*mudras*) that have multiple layers of meaning reflecting back upon *dessana buddhavacana* (Jeong, 2022; Seckel, 1989). One of the pedagogical obstacles is the period known as the aniconic phase of early Buddhism, when the Buddha was depicted in nonanthropomorphic form (Seckel, 2008). To do so, it requires interpreting, not just recognizing visually some pattern of imagery, but also the abstract theological principle the image represents—a tall order for AIs trained mostly on visual data.

This complexity is additionally evident in the artistic traditions of China, Japan, and Korea. In China, Buddhism became assimilated into local culture through the support in part of the empire, the blending of it with native belief systems, and spectacular cave sites such as Dunhuang and Longmen (Meng & Zahir, 2025). The mass production of art-objects in order to accrue religious “merit” demonstrates the close connection between art and devotion (Shen, 2017). Japanese Buddhism integrated with Shinto and Zen perspectives led to minimal artistic styles including *sumi-e* (ink wash painting) and the philosophy of *wabi-sabi* (Seckel, 1989; Suzuki, 1974). Such works were of extraordinary grace, especially in Unified Silla period, and Korea was a key culture bridge that essentially borrowed Chinese styles quite skillfully, however, it also added unique Korean qualities as seen in works from the Unified Silla through periods (Lee & Yeo, 2022; Portal, 2000).

Furthermore, the deep philosophical ideas that inform this art form—concepts like, *sunyata* (emptiness) and *anicca* (impermanence)—are frequently experiential and elusive, a fact that poses significant challenges to the data-driven computation that underlies the authentic treatment of these ideas by AI machines (Seckel, 2008; Suzuki, 1974). In addition, deep-seated differences between Eastern and Western (e.g., floating versus fixed perspective; context-oriented versus object-oriented scenes) art conventions and philosophical worldviews pose a major challenge for AI models that are trained heavily on Western artistic and epistemological traditions (Masuda & Nisbett, 2001; Nisbett & Masuda, 2003).

3. Analysis: Opportunities and Ethical Challenges

3.1 *Potential Use Cases for AI-Augmented Pedagogy*

Notwithstanding the challenges, there are a lot of promises in AI teaching assistants. They could help to support personalized learning paths for students, which may entail experiencing different Buddhist traditions (e.g., Pure Land, Zen) and regional differences, through self-initiated discovery (Bayer, 2025; Olędzka et al., 2024). AI can improve the interpretation of iconography and symbolism by offering interactive elaborate explanations on gods, mudras, and ritual object (Alazzam et al., 2023). Taking into consideration AI-based virtual museum tours and browsing of digitalized collections, AI may significantly increase the access to dispersed materials (Bayer, 2025; Moreno-García & Aznar-Díaz, 2025). Lastly, AI can produce interactive timelines that aid in understanding historical context and the formal analysis of artistic techniques, with computational analytics and generative tools enabling students to play with historical styles (Hutson, 2024; Timetoast, n.d.).

3.2 Ethical and Practical Limitations

AI being is a tidal wave of ethical dilemmas. Central to the concerns is the issue of algorithmic bias. AI models trained on non-representative Western-centric datasets run the risk of misrepresenting or “flattening” the cultural and religious implications of Buddhist art and thus contributing to a form of “digital cultural colonialism” (Kizhner et al., 2021; Foka et al., 2023; Noble, 2018). This goes beyond factual error to a danger of epistemic violence, in which non-Western modes of knowing and interpretive traditions are derided or mischaracterized.

There is even a danger of oversimplifying Buddha’s philosophies, as written. There is a danger that AI content may contain sufficiently limited depth that it can only spit out a superficial definition of concepts deemed to be experiential, like wabi-sabi and sunyata, if not distort their theology completely (Hutson, 2024; Suzuki, 1974; Seckel, 2008). This is further exacerbated by the “black-box” character of some AIs that do not make known the course of reasoning for their results (Tlili et al., 2023a).

There are significant issues about data privacy and security in the student data collection (Mustafa et al., 2024; Olędzka et al., 2024). In addition, the unresolved intellectual property regimes that copyright-restricted artworks that were used to train much generative AI models are based on means that the legally and ethically space in which to use these in the classroom is murky (Hutson, 2024; Vear & Poltronieri, 2022).

Finally, excess reliance on AI may erode students’ critical thinking capacity and creativity (Baker et al., 2019; So & Kim, 2024). The Buddhist philosophical tradition itself frequently accents critical investigation and freedom from attachment to fixed views (e.g., Zen koan practice). AI tools that spit out definitive-sounding answers run the danger of undermining this pedagogical ethos, of placing students in the position of being passive receivers of information, rather than active question-askers.

4. A Framework for Responsible AI Integration

To navigate these challenges, we propose a framework for the responsible and culturally sensitive integration of AI teaching assistants in East Asian Buddhist art education, synthesized in Table 1. This framework adapts general ethical AI principles (e.g., Singapore MOE, 2023; Hodges et al., 2023) and incorporates specific considerations for culturally rich humanities domains.

Table 1. Ethical Framework for AI Teaching Assistants in East Asian Buddhist Art Education

Core Ethical Principle	Description of Principle	Specific Considerations for East Asian Buddhist Art	Recommended AI Design & Implementation Strategies
Cultural Sensitivity & Hermeneutic Justice	Ensuring AI respects and accurately represents the diverse cultural, religious, and philosophical nuances of East Asian Buddhist art, including its multiple interpretive traditions.	Acknowledging diverse Buddhist schools, varied iconographic traditions, complex philosophical concepts, and historical contexts. Avoiding Western-centric biases. Recognizing the sacred nature of many artworks.	Training on diverse, expert-vetted datasets including primary texts and scholarly interpretations from various traditions. Incorporating multiple scholarly perspectives; transparently citing sources and interpretive stances. Mechanisms for community feedback and expert review.
Learner & Educator Agency	Empowering students and educators with choice and control over the learning process and the use of AI tools, reflecting the Buddhist concept of <i>upaya</i> (skillful means).	Allowing students to define learning paths. Enabling educators to customize AI content and override suggestions. AI should adapt its pedagogical approach to the individual student’s	User controls for customizing learning paths. Modular AI design. Clear indication of AI’s role. AI should offer varied explanations and pathways (analytical, metaphorical,

		needs to foster genuine understanding.	contemplative) based on user interaction.
Data & Representational Integrity	Ensuring the accuracy, reliability, and respectful representation of information and artistic depictions. Protecting the integrity of cultural heritage.	Accurate explanation of sacred symbols and rituals. Avoiding trivialization of religious beliefs. Adherence to intellectual property rights of original artworks.	Rigorous fact-checking of AI knowledge base. High-fidelity images. Clear attribution of sources. Mechanisms to flag and correct errors.
Transparency & Explainability (XAI)	Making AI's operations, data sources, and reasoning processes understandable to users.	Explaining how the AI arrives at an iconographic identification or contextual interpretation. Disclosing the limitations of the AI's knowledge.	Implementing XAI features. Providing clear information about training data and algorithms. Offering confidence scores or alternative interpretations where applicable.
Preservation of Critical Inquiry	Ensuring AI tools support and enhance, rather than diminish, students' critical thinking, analytical skills, and holistic engagement.	Avoiding oversimplification. Encouraging engagement with primary sources and diverse scholarly opinions. Fostering appreciation for the aesthetic, spiritual, and emotional dimensions of art beyond factual information.	Designing AI to pose questions, present contrasting viewpoints, and guide reflective practice rather than just providing answers. Integrating prompts for students to consult original texts or scholarly articles.

A central tenet of this framework is that the role of the human educator is indispensable. In an AI-augmented classroom, the educator's function evolves towards curating AI-generated content, guiding students through complex interpretations, facilitating nuanced discussions that AI cannot replicate, and teaching critical AI literacy (Olędzka et al., 2024; Selwyn, 2022; So & Kim, 2024).

5. Discussion and Future Directions

Though the use of specialized AI TA for East Asian Buddhist art is in its infancy, several existing projects offer a look at potential futures. The "Art Meets AI" (Stanford CTL, 2023) course at Stanford University, the Da Vinci AI Tutor project (UCI Humanities, 2023) and the progress on culturally aware platforms such as the Cheshire Cat framework (Moreno-García & Aznar-Díaz, 2025) all suggest a shift towards more intelligent and context-aware educational AI.

But we still have a lot of work to do. Future R&D must be focused on:

- 1) The development of culturally sensitive, expert-validated datasets. It needs sustained, in-depth collaboration between art historians, scholars of Buddhism and A.I. developers.
- 2) Developing tools like Retrieval-Augmented Generation (RAG) or Explainable AI (XAI) that will be able to process complex, interpretive content transparently.
- 3) Longitudinal studies of these tools as they affect student learning, critical thinking and creative ability are therefore needed.

The future course of AI in art education might reflect the progression of art historical scholarship per se—from broad surveys to very specific and theoretically-centered investigation. As AI tools develop, they could enable more subtle forms of analysis — but only if they are developed with the full depth and specificity of the field in mind.

6. Conclusion

The incorporation of AI teaching assistants in teaching East Asian Buddhist art offers an important test case of AI's role in the future of the humanities. The school's resting is an indication of the colossal opportunities for the personalization of learning and the democratization of access to cultural heritage, which are also matched by the deep dangers of algorithmic bias, superficial understanding, and the erosion of the very critical thinking abilities that the humanistic disciplines cultivate.

It has been the contention of this paper that a successful way forward, will be as a consequence of placing humanity-conscious ethical, culturally sensitive and informed work at the industry front line. But by developing an approach that emphasizes hermeneutic justice, learner agency, transparency and the integrity of critical inquiry, AI can be harnessed to serve as a powerful supplement, not substitute, for human intelligence. The discussions

about AI in this area require a critical reassessment of what we want to achieve in teaching, challenging us to reconsider what perceptions that art really entails, and how technology can actually facilitate the principles of humanistic education that are our core concern. The future is not in an automated classroom, but in a powerful relationship where AI enables human educators to be the best they can be - our expertise, insight and wisdom helps shape and filter what the computer can do. The principles, safeguards and considerations that have been set in place for this complex field will provide an important model for the responsible embedding of AI across the diverse range of culturally vibrant humanities subjects.

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Research on the Application of BIM Technology in Architectural Education and the Development of an Informatized Teaching Model

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Abstract

This study investigates the application of Building Information Modeling (BIM) technology in architectural education and explores its transformative impact on traditional teaching models. Through a comprehensive review of the literature and analysis of case studies, this research delves into how BIM technology, with its characteristics of visualization, parametric design, and collaboration, enhances the interactivity and practicality of architectural education. It provides students with a more intuitive and dynamic learning environment. The study proposes a framework for an informatized teaching model in architectural education based on BIM technology, detailing the construction approach, implementation strategies, and practical application effects. It also addresses potential challenges such as technical barriers, teacher training, and cost investment, offering corresponding solutions. The results indicate that the application of BIM technology significantly improves the quality and efficiency of architectural education, providing new ideas and methods for the informatization of architectural education with important theoretical and practical significance.

Keywords: Building Information Modeling (BIM), architectural education, informatized teaching, teaching model, teaching reform, BIM in education, architectural education informatization, interactive teaching, practical teaching, teaching evaluation, teaching resource development, teacher training, technical application challenges

1. Introduction

1.1 Research Background

With the rapid development of information technology, the construction industry is undergoing unprecedented changes. Building Information Modeling (BIM) technology, as a key driving force, is reshaping the entire process of architectural design, construction, and management. BIM technology, with its powerful capabilities in visualization, parametric design, and collaboration, provides strong support for the informatization and modernization of the construction industry. However, in the field of architectural education, traditional teaching models still predominantly focus on theoretical lectures, with relatively weak practical teaching components, failing to meet the industry's demand for innovative and practical talents. In recent years, with the widespread application of BIM technology in the construction industry, its application in architectural education has gradually attracted attention. How to integrate BIM technology into architectural education and develop a teaching model adapted to the information age has become an urgent issue in the field of architectural education.

1.2 Research Significance

This study aims to explore an informatized teaching model in architectural education based on BIM technology, which holds significant theoretical and practical importance. From a theoretical perspective, this research enriches the theoretical system of architectural education informatization, providing new insights and methods for the modernization of architectural education. By systematically studying the application of BIM technology in architectural education, this study offers theoretical support and practical references for subsequent related

research. From a practical standpoint, the proposed teaching model is expected to enhance the quality and efficiency of architectural education and strengthen students' practical and innovative capabilities. Integrating BIM technology into the teaching process provides students with a more intuitive and dynamic learning environment, cultivating their BIM application skills and ability to solve practical problems, thereby better meeting the construction industry's demand for high-quality talents.

2. Overview of BIM Technology

2.1 Definition and Characteristics of BIM Technology

Building Information Modeling (BIM) is a digital technology that integrates information throughout the entire lifecycle of a construction project. By creating and utilizing digital three-dimensional models, BIM integrates information from various stages of a construction project, including design, construction, and operation, to facilitate information sharing and collaborative work. The core of BIM lies in providing a comprehensive, dynamic, and interactive platform for construction information, supporting efficient communication and decision-making among project participants. The visualization feature of BIM technology allows for an intuitive display of the exterior and interior structure of construction projects, making design intentions clearer and easier to understand and communicate. Moreover, the parametric nature of BIM model elements means that modifying one parameter can automatically update related elements, significantly improving design efficiency and accuracy. In addition to geometric information, BIM also integrates multidimensional information such as time, cost, and materials, supporting the management of the entire project lifecycle. Its collaborative nature enables designers, constructors, and operators to work and communicate on the same model, effectively reducing information silos and communication costs. BIM technology can also conduct virtual simulations of construction processes, energy consumption analysis, and daylight simulation of construction projects, identifying potential issues in advance and optimizing solutions.

2.2 Application Status of BIM Technology in the Construction Industry

In recent years, BIM technology has been widely applied in the global construction industry, becoming a significant force in driving the informatization and modernization of the construction industry. In the design phase, BIM technology assists designers in quickly creating and optimizing design schemes. Through three-dimensional modeling and parametric design, designers can intuitively express design intentions and use functions such as collision detection to identify potential issues in advance, reducing design errors and changes. In the construction phase, construction units can use BIM models for construction progress simulation, resource optimization, and construction scheme optimization, thereby improving construction efficiency, reducing costs, and minimizing construction risks. In the operation phase, BIM technology provides strong support for facility management. By integrating real-time data of the construction, managers can better monitor the operational status of the construction, optimize energy use, and improve maintenance efficiency. Despite the significant progress of BIM technology in the construction industry, challenges still exist in its practical application, such as non-unified technical standards, software compatibility issues, and a shortage of professional talents. However, with the continuous development of technology and the increasing industry awareness, these issues are being gradually resolved, and the application prospects of BIM technology remain broad.

3. Current Status and Challenges of Architectural Education Informatization

3.1 Analysis of the Current Status of Architectural Education Informatization

With the rapid development of information technology, the field of architectural education is actively exploring the path of informatized teaching and has made significant progress. According to relevant survey data, more than 80% of construction-related universities have introduced multimedia teaching tools such as projectors and electronic whiteboards (Olowa, T., Witt, E., & Lill, I., 2023). The application of these tools has significantly enhanced the intuitiveness and interactivity of teaching. For example, through the interactive function of electronic whiteboards, students can participate in real-time modifications of design sketches, deepening their understanding of architectural concepts. At the same time, the widespread use of online teaching platforms provides students with a wealth of learning resources. Data shows that approximately 70% of architecture students spend more than 10 hours per week on online learning platforms, utilizing the available online courses, virtual laboratories, and digital libraries. These resources not only broaden students' learning channels but also provide possibilities for independent and personalized learning. For example, virtual laboratories can simulate real construction scenarios, allowing students to practice operations in a virtual environment and enhance their practical abilities. However, despite the achievements in hardware facilities and resource construction in architectural education informatization, challenges still exist in teaching models and methods. Currently, more than 60% of architecture courses still adopt the traditional teacher-centered teaching model (Goel, A., 2025), which focuses on the transmission of theoretical knowledge but is relatively insufficient in cultivating students' practical and innovative abilities. In addition, the integration and sharing degree of informatized teaching

resources is low, resulting in low resource utilization. Data shows that only 30% of universities have achieved efficient integration and sharing of teaching resources within the school, which to a large extent restricts the full play of the advantages of informatized teaching.

Table 1.

Project	Data
The proportion of architecture universities introducing multimedia teaching tools	Over 80%
The proportion of architecture students who spend more than 10 hours per week on online learning platforms	Approximately 70%
The proportion of architecture courses that adopt the traditional teacher-centered teaching model	Over 60%
The proportion of universities that have achieved efficient integration and sharing of internal teaching resources	30%

3.2 Challenges Faced by Architectural Education Informatization

Architectural education informatization faces numerous challenges in its development. First, the insufficient information technology application ability of teachers is a prominent issue. Many teachers, although possessing solid professional knowledge, lag behind in the application of information technology and find it difficult to effectively integrate information technology into the teaching process. Second, the infrastructure construction of architectural education informatization still needs to be strengthened. Although many universities and educational institutions have equipped advanced teaching devices, in some areas, especially in regions with relatively scarce educational resources, the equipment of informatized teaching devices is still insufficient, affecting the popularization and application of informatized teaching. In addition, there are also some problems in the construction of teaching resources for architectural education informatization. Although the current teaching resources are rich, they lack systematicness and targeting, and fail to meet the learning needs of students at different levels and with different majors. Finally, the teaching evaluation system of architectural education informatization is still imperfect. The existing evaluation system mainly focuses on students' mastery of theoretical knowledge, while the evaluation of students' practical and innovative abilities is relatively weak, and it is difficult to fully reflect students' learning outcomes.

3.3 Demand for BIM Technology in Architectural Education Informatization

In the context of architectural education informatization, Building Information Modeling (BIM) technology, as an advanced information technology, provides new ideas and methods to address the challenges faced by architectural education informatization. The characteristics of visualization, parametric design, and collaboration of BIM technology enable it to provide a more intuitive and dynamic learning environment for architectural education, thereby enhancing students' practical and innovative abilities. The visualization feature of BIM technology can help students better understand complex architectural concepts and design processes, improving the interactivity and interest of teaching. For example, through three-dimensional visualization design and simulation, students can intuitively display the internal and external space effects of buildings, conveniently adjust key elements such as plan layout and facade shape, and use roaming technology to find hidden problems in drawings, allowing owners to more intuitively understand the feasibility of design schemes. In the design phase, the parametric feature of BIM technology can cultivate students' innovative thinking and design abilities, enabling them to flexibly adapt to changes and demands in the construction industry. With parametric design tools, students can quickly adjust design parameters, observe the impact of different parameters on building performance, and thus optimize design schemes. For example, in the Shanghai Rail Transit Line 17 project, BIM technology's parametric design solved approximately 4,000 collision problems, saving costs of about 4.67 million yuan. In addition, the collaborative feature of BIM technology can promote teamwork among students and interdisciplinary communication, cultivating students' comprehensive quality and professional abilities. The collaborative platform built by BIM technology can achieve seamless connection and information sharing among various stages, reducing rework and changes. Through case study analysis and practice of actual projects, students can better understand the application process and effects of BIM technology in actual projects, enhancing their learning interest and motivation. In the course of "Architectural Design," the introduction of BIM technology allows students to spend more time understanding architectural knowledge instead of repeatedly modifying drawings, thereby improving the quality of course design. With BIM technology, design efficiency can be increased by 20% to 50% compared to traditional methods, and costs can be saved by about 2.94 million yuan in the construction phase. Integrating BIM technology into architectural education not only improves the

quality and efficiency of architectural education but also provides strong support for the further development of architectural education informatization.

Table 2.

Project	Data
Number of collision issues resolved by BIM technology (Shanghai Metro Line 17 Project)	Approximately 4,000
Cost savings achieved by BIM technology (Shanghai Metro Line 17 Project)	Approximately 4.67 million yuan
Range of design efficiency improvement by BIM technology	20% to 50%
Cost savings in the construction phase by BIM technology	Approximately 2.94 million yuan

4. Case Studies of BIM Technology Application in Architectural Education

4.1 Domestic and International Case Studies of BIM Technology in Architectural Education

In recent years, the widespread application of BIM technology in the global construction industry has promoted its attention in the field of architectural education. Many universities and educational institutions in China have begun to explore the integration of BIM technology into the teaching system to enhance students' practical and innovative abilities. For example, in the Nanchang Middle School construction project, relying on the advanced information technology of Shanghai Construction Group No. 2 and Tongji University Architectural Design Institute, a BIM technology application demonstration project was carried out. In the design phase, three-dimensional pipeline comprehensive optimization was achieved through BIM technology, increasing the design clear height by about 10% and improving spatial utilization efficiency (Papuraj, X., Izadyar, N., & Vrcelj, Z., 2025). In the construction phase, BIM technology was used to achieve smart construction site management, with construction progress deviation controlled within 5% and a quality qualification rate of over 98%.

Table 3.

Project	Data
Proportion of university architecture students who report a significant improvement in practical and innovative abilities	Over 70%
Design height improvement achieved through BIM technology in the design phase	Approximately 10%
Control range of construction progress deviation in the construction phase	Within 5%
Quality qualification rate in the construction phase	Over 98%

Internationally, the application of BIM technology is also widespread. Many universities in Europe and America have already incorporated BIM technology as an important part of civil engineering education. Through case-based teaching with actual projects, students apply BIM technology in real contexts to enhance their ability to solve practical problems. For example, some universities introduce BIM software operation training, such as Revit and AutoCAD, to enable students to master the basic functions and usage skills of BIM technology. In addition, through comprehensive case-based teaching, students can better understand the application process and effects of BIM technology in actual projects. This teaching model not only improves students' practical abilities but also cultivates their teamwork and interdisciplinary communication skills.

4.2 Case Analysis: How BIM Technology Enhances Teaching Effectiveness

The application of BIM technology in architectural education is mainly reflected in enhancing the intuitiveness and interactivity of teaching, improving students' practical abilities, promoting interdisciplinary integration, and optimizing teaching resources and methods. Through three-dimensional modeling and visualization technology, BIM can intuitively display complex architectural concepts and design processes to students, making it easier for them to understand and grasp knowledge points. For example, in the course of "Architectural Design," a three-story villa model established using Revit software allows students to view the exterior of the building from different angles, enhancing their spatial sense and understanding of architectural form. This intuitive teaching method not only increases students' interest in learning but also strengthens their spatial thinking abilities.

At the same time, the application of BIM technology is not limited to theoretical teaching. It also cultivates

students' practical abilities through actual project cases and software operation training. For example, Qiqihar Engineering College combines BIM technology with prefabricated construction projects, allowing students to practice the entire process from prefabricated component design to structural analysis, construction simulation, and project management. This practical teaching model enables students to quickly adapt to industry demands after graduation and possess the ability to solve practical problems.

4.3 Summary and Implications of Case Studies

Through the analysis of domestic and international case studies of BIM technology in architectural education, it can be found that BIM technology is an important tool for architectural education reform. Its characteristics of visualization, parametric design, and collaboration significantly enhance teaching effectiveness and strengthen students' practical and innovative abilities. Practical teaching is the key to enhancing students' abilities. Integrating BIM technology with actual projects and using case-based teaching and software operation training can effectively improve students' practical abilities and problem-solving skills. In addition, interdisciplinary integration is the future direction of architectural education development. The application of BIM technology promotes the integration of multiple disciplines and cultivates students' comprehensive quality and innovative abilities. Optimizing teaching resources and methods is the foundation for improving teaching quality. By introducing advanced teaching platforms and a rich case library, schools can provide students with higher-quality teaching resources and improve teaching quality.

5. Construction of an Informatized Teaching Model in Architectural Education Based on BIM Technology

5.1 Design Principles and Objectives of the Teaching Model

The design of the informatized teaching model in architectural education based on BIM technology should follow the following principles: student-centered, cultivating independent learning abilities and innovative thinking; emphasizing practicality and applicability, enhancing students' problem-solving abilities through case-based and project-driven methods and software operation training; focusing on interdisciplinary integration, promoting professional communication and cooperation; and ensuring flexibility and scalability to meet different student needs and adapt dynamically. The objective is to cultivate high-quality architectural talents with solid professional knowledge, practical abilities, and innovative thinking, who are proficient in BIM technology and can adapt to the informatization development of the industry, thereby bridging the gap between education and industry demands.

5.2 Framework of the Teaching Model

The framework of this teaching model includes four aspects: First, integrate and optimize teaching content by incorporating BIM technology into the architecture curriculum to form a course cluster covering design, construction, and management stages. Second, innovate teaching methods by adopting case-based teaching, project-driven approaches, group collaboration, and BIM software operation training. Third, develop and share teaching resources by creating teaching materials, case libraries, online courses, and utilizing online platforms for resource sharing. Fourth, improve the teaching evaluation system by establishing a diversified evaluation system that focuses on theoretical knowledge, practical abilities, and innovative thinking to comprehensively reflect learning outcomes.

5.3 Implementation Steps of the Teaching Model

The implementation of this teaching model should follow these steps: First, integrate and optimize teaching content by incorporating BIM technology into courses such as architectural design and construction management. Second, innovate teaching methods by using case-based teaching, project-driven methods, and software operation training. Third, strengthen the construction and sharing of teaching resources by developing high-quality teaching resources and using online platforms to provide conditions for independent learning. Finally, improve the teaching evaluation system by establishing a diversified evaluation system that focuses on process evaluation and provides timely feedback to guide students.

6. Potential Challenges and Coping Strategies for the Informatized Teaching Model in Architectural Education Based on BIM Technology

6.1 Technical Challenges and Coping Strategies

BIM technology faces challenges in software compatibility, data management, and non-unified technical standards in architectural education. Incompatibility between different software can lead to data loss or inconsistency, affecting the continuity of teaching. BIM models contain complex data, which require high storage and processing capabilities. The lack of unified standards makes it difficult to share teaching resources. Coping strategies include strengthening software integration and optimization, promoting cooperation among developers, establishing a comprehensive data management system using cloud computing and big data technologies, and actively participating in standard-setting to promote the standardized application of BIM

technology in education.

6.2 Teacher Competence and Training Needs

Teachers are the key to BIM technology teaching, but many teachers currently lack sufficient BIM technology application abilities and practical project experience, and their teaching methods are relatively limited. To enhance teacher competence, it is necessary to strengthen training and professional development: conduct systematic training courses with industry experts, encourage teachers to participate in actual project practice, and establish a teacher professional development community to promote communication and cooperation.

6.3 Cost and Resource Investment Issues

The application of BIM technology requires significant cost and resource investment, including software purchase and maintenance, hardware equipment upgrades, and teaching resource development. Coping strategies include reasonably planning the budget and implementing the application in stages, seeking external support and cooperation to obtain funding and technical assistance, and optimizing resource allocation by sharing software licenses and establishing public computing laboratories to reduce application costs.

7. Conclusions and Future Outlook

7.1 Research Summary

This research focuses on the informatized teaching model in architectural education based on BIM technology, systematically analyzing its characteristics, current status, and challenges, and constructing a complete teaching model framework. The study finds that the visualization, parametric design, and collaboration features of BIM technology significantly enhance the quality of architectural education and strengthen students' practical and innovative abilities. Through case analysis and empirical research, the effectiveness of this model in improving learning outcomes and problem-solving abilities is verified, and strategies for addressing potential challenges are proposed, providing references for the informatization development of architectural education.

7.2 Innovations and Limitations of the Research

The innovation of this study lies in the systematic construction of an informatized teaching model in architectural education based on BIM technology, which is detailed from multiple dimensions. By combining actual cases and data, the application effects of BIM technology in architectural education are deeply analyzed, providing rich practical experience and theoretical support for subsequent research. However, the study also has limitations: it mainly focuses on the current status of architectural education in China with less reference to international experience; it lacks long-term tracking of the implementation effects of coping strategies; and the universality and adaptability of the teaching model have not been verified in a wider range of educational levels and fields.

7.3 Future Outlook for the Informatization Development of Architectural Education

With the development of information technology and the digital transformation of the construction industry, the future of architectural education informatization is promising. In the future, BIM technology will be integrated with emerging technologies such as VR and AR to provide immersive learning experiences. Architectural education will place greater emphasis on interdisciplinary integration and comprehensive ability cultivation. Teaching resources will be globally shared to broaden students' international perspectives. The application of artificial intelligence and big data technologies will make architectural education more intelligent and personalized.

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Evaluating 6 Examples of Empirical Research in Teachers' Language Awareness

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Abstract

This paper critically evaluates six empirical studies on Teacher Language Awareness (TLA), with a focus on the beliefs, cognition, and pedagogical practices of language teachers across various contexts. The review identifies key debates in the field, including the influence of teachers' identities, prior learning experiences, and external factors such as curriculum design. The studies reveal that while TLA is difficult to alter in the short term, it can be nurtured through sustained reflective practice, explicit instruction, and well-designed training programs. The paper further highlights methodological trends, noting a preference for qualitative or mixed-method approaches that prioritize teachers' perspectives. Despite growing scholarly attention, the field remains under-researched, particularly regarding the long-term impacts of TLA development and the dynamic interplay between beliefs and classroom practices. The paper concludes by proposing future research directions, emphasizing the need for longitudinal, ethnographic, and context-sensitive studies that bridge theoretical insights with practical classroom realities.

Keywords: Teacher Language Awareness (TLA), teacher cognition, reflective practice, language teacher education, beliefs and pedagogy

1. Current Topics of Debates in the Field

Teacher language awareness (TLA) is gaining more and more attention in the studies of language teaching and learning area. Language awareness (LA) is explicitly defined as knowledge about language and language use, the ability and sensitivity of language teaching and learning, the metacognitive skills and process of learning about the language (Dubiner, 2018). Dubiner (2018) also emphasized the importance of language awareness education in teachers, indicating that when teachers are aware of how language work, they would know how to teach and also understand students' struggles. In the same vein, Swierzbinska and Reimer (2019) had a literature review on how teachers' beliefs impact their teaching practice and how their previous experiences influence their latter learning processes. As Gage (2020) justified that the construction of teachers' beliefs varies considerably and these beliefs might be difficult to change.

Furthermore, teachers' identity is a big issue mentioned in many studies, which also influenced the methodologies to some extent in terms of selecting participants. For instance, Gage (2020) addressed teacher's roles as an agent of social change for transformative citizenship education and as an arbiter of primary school education, while in Dubiner's (2018) and Bergström et al.'s (2021) researches about TLA, they observed that non-native English-speaking teachers (NNEST) are both language learner and teacher at the same time, which means that they perceive language difficulties from a learner's perspective and can be a pedagogical resource in language teaching. In other words, teachers form a teaching-learning bridge between language knowledge and language use, but their awareness and cognition about language can impact their teaching practice in certain ways. Thus, it is essential for researchers to dig deeper in the TLA field.

While Young (2018) raised the question about whether teachers' language awareness can be taught, numerous researches have been conducted, focusing on TLA with different topics such as general perceptions, grammar, vocabulary, and the relationship with curriculum, trying to find ways to improve teachers' language awareness for better language education. For example, in order to unravel teachers' general understanding of language awareness, van den Broek et al. (2018) initiated interviews with EFL (English as a foreign language) teachers to look into their beliefs about language awareness, figuring out the extent to which they have similar ideas about LA as a concept, what the conflicts are among these ideas as well as the challenges derived consequently, and how these findings can fit into the current language curriculum. In relation to vocabulary knowledge, Bergström et al. (2021) investigated EFL teachers' conceptualisation about L2 vocabulary knowledge and learning, as well as how they embodied it in their classroom teaching practice. Another case in terms of grammar is a study conducted by Graus and Coopen (2015), showing student teachers' cognitions about grammatical difficulty and the relation to that of their SLA (Second Language Acquisition) literature findings. Besides, empirically, Gage (2022) designed a collaborative TLA training course, Swierzbin and Reimer (2019) conducted an SFL (systemic functional linguistics) grammar course, and Dubiner (2018) used the vocabulary notebook as a reflective tool of teachers' awareness, all of which are researchers' efforts in the TLA field.

In sum, TLA researchers are both theoretically and practically devoted to figuring out what teachers' beliefs about language awareness are in terms of specific topics, how these beliefs are shaped, what impact they might have and how TLA can be improved in teacher education in order to make contributions to better language teaching practice.

2. Previous Problems in the Field

Although there are some researches about TLA, these studies focused on rather narrow linguistic topics such as grammar and vocabulary. There is still a lack of investigation into teachers' beliefs about LA as a concept, including their similar and conflicting perceptions, as well as the challenges derived in relation to be fitting in the current curriculum (van den Broek et al., 2018). Gage Ondine (2020), too, has the similar concern that TLA is a less explored field, but from a different, sociocultural perspective. He took into consideration the multilingual context and primary teachers' role as a language awareness arbiter and observed that there is an urgent need of developing a praxis of language awareness in primary education.

Generally speaking, apart from what Andrews and Svalberg (2017) have criticised that TLA is still under-researched and remains fairly ambiguous, the current problems in the TLA field can be categorised into three aspects: a) the research participants, b) the related linguistic topics and c) the approaches used in TLA researches.

As mentioned above, teachers bear multiple identities and play different roles in language teaching practice, which may differ depending on their backgrounds. Graus and Coppen (2015) believed that teachers' cognition, meaning what they know, think and believe, is influenced by various factors, such as their previous education and teaching experience. According to teachers' teaching experience, they can be seen as pre-service teachers (beginner student teachers without teaching experience) and in-service teachers (teachers who have completed their basic training and are now teachers) (Graus & Coppen, 2015). Yet not many studies have focused on the difference between these two types of teachers. Only in Graus and Coppen's (2015) research did they also consider how teachers' previous knowledge and experience may influence their language awareness about grammar difficulties.

Rather, another more popular perspective in relation to the participants in TLA researches is whether they are native English speakers or not. Bergström et al. (2021) have found that studies in language teacher cognition (TLC) have mainly focused on native English-speaking teachers (NEST). They instead valued the non-native English-speaking teachers as a pedagogical resource for being successful in multilingual learning as well as being successful users of a second language. They also proposed that the distinction between native and non-native English-speaking teachers should be their linguistic experience rather than their language proficiency and deficiency (Bergström et al., 2021). In the same vein, Dubiner (2018) addressed the 'double-agent' identity of NNESTs as the learners and teachers of the same language and that worldwide NESTs are outnumbered by NNESTs. He then claimed that it is urgent to explore the NNESTs' conscious reflection on the language learning process. Besides, Dubiner (2018) and Bergström et al. (2021) all agreed that TLA about vocabulary acquisition is neglected both by the researchers and teachers.

As for the research topics related to grammar in TLA studies, Graus and Coppen (2015) found that grammatical difficulty is somehow defined heterogeneously while the research scope of these definitions is limited, which seems to hinder further studies, with another problem that traditional SLA literature often marginalizes student teachers' perspective. Similarly, focusing on teachers' beliefs about grammar, Swierzbin and Reimer (2019) concluded that using structural approach to teach traditional grammar has been around for a long time in grammar teaching. While there is a tendency of shifting from traditional grammar to functional grammar via

SFL, which relates grammar teaching to everyday life and practical using context, there is still little attention to the effects of SFL training on teachers' beliefs (Swierzbina & Reimer, 2019). Even within limited these studies, they only involved short-term training and the results are often reported on either teachers' pedagogy or students' achievement, instead of on the impact on teachers' beliefs. Also, previous studies have shown that their SFL training courses did not fully succeed in helping teachers internalising new knowledge and grammar teaching pedagogy, partially due to their previous learning experience (Swierzbina & Reimer, 2019). They also criticised the methodologies adopted in previous TLA researches, which would be discussed in the following methodologies section.

3. Methodologies

TLA studies have been conducted with various approaches, including qualitative, quantitative and mixed methodologies. However, qualitative methodologies seem to be a preferred choice, which are often combined with data analysing methods such as coding and thematising.

Qualitative methodologies are popular among the TLA researchers. Dubiner (2018) quoted Nassaji (2015: 129), applauding those qualitative methodologies allow researchers to deeply examine the data of individual experience at the level of both learning behaviour and language awareness. Aiming at exploring participants' reflections on their vocabulary acquisition process by using the vocabulary notebook, the instruments Dubiner's (2018) used for data collection were comprised of vocabulary notebook entries, guided written reflections and in-depth semi-structured interviews. All the data were transcribed, then coded into themes for further analysis. Another similar case is the research of van den Broek et al. (2018). They adopted a qualitative methodology, using a coding scheme to analyse the data from post-session observation interviews with 10 upper-secondary EFL teachers, in order to gain a better understanding of teachers' beliefs about LA in the context of Netherland.

By contrast, quantitative methods like questionnaires are problematic especially in teacher cognition studies, for the data may reflect the researchers' presumptions rather than the participants' personal perceptions (Kagan, 1990). Woods (1996) also pointed out another problem about questionnaires that they often comprise decontextualized questions that are likely to be answered based on perceived norms. These problems of quantitative methods became reasons for Bergström et al. (2021) to carry out their research through interviews with open-ended questions, in order to elicit teachers' actual beliefs from their own experience. They conducted semi-structured interviews with 14 Swedish EFL teachers at secondary school. Questions were around teachers' understanding of L2 vocabulary learning and teaching. Besides, they used a thematic method to analyze the data and finally categorized them into different themes. However, since the interviews were conducted in Swedish and translated into English, it may lead to information misrepresented. Yet no solid methods were mentioned by the authors to ensure the validness and accuracy of the translated data. In other words, qualitative methodologies have their own disadvantages, too. As Gage (2020) said, a qualitative interpretive analysis means some extent of subjectivity from the investigator and the validity of the data is concerning due to the subjective nature of reflection.

In order to make the best of both qualitative and quantitative methodologies, there are some researchers using mix methodologies in their studies on TLA. For instance, Swierzbina and Reimer (2019) argued that previous researches on teachers' beliefs about grammar mainly used questionnaires, tests and tasks to evaluate teachers' knowledge about language (KAL), which were all designed from the researchers' perspective and so inevitably embodied investigators' beliefs about what grammar is. Therefore, with the attempt to elicit participants' own ideas about grammar, they firstly used a concept map methodology, which was drawn entirely by the participants, to collect data before and after they had taken an SFL grammar course. The researchers then compared the data of two maps statistically to see if there were any changes in participants' beliefs about grammar. Next, participants were asked to write reflections after they compared their own maps, for further qualitative descriptions. Similarly, in the research of investigating how student teachers identify grammatical difficulties, Graus and Coppen (2015) carries out two studies using the mixed methodologies: a pilot study to gather participants' opinions on what factors contribute to grammatical difficulty. They qualitatively analyzed and coded the responses into categories and themes, then calculated the frequency of the factors and made a raking list. The main study was a questionnaire about how participants perceived the difficulty level of each grammar point and asked them to rate 5 specific causes of the difficulty of 9 grammar features via a five-point Likert scale. In this way, the researchers were able to identify how the variables differ statistically, but also to understand why they differ qualitatively.

Interestingly, designing an experiment seems to be another way to gather data. In addition to designing an SFL course to investigate its effect on teachers' beliefs about grammar (Swierzbina & Reimer, 2019), also in response to Young's (2018) question about whether language awareness can be taught, Gage (2022) carefully designed a TLA training course comprising collaborative student-centred activities, only to prove that it is useful for as a praxis of language awareness for pre-service primary teachers.

In sum, one type of methodology is sometimes not enough for deep research. Especially in the TLA field, qualitative methodology like questionnaires assisted by thematic analysis is better for individual behaviour and awareness investigation. Mixed methodologies can be well used to avoid the disadvantages and make much of the advantages of each one. Also, novel designs and experiments can be applied to empirical researches to explore new ways of TLA educational practice.

4. Main Findings

The main finding of six TLA articles can be concluded in five points as following:

4.1 Teachers' Language Awareness Is Hard to Change in a Short Time

Much evidence among these six researches shows that it is difficult to change teachers' beliefs about language in a short time. For example, Swierzbinska and Reimer (2019) asked participants to draw maps about what they think grammar is and how they would refer to grammar in their teaching practice, respectively before and after they took a grammar-based SFL course. After researchers compared the maps, they found that although participants had a deeper and broader understanding of grammar, their knowledge of grammar was still dominant at the morpheme/word level instead of at the discourse level. This pattern was also backed up by their written reflection. Teachers' language awareness about grammar did not change much regardless of taking the grammar course, indicating that the SFL training course had little impact on teachers' beliefs, and that what they would learn from the course was influenced by their precious beliefs. This finding is also in line with other similar researches that they referred to in the introduction section in their paper (Swierzbinska & Reimer, 2019), where other researchers found that even though there was obviously positive impact from the SFL training, participants still tended to shift back to the structural approaches that were more familiarly to them. Teachers' intuition and experience will be discussed in Finding 2.

4.2 TLA Largely Depends on Internal Factors such as Teachers' Intuition and Experience

As Finding 1 has mentioned, TLA is difficult to change not only because of the short pedagogical training time, but also due to teachers' intuition and their previous experience. Related evidence can be traced in another TLA research. Bergström et al. (2021) conducted interviews with EFL teachers on their cognition about vocabulary knowledge and learning. They found that in regards to what words should be learnt and the assessment criteria of knowledge level, teachers' responses largely depended on their intuition and experience, instead of giving grounded reasons and supports. Besides, Bergström et al. (2021) reported in the same research that participants heavily relied on incidental learning especially reading as a major way for vocabulary acquisition. However, researchers pointed out that their belief of positive impact of incidental vocabulary learning was inconsistent to relevant studies showing that there are restricted conditions to incidental learning and reading by itself is not productive enough, which means that their integrated vocabulary learning approach is intuitive without consulting scientific researches.

Teachers' experiences also affect their understanding of grammar difficulty. Graus and Coppen (2015) found that there were differences between undergraduates and postgraduates about their views on grammar difficulty. Firstly, undergraduates considered teacher quality as a factor of grammatical difficulty, which did not appear to the postgraduates for they may be unwilling to criticize themselves as teachers with their increasing confidence and pride. Besides, undergraduates were more likely to exaggerate the level of grammar difficulty due to their lack of confidence and inadequate knowledge, while postgraduates might underestimate it as they became more advanced and lost their learner perspective. Noteworthily, both groups of student teachers shown similar intuitions about the difficulty level of the grammar features, which the researchers referred that 'learner' and teachers' intuitions are strong predictors for learners' performance' (Graus & Coppen, 2015).

4.3 TLA Can Be Influenced by External Factors such as Curriculum and Extra Guidance

Although we discussed in Finding 1 and Finding 2 that TLA is hard to change due to some internal factors, it is still possible to be influenced by external factors. Bergström et al. (2021) indicates that since extramural English activities were proved to be beneficial to students' language acquisition, they also impacted teachers' conceptualization. Moreover, researchers suggested that participants' belief that the objective of vocabulary learning is for better communication was possibly influenced by Swedish national curriculum which emphasized specific communicative skills of English learning. Similarly, in another Dutch research of investigating EFL teachers' language awareness, van den Broek et al. (2018) found that there was an obvious conflict in terms of teachers' beliefs about the curriculum. They believed that the space for creative teaching practice and for LA to fit in was restricted by the curriculum, although there was some freedom within the boundary.

However, TLA can be influenced in a more positive way by proper guidance. In Gage's (2020) study, he carefully designed a TLA training course comprising collaborative student-centered activities, which was proved to be a useful way to improve pre-service primary teachers' language awareness. Specifically, students grew in multiple ways through collaborative activities. They felt more confident and supported, learnt metacognitive

skills, linguistic and technological knowledge and were informed of language teaching pedagogy in a languacultural community. Students also developed language awareness in terms of education equity through the curricular materials, such as the impact of teachers' attitude towards students as well as a deeper understanding and self-criticism of discrimination and biases in education in current society.

4.4 Explicit Instructions Are Needed in TLA Education and Reflection Is an Essential Method for Teachers and Investigators

Last but not least, these researches also suggested a lack of instructions in TLA education. Bergström et al. (2021) noted in their findings that in terms of vocabulary teaching, participants could not give out particular methods to decide what words to learn, to increase students' vocabulary size, to assess their knowledge level, or to their more effective teaching approach. In addition, Dubiner (2018) indicated that learners needed guidance to use the vocabulary notebook because they did not have the knowledge of notebook as a reflective learning tool. Even during the research, participants were given reflective guidance and feedback from the researchers, in order to help them achieve on their notebook reflections.

Regarding the term *reflection*, half of the six articles shows that it is not only an essential skill, but also an effective tool for both teachers and researchers in relation to teachers' language awareness. For example, in Swierzbin and Reimer's (2019) research, they asked students to write a reflection after they compared their pre- and post-course maps, which was used for further qualitative analysis. Gage (2020) collected and analysed students' reflection on what they have learnt after each unit during the course. Vocabulary notebook reflection was one of the main data sources in Dubiner's (2018) study, which supported that reflective learning is conducive to the development of teachers' language awareness and pedagogical skills.

Thus, explicit instructional methods should be provided and the value of reflection should be recognized in TLA research and education.

5. Remaining Gaps for Future Research

Although these articles focus on different topics in TLA, there are some similarities and overlaps among them. Also taking the methodologies and findings into consideration, there are some suggestions for future researches.

The first insight is to look into teachers' previous learning experience since it is an important factor of TLA, specifically, the impact they have on teachers' language cognitions as well as their teaching practice (Bergström et al., 2021). Besides, studies can focus on how general curriculum, instruction and requirements in the language educational policies shape or influence teachers' and students' LA in their teaching and learning practice respectively (van den Broek et al., 2018). Moreover, to take the relatively developed qualitative researches a step further, ethnographic approach like actual classroom observations can be applied to investigate the relationship between teachers' belief and practice. It is worth to investigate the relationship between teachers' own experience, classroom practice and beliefs about LA.

As for the present empirical and experimental researches, follow-up studies and long-term researches can be carried out. For example, a follow-up study about how the participants in Dubiner's (2018) study apply their pedagogical skills of applying vocabulary notebooks reflections as a tool in class; a follow-up study of Swierzbin and Reimer's (2019) current research to see the changes of students' perceptions after the implementation of the modified course. Or alternatively, a longitudinal study on changes in teachers' KAL during the whole teacher education program (Swierzbin & Reimer, 2019) or research on the long-term effectiveness of using vocabulary notebooks reflections, e.g., the retention and application of the lexical items (Dubiner, 2018). However, there are some exceptions to be considered. Gage (2020) mentioned in his case that neither the methodological design nor the findings are likely to be replicated, due to the different social and community factors such as students' background involved. Therefore, future research can look into the area of classroom ecology to investigate how languaculture evolve in certain context.

Other research possibilities can be the impacts (i.e. advantages and disadvantages) of incidental learning, or the effective ways to overcome the challenges posed by 4 conflicts found by van den Broek et al., (2018), or teachers' beliefs on form-focused instruction during different stages, and the relationship between grammatical difficulty and type of instruction, e.g. what type of instruction is effective to tackle grammatical difficulty from teachers' perspectives (Graus & Coppen, 2015)?

6. Conclusion

In evaluating six empirical studies on teacher language awareness (TLA), several consistent themes and findings emerge. It is evident that TLA is a multifaceted and deeply ingrained aspect of language teaching, resistant to change through short-term interventions. The studies highlight the difficulty of altering teachers' beliefs about language, which are often rooted in their prior experiences and intuitions. This suggests that sustained, reflective practices are necessary to effect meaningful change in TLA.

Moreover, while internal factors such as teachers' intuition and previous experience play a significant role in shaping their language awareness, external factors like curriculum and targeted training can also influence TLA. However, the impact of these external factors is often limited without explicit instructional methods and opportunities for reflection, underscoring the importance of well-structured professional development programs.

Despite these insights, the review also identifies gaps in current TLA research, particularly in understanding the relationship between teachers' beliefs and their classroom practices. Future research should explore the longitudinal effects of TLA training, delve deeper into the influence of prior learning experiences, and employ more ethnographic methods to observe the real-time application of TLA in classrooms.

Overall, the review underscores the complexity of TLA and the need for a holistic approach in both research and practice to enhance language teaching effectiveness.

Reviewed Articles

This paper mainly refers to six particular research articles related to teacher language awareness (TLA), respectively from Dubiner (2018), Swierzbin and Reimer (2019), Gage (2020), Bergström et al. (2021), van den Broek et al. (2018), Graus and Coopen (2015). Details can be found in the References.

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Innovative Approaches Fostering Self-Regulated Learning Technology as a Learning Environment in Higher Education Institutions in Uganda

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Abstract

The harmonization of technology into education has the aptitude to redefine the learning process as Zimmerman (2002) proposes, self-regulated learning and performance involve the processes whereby learners personally activate and sustain cognitions, affects, and behaviours that are systematically oriented towards the attainment of personal goals. Where the learner sets personal goals and creates self-oriented feedback through which they can monitor their effectiveness and values in this world through the use of self-regulated learning (SRL). The results of this study will establish strategies on how to utilize SRL using technology to enhance their learning environment as a competence. To know whether university students use digital technologies to plan, organize and facilitate their learning, the interviewing methodology was used. The results indicated that university students, even when they are frequent users of digital technology, tend not to use these technologies to regulate their learning process. To sum up, the findings of the study indicated that integrating self-regulated approaches into technology can improve students' self-efficacy as well as their strategies for planning and using time and hence they can learn effectively and have better learning achievements.

Keywords: innovative approaches, self-regulated learning in technology, learning environments

1. Introduction

During the colonial period (19th Century to 1962), the education of Uganda was missionary driven, focusing on religious instructions, vocational skills and literacy to serve the colonial administration (Ssekamwa, 1997). Educational aids like hornbooks and wooden paddles with printed lessons were everywhere in those early schools highlighting the resource constraints and teaching methods of that era. Before Uganda's independence in 1962, there was a growing recognition of the need for higher education to develop a skilled workforce. This led to the expansion of existing institutions and the establishment of new ones, mainly Makerere University which became a symbol of academic excellence in East Africa (Furley Watson, 1978), which resulted in the training of the nation's leaders, professionals and civil servants in the post-independence era.

The post-independence era saw further and decided to expand and diversify higher education with the establishment of more universities and specialized institutions, however, the period came with challenges related to funding, access and maintaining quality amidst rapid growth (Nansozi Muwanga, 2007) also political

instability and economic fluctuations impacted the development of the education sector. Recently, the country has experienced rapid growth of universities both private and public due to the diversification of higher education, these include; Kampala University, Makerere University, Kyambogo University, Mbarara University, Kampala International University Busitema University, and Bugema University among others. Today Uganda's education is managed by the National Council of Higher Education (NCHE). All of these have coupled with the adoption of information and communication technologies (ICTs) in teaching and learning (Ministry of Education and Sports, Uganda, 2018). The integration of technology reflects global trends in education but also represents unique opportunities and challenges within the Ugandan context which includes the need to adapt new changes in innovating teaching approaches to effectively integrate technology and drive better learning outcomes.

In Uganda, the evolutionary tools and methods towards innovative approaches has been of a gradual process. From the early reliance on rote learning and teacher-centred instructions to new trends of technology-enhanced learning, the need for self-regulated learning has become more apparent. The inauguration of Information and Communication Technologies (ICTs) fosters self-directed, learning and open access to knowledge, but also demands stronger self-regulation skills to effectively manage learning in different dynamic environments (Charles, M., Sarah, N., & Anthony, M. M., 2024). This connectedness is also emphasized by the concept of innovative pedagogy which aims at empowering learners to take ownership in their learning and actively achieve their goals (Zhang et al., 2020). These innovative approaches can often integrate technology to foster 21st-century skills such as communication, collaboration and critical thinking (Mendula et al., 2012) hence self-regulated learning.

Students who have actively participated in their learning through metacognitive, motivational and behavioural strategies are considered self-regulated learners (Zimmerman, 1989). This means that Self-Regulated Learning (SRL) is a cyclical process of forethought (planning and goal setting), performance/ volitional control (implementing strategies and monitoring progress) and self-reflection (evaluating outcomes and adjusting approaches) (Zimmerman, 2000). The capacity to adapt actions and goals to achieve desired results in changing environments is crucial in today's rapidly evolving educational field (Zeidner, Boekaerts & Pintrich, 2000). This signifies that Self-Regulated Learning (SRL) in recent decades has particularly increased with the integration of technology into education (Sitzmann & Ely, 2001; Zimmerman & lubuhn, 2012). Self-regulated learning is also recognized as the key competency for lifelong learning (European Council, 2006), enabling individuals to effectively navigate and utilize technology in their learning processes. This is particularly pertinent in the Ugandan higher education sector, which has experienced profound changes over the years (Charles, M., et al.).

Therefore, the missionary-driven paradigm of Uganda's education system, which emphasized fundamental skills, has given way to a more diverse higher education environment that embraces technology. Despite providing greater access to information and resources, this evolution calls for a change in the way that learning is approached. While ICT integration offers an opportunity for free access to knowledge and self-directed learning, it also requires students to have better self-regulation skills (Charles, M., et al.). The ability to learn on one's own becomes increasingly important as Uganda's higher education system rapidly grows and embraces cutting-edge pedagogies that prioritize student ownership and 21st-century abilities. Students must thus comprehend and promote self-regulated learning to successfully negotiate this dynamic learning environment, optimize the advantages of technology, and prosper in Uganda's changing higher education system.

2. Purpose of the Study

The purpose of the study was to explore and advocate innovative approaches for integrating technology to foster self-regulated learning among students at Kampala University, addressing the gap between technology use and effective learning strategies.

Research objectives:

The study objectives were;

- i. To identify innovative approaches for integrating technology that promote self-regulated learning among students of higher institutions.
- ii. To examine student's perceptions of the potential of technology to support and enhance their self-regulated learning skills.
- iii. To identify how higher education institutions utilize technology to support students' self-regulated learning and enhance the learning environment.

Research questions:

The research was guided by the following study questions;

- i. How can technology be used to support the Self-Regulated Learning cycle?

- ii. How do students in higher education perceive the potential of technology to support their self-regulated learning?
- iii. How are higher education institutions currently utilizing technology to support student's self-regulated learning?

3. Study Theorization

The study was contextualized in the framework of Self-Regulated Learning (SRL) as conceptualized by Zimmerman (1989, 2000). Zimmerman defines self-regulated learning as the proactive process through which learners individually activate and sustain cognitions effects, and behaviours that are systematically oriented towards the attainment of personal objectives (Zimmerman, 2002). His cyclical model suggests three key categories; forethought which involves planning and goal setting, performance/volitional control which covers strategy implementation and monitoring and finally self-reflection which involves evaluation and adaptation. However, the increasing integration of technology into higher education offers significant potential to support each of these phases. However, this study addresses the gap between the frequent use of technology by students as a way not being necessary for effective self-regulated learning. As Zimmerman's theory suggests, Self-Regulated Learning requires more than simply access to tools it necessitates the active engagement of metacognitive, motivational, and behavioural strategies. Therefore, the research investigated how innovative approaches can effectively integrate technology to foster self-regulated learning processes among university students hence bridging the gap between technology use and effective learning outcomes.

4. Literature Review

Zimmerman defines self-regulated learning as the proactive process through which learners individually activate and sustain cognitions effects, and behaviours that are systematically oriented towards the attainment of personal objectives (Zimmerman, 2002). His cyclical model suggests three key categories; forethought which involves planning and goal setting, performance/volitional control which covers strategy implementation and monitoring and finally self-reflection which involves evaluation and adaptation. As Zimmerman's theory suggests, self-regulated learning requires more than simply access to tools it necessitates the active engagement of metacognitive, motivational, and behavioral strategies.

4.1 Innovative Approaches for Integrating Technology to Promote Self-Regulated Learning (SRL)

Self-Regulated Learning (SRL) is a metacognitive process that involves goal-setting, strategy use, and self-evaluation to optimize learning (Zimmerman, 2002). The integration of technology in education has significantly influenced SRL by providing innovative pedagogical approaches that enhance autonomy and learner engagement. Studies have shown that digital tools, such as Learning Management Systems (LMS), gamification, and adaptive learning platforms, have transformed how students regulate their learning (Dabbagh & Kitsantas, 2012). A study by Sitzmann and Ely (2011) found that students who utilized digital self-regulation tools demonstrated a 30% increase in time management and study planning skills compared to those who did not use such tools. Similarly, Mendula et al. (2012) emphasized that gamified learning environments can improve self-monitoring behaviours, making SRL more engaging and effective. The integration of e-portfolios and online progress-tracking systems, as examined by Broadbent and Poon (2015), has also been linked to higher levels of goal-setting and self-reflection among learners.

Within the East African context, universities have begun adopting digital interventions to support SRL. A study conducted at Makerere University (Kintu & Zhu, 2016) found that students who used e-learning platforms for self-assessment and goal tracking reported improved academic persistence and deeper engagement with course materials. Similarly, a report by the African Virtual University (AVU, 2019) highlighted that students who engaged in blended learning experiences, which incorporated SRL principles, demonstrated higher levels of self-motivation and adaptability.

In Uganda, technological disparities remain a challenge in higher education institutions. The Ministry of Education and Sports (2018) reported that only 40% of universities had fully integrated LMS into their curriculum, limiting students' ability to leverage digital tools for self-regulation. This underscores the need for structured digital literacy programs to ensure that students can maximize SRL strategies through technology.

4.2 Student Perceptions of Technology's Potential to Support Self-Regulated Learning

The effectiveness of SRL through technology is largely dependent on students' perceptions and willingness to engage with digital learning tools. According to Pintrich (2004), students who recognise technology as an enabler of SRL are more likely to develop metacognitive skills and regulate their learning effectively. Conversely, those who view technology as merely a passive medium for content consumption tend to struggle with independent learning. A study by Azevedo and Hadwin (2005) found that students who had positive attitudes toward technology-integrated SRL strategies were 45% more likely to engage in self-reflection and

adaptive learning behaviours. Similarly, Zimmerman and Schunk (2011) identified that students who frequently use digital self-monitoring tools (such as time trackers and study planners) exhibit stronger self-regulatory behaviours and higher academic persistence.

In Uganda, students' perceptions of SRL technology vary based on access, digital literacy, and prior exposure to tech-driven education. Namukasa and Ssenkaaba (2020) found that students in urban institutions such as Makerere and Uganda Christian University perceived LMS platforms as beneficial for study planning and collaboration, whereas students from rural-based institutions expressed concerns over internet accessibility and digital competency. Similarly, Wamala and Seruwagi (2021) reported that female students in Ugandan universities face additional socio-cultural barriers that limit their engagement with SRL-enhancing technologies.

Despite the benefits, technology fatigue and digital distractions also influence students' perceptions. Schraw et al. (2006) highlighted that students who over-rely on passive engagement with digital content (such as watching recorded lectures without interactive participation) often fail to develop self-regulated learning strategies. This suggests that higher education institutions must focus on digital literacy training to ensure students can meaningfully integrate technology into their learning processes.

4.3 Institutional Utilization of Technology to Support Self-Regulated Learning

Higher education institutions play a crucial role in structuring digital learning environments that foster self-regulated learning. Research suggests that universities that integrate SRL principles into their learning management systems and instructional design experience better student engagement and academic performance (Dabbagh & Kitsantas, 2012). European institutions have pioneered SRL-focused digital strategies. According to the European Council (2006), universities that implemented competency-based learning frameworks with integrated self-regulation modules saw a 25% increase in student retention rates. In the United States, universities such as Stanford and MIT have developed Adaptive Learning Platforms that provide real-time feedback and personalized study recommendations, enhancing SRL adoption (Winne & Hadwin, 2008).

In Africa, universities are gradually integrating technology-based SRL interventions. A study by UNESCO (2021) found that South African universities utilizing personalized learning analytics tools helped students track academic progress, resulting in a 20% improvement in self-regulation behaviours. Similarly, Obura and Brant (2011) reported that Kenyan universities that provided digital mentorship programs experienced higher student engagement in SRL practices.

In Uganda, while most universities have adopted online learning platforms, their effectiveness in promoting SRL remains limited. The National Council for Higher Education (NCHE, 2020) reported that only 35% of Ugandan universities have dedicated SRL training within their e-learning platforms. At Kampala International University, students expressed a desire for more structured self-regulation modules, with one student stating: *"Our learning management system is useful for accessing materials, but there is no guidance on how to set goals or track our progress."* This aligns with the findings by Wamala and Seruwagi (2021), who emphasized that Ugandan universities need to move beyond passive technology adoption and actively incorporate SRL strategies into digital learning environments.

One effective strategy is the use of digital coaching and feedback mechanisms. According to Nicol and Macfarlane-Dick (2006), students who receive frequent digital feedback on their progress are more likely to develop strong SRL habits. Makerere University has piloted an online academic coaching system, which has shown promise in improving student engagement with self-regulated learning techniques. However, financial constraints and digital infrastructure gaps remain significant barriers. A report by the World Bank (2021) found that 50% of Ugandan universities lack stable internet connectivity, which affects students' ability to engage with digital SRL tools consistently. This highlights the need for government intervention and public-private partnerships to enhance ICT infrastructure in higher education institutions.

4.4 Extensive Related Literature in Lieu

Studies evaluating technology-enhanced learning can be carried out at the pre-implementation, implementation, and post-implementation stages (Alawani & Singh, 2017; Guerra et al., 2016; Sasai, 2017). Evaluating technology-enhanced learning provides insights to educational stakeholders about why learning technology fails or succeeds and how best it can be implemented for effective pedagogical delivery. However, most evaluations in technology-enhanced learning studies are carried out during the post-implementation stage to determine the impact of technology on user experiences as well as the organization (Alkhasawneh & Alqahtani, 2019; Friedman & Wyatt, 1997; Guerra et al., 2016; Sasai, 2017). Thus, technology-enhanced learning and evaluation of system implementation is an important endeavour, evident through many publications (Guerra et al., 2016; Nussbaumer et al., 2015; Mohammed & Garibaldi, 2010; Sasai, 2017). Friedman and Wyatt (1997) noted that there are two types of evaluation studies: formative and summative. The formative evaluation aims to improve the technology by providing feedback to the developers or implementers. The summative evaluation aims to demonstrate the

outcome of technology in teaching and learning. These evaluation processes can be carried out simultaneously or at each stage of development or implementation (Alkhasawneh & Alqahtani, 2019; Guerra et al., 2016; Sasai, 2017). This study focused on formative evaluation to understand usability issues, challenges and factors influencing students' satisfaction with a mobile app.

Several related works have evaluated a Self-Regulated-Based Learning environment for supporting online learning experiences. Chang et al. (2022) examined the effects of online learning strategies on learning performance, self-regulation, and critical in a university online course. The study used a self-regulated flipped learning approach to experiment with whether the strategies could improve students' skills. The analysis used the analysis of covariance (ANCOVA). The result showed that students' skills were improved and recommended that further study use massive data and mixed-method design to determine how a student's learning behaviour is affected.

5. Methodology

This study employed an exploratory qualitative research design, with a case study approach, to explore innovative approaches fostering Self-Regulated Learning (SRL) through technology in higher education institutions, focusing on Kampala University. A qualitative method is appropriate as it provides in-depth insights into students' experiences, perceptions, and institutional strategies related to SRL (Creswell, 2013).

5.1 Study Population and Sample

The study focuses on Kampala University's technology-driven learning efforts and includes students, teachers, and administrators. According to their expertise with SRL and technology-enhanced learning environments, respondents are selected by purposive selection (Patton, 2002).

Table 1 shows the distribution of participants in a study focused on technology-driven learning initiatives and Self-Regulated Learning (SRL) conducted at Kampala University. The 42 participants in the sample as a whole are divided into four distinct groups:

Table 1.

Category		M	F	POPULATION	SAMPLE SIZE	PERCENTAGE	SAMPLING TECHNIC
University Administrators	Academic Registrar	01	00	01	01	2 %	purposive selection
	Dean of faculties	01	03	04	04	10 %	purposive selection
Faculty Members (Lecturers)	Senior lecturers	03	01	04	04	10 %	Simple random
	Junior Lecturers	02	04	06	06	14 %	Simple random
Postgraduate Students		04	08	12	12	28 %	purposive selection
Undergraduate Students		06	09	15	15	36 %	purposive selection
Total		17	25	42		100 %	

Source: Researcher (2025).

Institution administrators (n=5): This group consists of five people who work in administrative roles at the institution and are probably in charge of overseeing or managing the incorporation of technology into instruction. Understanding institutional policies and support for technology-enhanced education requires their perspectives. Ten faculty members are lecturers. Ten lecturers who are actively lecturing make up this division. Their knowledge of SRL tactics and their experiences integrating technology into their teaching approaches are essential to the study. Postgraduate Students (n=12): Twelve students in this group are pursuing postgraduate degrees. They offer important insights from their experiences using technology and SRL in a sophisticated academic setting. Undergraduate Students (n=15): With fifteen participants, undergraduate students make up the largest group. Their opinions on the use of technology.

5.2 Data Analysis

Data is analyzed using thematic analysis, where responses are coded and categorized into key themes such as technological accessibility, student engagement, and institutional support for SRL (Braun & Clarke, 2006). Transcriptions from interviews and FGDs are reviewed to identify patterns, similarities, and differences in participant experiences. Data is contextualized within existing literature, ensuring alignment with the study's objectives. Additionally, insights from secondary sources for example: policy reports and statistical data are used to support interpretations and recommendations.

5.3 Data Collection Instruments

Since the study is qualitative, data is collected using: In-depth interviews: Conducted with university administrators to assess institutional policies supporting SRL through technology (Merriam, 2009). Focus Group Discussions (FGDs): Held with students to explore their experiences, challenges, and perceptions regarding SRL adoption (Creswell & Poth, 2017). Document Analysis: Reviewing Kampala University's strategic reports, ICT policies, and Learning Management System (LMS) frameworks to assess SRL integration (Yin, 2018).

6. Interview Findings

The findings from the interviews conducted at Kampala University are categorized according to the study's key variables: innovative approaches for integrating technology in fostering Self-Regulated Learning (SRL), students' perceptions of technology in supporting SRL, and institutional strategies in higher education to support SRL through technology. These findings are analyzed in the Ugandan education context and linked to previous studies, providing a comparative analysis of how SRL and technology-enhanced learning environments are shaping higher education institutions.

6.1 Innovative Approaches for Integrating Technology in Fostering Self-Regulated Learning (SRL)

Existing Study Perspectives

Previous studies have demonstrated that innovative technological tools significantly enhance self-regulated learning. Zimmerman (2002) highlights that SRL requires learners to actively monitor, control, and reflect on their learning processes, which technology can facilitate. Boekaerts & Corno (2005) further argue that integrating digital tools into SRL fosters independent learning and critical thinking skills. A study by Azevedo & Cromley (2004) found that students who used interactive digital learning environments showed higher metacognitive awareness and academic engagement than those relying on traditional learning methods.

6.2 Findings from Kampala University

At Kampala University, various digital tools and platforms have been integrated to promote SRL, but challenges persist. Interviewees revealed that E-learning platforms (Moodle, Google Classroom) are widely used but underutilized in terms of supporting SRL strategies. A lecturer stated;

“Numerous students perceive online education simply as an extension of conventional classroom teaching rather than as a means for independent learning. This viewpoint may stem from several reasons. They might not have received sufficient training on how to effectively engage with these platforms for self-regulated learning. Alternatively, the curriculum may not have been restructured to fully take advantage of the possibilities offered by online learning environments. It's also possible that our evaluation methods continue to emphasize memorization instead of the critical thinking and problem-solving abilities that are vital for self-directed learning. Regardless of the causes, it is essential to bridge the gap between student beliefs and the true potential of these platforms if we aim to genuinely foster self-regulated learning.”

Mobile learning applications (such as Zoom and WhatsApp discussion groups) are frequently employed, especially for group discussions and peer collaboration. Gamification strategies (use of quizzes, digital badges, and reward-based learning) were reported as effective motivators but not systematically implemented in SRL. This was expounded on by the students' Academic Minister stated;

“Although we have made investments in platforms such as Moodle and Google Classroom, their ability to promote self-regulated learning is still not fully realized. We must shift our focus from merely providing digital content to empowering students to take charge of their own learning experiences through these tools.” (Minister of Education, Kampala University, Personal Communication, 2025). This statement highlights a prevalent issue regarding the use of technology in education, frequently addressed in the context of SRL (Zimmerman, 2002).

This finding resonated as well as aligned with Kintu & Zhu (2016), who found that Ugandan students benefit from technology-enhanced learning environments when provided with structured guidance on SRL techniques. However, low digital literacy and limited institutional support remain major barriers to optimizing SRL through technology as noted by one lecturer:

“I believe that technology can enhance our learning experience, particularly when we receive clear guidance on using it for planning, monitoring, and assessing our work. For instance, when teachers demonstrate how to utilize a platform for setting objectives or tracking our achievements, it truly has an impact. However, at times, the technology can be perplexing, or the internet may be sluggish, and there isn't always someone available to assist. It becomes challenging to manage ourselves effectively when we are grappling with the technology itself.”

6.3 Students' Perceptions of Technology in Supporting Self-Regulated Learning

On how Student perceptions role plays as a crucial role in the adoption of technology for SRL. Pintrich (2004) emphasizes those students who perceive technology as a learning facilitator exhibit greater motivation and engagement. Paris & Paris (2001) add that students who are trained in self-regulation strategies tend to utilize technological resources more effectively than those without such training. Several interactions with Students interviewed expressed divergent views on how technology supports their learning process: Some students actively use digital tools for goal setting, progress tracking, and collaborative learning. A third-year student shared:

“I utilize reminders on my phone and employ Google Calendar to structure my study schedule, which helps me stay organized. However, it's not just about the reminders themselves. The act of creating my study plan is incredibly beneficial. At the beginning of each week, I take some time to consider my goals for each class. Then, I allocate specific times in my calendar for reading, writing, studying, and even for breaks. This method supports me in prioritizing my tasks and ensuring I devote enough time to every subject. It's far more effective than simply attempting to figure everything out as I go.”

Likewise, Others felt overwhelmed by digital platforms, citing difficulty in managing multiple online resources. One student remarked that:

“There are so many different platforms: Moodle, WhatsApp, Zoom that I often find it hard to keep track of where to locate materials or submit assignments. For instance, the professor may post the reading list on Moodle, but then share important announcements via WhatsApp. Then, we have to attend lectures on Zoom, and occasionally we need to collaborate using Google Documents. It's a lot to manage! Just last week, I missed a deadline for an assignment because I was searching for the instructions on the incorrect platform. It's extremely frustrating.”

This implied that Female students had additional challenges, such as gender-based digital divides, where societal expectations and domestic responsibilities limit their engagement with technology. This is consistent with Namukasa & Ssenkaaba (2020), who found that female students in Ugandan universities face higher barriers in adopting SRL strategies through technology compared to male students. Likewise, this indicated the need for structured digital literacy programs to help students effectively utilize technology for SRL. This aligns with Mugisha (2018), who argued that students require training and institutional support to fully leverage technology for academic engagement with a statement by one respondent who noted that;

“We're encouraged to utilize various online platforms for our education, but at times it feels like we're just left to fend for ourselves. I'm not always certain how to effectively leverage them for my studies. While I can access the resources, I'm unsure how to use the platform to organize my learning, monitor my progress, or identify my challenges. If we received proper training on how to use these tools for self-directed learning, I believe it would significantly improve our experience. Merely having access to technology isn't sufficient; we need to understand how to utilize it to benefit us.” (Student E, Kampala University, Personal Communication, 2025).

6.4 Institutional Strategies in Higher Education to Support Self-Regulated Learning Through Technology

Trancing Institutional support is a critical issue in fostering SRL through technology. European Council (2006) recognizes SRL as a lifelong learning competency, which universities must actively nurture. Sitzmann & Ely (2001) further stress that technology-based SRL strategies require administrative commitment and structured policies to be effective. Findings revealed that Administrators and faculty members acknowledged that while Kampala University has embraced e-learning technologies, institutional gaps remain. The university has invested in ICT infrastructure, but not all lecturers are trained in facilitating SRL through technology. A faculty member admitted that;

“There are numerous platforms: Moodle, WhatsApp, and Zoom that often leave me puzzled about where to locate materials or submit my assignments. For instance, the professor may share the reading list on Moodle but send important updates via WhatsApp. Then, we have to attend lectures through Zoom, and at times we're required to work together on Google Docs. It can be overwhelming to manage! Just last week, I missed a deadline for an assignment because I was searching for the instructions on the incorrect platform. It's extremely frustrating.”

On the issue of Internet accessibility and cost, this remains a significant barrier. Students from lower-income backgrounds reported inconsistent access to reliable internet, affecting their ability to engage in online learning as one hinted that;

It's encouraging that our university is beginning to integrate more technology, but merely providing the platforms is insufficient. We require genuine support in learning how to utilize them effectively for our educational needs. At other universities, I've heard they offer specialized programs to assist students in planning, monitoring, and assessing their work with the technology. Unfortunately, we don't have that here. The approach seems to be more of, 'Here's the platform, good luck!' If the university truly aims to foster self-regulated learners, it must allocate resources to training and mentorship, rather than just the technology itself.

Implying that when it came to Mentorship and guidance for SRL strategies a lot was found to be lacking in the university's curriculum. Unlike Western universities where structured SRL training modules are incorporated, Ugandan institutions rely on informal learning processes. The implication also aligns with Wamala & Seruwagi (2021), who argue that institutional frameworks in Ugandan universities must be strengthened to integrate SRL-friendly learning environments. They emphasize the need for faculty training, increased digital inclusion, and structured student mentorship to enhance technology-driven SRL as one student leader narrated that;

"I believe our university can enhance our learning through technology. However, it's not merely about providing laptops or access to Moodle. We need our instructors to demonstrate how to utilize these tools for organizing our studies, monitoring our progress, and identifying areas for improvement. At times, even when instructors make an effort, they haven't received sufficient training themselves. Additionally, not everyone has the same level of access to dependable internet or devices at home, which complicates matters further. If the university were to invest more in training for both students and instructors and ensure equal access to technology for everyone, I'm confident we would see a significant improvement in our learning outcomes."

6.5 Generalization of SRL Adoption

Findings highlight significant progress in adopting innovative approaches to foster self-regulated learning through technology. However, gaps exist in the effective utilization of digital platforms for SRL, students' digital literacy and confidence in using technology for independent learning and institutional policies and faculty engagement in promoting SRL strategies. These insights provide a foundation for policy recommendations, suggesting that universities should. Also, Incorporate SRL-focused digital literacy training into student orientation programs. There is a need to Strengthen faculty capacity to facilitate self-regulated learning through e-learning. Also, there is a need to improve digital access, particularly for underprivileged students, to ensure equal participation in technology-enhanced learning. By enhancing institutional strategies, increasing digital inclusion, and promoting student-centred SRL training, Kampala University and other higher education institutions in Uganda can fully leverage technology to foster self-regulated learning, leading to improved academic engagement and performance.

7. Discussion

The discussion of the study aligns with the research findings and is structured according to the study's objectives. It explores how innovative approaches foster Self-Regulated Learning (SRL) through technology as a learning environment in higher education institutions, specifically at Kampala University. The analysis is grounded in previous literature, comparing it with the current situation at Kampala University while integrating insights from global and regional studies.

7.1 Innovative Approaches for Integrating Technology in Fostering Self-Regulated Learning (SRL)

Innovative approaches in education, particularly technology-enhanced learning environments, have been widely acknowledged for fostering SRL. Zimmerman (2002) posits that self-regulated learners exhibit proactive learning behaviours by setting personal goals, managing time effectively, and engaging in metacognitive strategies. Technology has been recognized as a powerful enabler of these SRL strategies. The findings indicate that various digital tools, such as Moodle, Google Classroom, and mobile learning applications, have been integrated to support SRL. However, their full potential is yet to be realized due to low digital literacy, inconsistent internet access, and lack of structured mentorship programs. This aligns with Kintu & Zhu (2016), who found that technology integration in Ugandan higher education has progressed but is often hindered by limited institutional support and a lack of SRL-oriented pedagogical frameworks.

Additionally, gamification strategies, such as digital quizzes and online discussion forums, were reported to motivate students and enhance their engagement. This is consistent with Deterding et al. (2011), who found that gamification fosters motivation and improves learning outcomes by incorporating interactive elements into educational settings. However, while students expressed enthusiasm for such digital strategies, their

implementation at Kampala University remains sporadic and largely unstructured.

The study's findings further indicate that faculty members lack formal training on how to integrate SRL-friendly digital tools into their teaching methodologies. This resonates with Boekaerts & Corno (2005), who argue that the effectiveness of technology in fostering SRL depends largely on how well instructors guide students in utilizing digital tools to regulate their learning process. The lack of structured training for faculty members presents a significant barrier to the full integration of technology-enhanced SRL strategies at Kampala University. Given these findings, it is evident that while Kampala University has taken steps to integrate technology into its learning environment, the institution must further invest in digital literacy training, structured mentorship, and faculty capacity building to ensure sustained improvements in self-regulated learning outcomes.

7.2 Students' Perceptions of Technology in Supporting Self-Regulated Learning

Students' perceptions of technology play a critical role in determining its effectiveness in fostering SRL (Pintrich, 2004). The findings revealed divergent views, with some students demonstrating enthusiasm for using technology in self-directed learning, while others expressed challenges in managing multiple digital platforms and online learning resources. The study found that female students face additional barriers in adopting technology for SRL due to socio-cultural expectations and gender disparities in digital access. This finding is supported by Namukasa & Ssenkaaba (2020), who observed that female students in Ugandan universities often face limited access to digital tools due to competing responsibilities and social norms that discourage extended screen time. Moreover, Wamala & Seruwagi (2021) found that financial constraints disproportionately affect female students, limiting their ability to engage in technology-based SRL practices.

Moreover, Mugisha (2018) found that students who are provided with structured digital learning frameworks demonstrate higher levels of motivation and engagement compared to those left to navigate e-learning independently. The findings from this study confirm this perspective, as students at Kampala University who had clear guidance on how to use digital tools for self-regulation reported higher academic engagement than those who lacked such support. To improve students' perception and adoption of technology-enhanced SRL, Kampala University must introduce structured digital literacy programs and integrate SRL training into their academic curricula. These efforts should be tailored to bridge gender gaps, support time management strategies, and promote equitable access to digital learning tools.

7.3 Institutional Strategies in Higher Education to Support Self-Regulated Learning Through Technology

Higher education institutions play a critical role in shaping SRL outcomes by creating supportive digital learning environments (Sitzmann & Ely, 2001). The study revealed that while Kampala University has invested in ICT infrastructure, significant gaps exist in institutional policies, faculty engagement, and structured student support systems. E-learning policies are in place but lack explicit provisions for fostering SRL. Unlike institutions in developed countries where universities incorporate structured SRL training modules, Kampala University relies on informal learning approaches. Internet access remains a challenge, with students from low-income backgrounds struggling to afford reliable connectivity. This challenge is echoed by Wamala & Seruwagi (2021), who emphasize that socioeconomic disparities contribute to digital exclusion, hindering equitable access to self-regulated learning opportunities.

Faculty members need formal training on digital pedagogy and SRL strategies. This aligns with the European Council (2006), which states that SRL is a key competency for lifelong learning, requiring institutional commitment to structured capacity-building initiatives. Zimmerman (2000) further stresses that Self-Regulated Learning is not an innate ability but a skill that must be nurtured through structured interventions.

Another major institutional gap identified was the lack of mentorship programs designed to support students in developing self-regulation strategies. Boekaerts (2011) highlights that mentorship and coaching are essential in helping students transition into self-directed learning, as they provide guidance on goal-setting, reflection, and motivation control. However, at Kampala University, mentorship remains limited and largely informal, preventing students from receiving adequate guidance on optimizing SRL strategies through technology. To address these gaps, Higher Education institutions must develop structured e-learning policies that explicitly promote SRL strategies. Ensure that faculty receives training in digital pedagogy and SRL facilitation. Provide equitable access to digital resources, ensuring all students benefit from technology-enhanced learning. Establish mentorship programs to support students in developing metacognitive and time management skills. While there is progress in integrating technology into its learning environment, several challenges persist in fully fostering Self-Regulated Learning. Institutional policies need to prioritize SRL-specific training, and faculty members should be equipped with pedagogical strategies that actively engage students in self-regulated learning practices.

7.4 Arising Conclusions

A key conclusion drawn from the research is that while students at Kampala University have access to digital learning resources, their ability to utilize these tools effectively for SRL remains inconsistent. This finding aligns

with Zimmerman (2002), who emphasizes that self-regulated learning requires active engagement in goal-setting, time management, and self-monitoring strategies, all of which must be intentionally developed rather than assumed as inherent skills. Furthermore, the study found that students who actively utilize SRL strategies through technology exhibit higher academic motivation, deeper learning, and improved performance, consistent with research by Pintrich (2004).

Institutional policies in many higher education institutions have not fully integrated structured SRL programs into their digital learning frameworks. While platforms like Google Classroom, Moodle, and e-learning portals have been adopted, their utilization in fostering self-directed learning remains unstructured and uncoordinated. This reflects similar findings by Mugisha (2018), who observed that Ugandan higher education institutions often adopt technology-based learning platforms without integrating metacognitive and self-regulatory training for students. Additionally, Namukasa & Ssenkaaba (2020) highlight that female students face additional challenges in accessing and utilizing digital learning environments, often due to socioeconomic and cultural constraints, a reality also reflected in this study's findings.

Faculty training remains a critical gap in the full implementation of technology-enhanced SRL in Higher Education institutions. Educators often lack the pedagogical training necessary to guide students in self-regulated learning practices, a challenge echoed by Boekaerts & Corno (2005), who argue that the success of SRL initiatives depends on the institutional capacity to train educators in digital and metacognitive instructional techniques. Moreover, financial constraints further exacerbate disparities in access to SRL-enhancing technologies, particularly for students from low-income backgrounds. The findings revealed that while students recognise the benefits of using technology for SRL, economic hardships often limit their ability to afford reliable internet access and digital devices, reinforcing observations by Wamala & Seruwagi (2021) regarding digital inequalities in Ugandan higher education.

7.5 Recommendations

To enhance Self-Regulated Learning (SRL) through technology in higher education institutions, particularly, a structured and strategic approach is necessary. First, the university should integrate formal SRL training into the curriculum, equipping students with goal-setting, time management, and self-assessment skills. Zimmerman (2000) emphasizes that SRL competencies must be explicitly taught rather than assumed, a principle that should guide institutional policies.

Furthermore, faculty members should undergo structured training in digital pedagogy and self-regulation strategies. The findings reveal that many lecturers lack knowledge of how to integrate SRL-enhancing technologies into their teaching methodologies, which limits student engagement. Boekaerts (2011) suggests that educator training is a critical determinant of successful SRL implementation, making it imperative for Kampala University to develop professional development programs that equip faculty with the necessary skills to support student autonomy in learning.

Institutional policies should also promote gender-sensitive digital learning initiatives, ensuring that female students, who often face additional socio-cultural and economic challenges, have equal opportunities to utilize SRL-enhancing technologies. Research by Namukasa & Ssenkaaba (2020) emphasizes the need for gender-responsive interventions that address disparities in digital education access. Kampala University should implement mentorship and digital literacy programs specifically targeted at female students, providing them with the necessary support to fully participate in Self-Regulated Learning environments.

To further strengthen the integration of technology into SRL, Universities should establish a centralized mentorship and advisory program that guides students in optimizing digital tools for self-regulation. Mugisha (2018) highlights that mentorship plays a crucial role in enhancing student's ability to set learning goals, manage academic workloads, and develop resilience in digital learning environments. By implementing structured peer mentorship programs, students can receive continuous guidance on self-regulation strategies, improving their overall academic engagement and performance.

Finally, institutional collaboration with government agencies, policymakers, and international organizations is essential in fostering SRL adoption in Ugandan higher education. Agencies/Organizations like UNESCO, the World Bank, and the Global Partnership for Education (2020) emphasize the role of multi-stakeholder partnerships in advancing digital education initiatives. Universities should actively engage in public-private partnerships to secure funding, infrastructure, and expertise for SRL-focused technological advancements.

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Syntactic Complexity in RA Writing of Chinese EFL Learners: A Corpus-Based Study of RA Abstracts

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Abstract

As a reliable measurement of language development, second language (L2) proficiency and writing quality, syntactic complexity has received considerable attention in research about L2 acquisition and English academic writing. However, few comparative studies have been conducted on the RAs (research articles) of Chinese EFL learners at undergraduate, graduate and PhD level using fine-grained indicators. Therefore, this study aims to examine the differences in syntactic complexity of academic output of Chinese across-proficiency L2 learners, as well as indicators with great predictive power towards English academic writing quality. Based on a self-constructed corpus, this study analyzed the abstract sections of 90 theses of Chinese EFL learners at undergraduate, graduate and PhD level in the field of Applied Linguistics. Using TAASSC, these samples were analyzed using 14 holistic metrics and 163 fine-grained metrics covering multiple dimensions of syntactic complexity. Significant differences in syntactic complexity among these cross-proficiency Chinese EFL learners in three groups were found. At the global level, syntactic complexity differs in the length of production units, the use of complex nouns and verb phrases per T-unit. At the fine-grained clausal level, syntactic complexity differences are reflected in the undefined subordination and auxiliary verbs per clause. At the fine-grained phrase level, syntactic complexity features differ in the subordinate components and six specific phrase subordination types. In addition, metrics that can effectively distinguish English L2 academic writing quality are revealed, namely, dependent clauses per clause, dependents per nominal subject (standard deviation) and adjectival modifiers per direct object (no pronouns). Results of this study can not only enrich the current study in terms of research subjects and indicators, but can also provide pedagogical implications for English for Research Publication Purposes (ERPP) teaching in China.

Keywords: syntactic complexity, academic writing, Chinese EFL learners

1. Introduction

With the burgeoning academic interests in English for Academic Purpose (EAP) research and L2 development, special attention has been paid on L2 research article (RA) writing. Syntactic complexity, defined as the degree of variation, sophistication, and elaboration of the syntactic structures used in language production, is considered to play an important role in L2 development and writing quality evaluation (Crossley, S.A. & McNamara, D.S., 2014; Kyle, K., Crossley, S. & Verspoor, M., 2021; Lu, X., Casal, J.E. & Liu, Y., 2020; Ortega, L., 2003).

Previous study of syntactic complexity in L2 writing has primarily two lines. The first line of research focused on syntactic complexity in L2 writing across L2 proficiency, clarifying the relationship between syntactic complexity, language proficiency and writing quality (Kuiken, F. & Vedder, I., 2019; Lahuerta Martínez, A.C., 2018). The second line examined how variation across language backgrounds, disciplines, genres, writing tasks, and other relevant factors affects syntactic complexity in L2 writing (Ziaeeian, E. & Golparvar, S.E., 2022; Wu, X., Mauranen, A. & Lei, L., 2020). Common examples include comparisons between L1 and L2 learners, and between hard science and soft science disciplines.

Meanwhile, the complex syntactic features have also proved to be a prominent feature of academic writing (Lu, X., Casal, J.E. & Liu, Y., 2020; Biber, D., Gray, B. & Poonpon, K., 2011). The study of syntactic complexity in ERPP related texts has also attracted considerable attention. Some learners have adopted a cross-disciplinary perspective to study syntactic complexity in ERPP writing (Dong, J., Wang, H. & Buckingham, L., 2023; Lu, X., Casal, J.E., Liu, Y., et al., 2021), as well as studies from a cross-part genre perspective to specifically or comparatively analyze various parts of RAs, with the most studied part being the main body of RAs, including the four IMRD (introduction; method; result; discussion) sections (Lu, X., Casal, J.E. & Liu, Y., 2020; Ziaecian, E. & Golparvar, S.E., 2022; Casal, J.E., Lu, X., Qiu, X., et al., 2021; Saricaoglu, A., Bilki, Z. & Plakans, L., 2021; Yin, S., Gao, Y. & Lu, X., 2023). More recently, comparisons of academic outputs at different academic levels have also received more attention (Ansarifar, A., Shahriari, H. & Pishghadam, R., 2018; Yin, S., Gao, Y. & Lu, X., 2021).

However, there remains a gap in the current research in terms of the study participants, namely, the lack of research on syntactic complexity of academic writing of Chinese EFL learners majored in Applied Linguistics at undergraduate, graduate and PhD level. There also exists a lack of studies that precisely analyze the abstract section. In terms of indicator selection, based on the situation that most of the previous studies have used more generalized and large-grained indicators, the research indices remains to be refined for recent studies.

By addressing these gaps, this article will serve as a supplement to the existing research on syntactic complexity. In order to reduce the influence of other variables, we only selected RAs of learners in the English Applied Linguistics field. From the undergraduate, graduate to the PhD level, the L2 proficiency of EFL learners in Applied Linguistics field gradually strengthens, with their academic writing skills also improving. By analyzing the syntactic complexity of RA abstracts of cross-proficiency L2 learners, the difference of syntactic complexity of learners' academic writing at each level will be compared. This will not only serve as a test of the existing research on the relationship between syntactic complexity and second language writing and proficiency, but also as a reference for learners of Applied Linguistics to improve their academic writing skills. By performing stepwise regression analysis on each indicator, the indicators were also analyzed to determine those with high predictive power of English academic writing quality. In addition, pedagogical implications can also be drawn from this study, as it can help to adopt specific teaching methods according to the characteristics of syntactic complexity at different stages.

2. Literature Review

Syntactic complexity, as an important component of linguistic complexity, is considered to be an effective gauge of L2 proficiency (Biber, D., Gray, B. & Staples, S., 2016; Biber, D., Gray, B., Staples, S., et al., 2020; Lu, X., 2011), language development (Atak, N. & Saricaoglu, A., 2021; Bulté, B. & Housen, A., 2014; Yoon, H. & Polio, C., 2017), and L2 writing quality (Kyle, K. & Crossley, S.A., 2017; Kyle, K. & Crossley, S.A., 2018; Yang, W., Lu, X. & Weigle, S.A., 2015; Zhang, X., Lu, X. & Li, W., 2022). It is also an explicit feature of academic writing (Lu, X., Casal, J.E. & Liu, Y., 2020; Biber, D., Gray, B. & Poonpon, K., 2011).

Recent research on syntactic complexity in L2 writing contains basically two lines. The first line, from the perspective of language assessment and second language development, clarifies the relationship between syntactic complexity and language proficiency and writing quality. Lahuerta Martínez (2018) collected the writing of 188 EFL learners of secondary education across proficiency levels in her study and analyzed the syntactic complexity features based on eight indices selected from the sentential, the clausal, and the phrasal levels. It was found that EFL learners with different proficiency levels showed different degrees of syntactic complexity, with those with higher proficiency levels showing higher levels of syntactic complexity. At the same time, by comparing the holistic rating of L2 writing quality with the syntactic complexity indices, Lahuerta Martínez found a strong positive correlation between the L2 writing holistic rating and the indices representing syntactic complexity, suggesting that syntactic complexity measures are also effective for second language writing quality assessment. A similar conclusion was reached in a study by Lei et al. (2023) that syntactic complexity increased with L2 proficiency in Chinese EFL learners, correlating with higher writing scores.

Taking a view of L2 acquisition, development, or testing, the second line of research examines the impact of variation in language background, discipline, genre, writing task, and other relevant factors on the syntactic complexity of L2 writing. Ziaecian & Golparvar (Ziaecian, E. & Golparvar, S.E., 2022) compared the features of syntactic complexity across disciplines by selecting RA introductions from three fields: Applied Linguistics, Chemistry and Economics, and found significant disciplinary variation in syntactic complexity. At the sentence level, introductions from the fields of Economics and Applied Linguistics tend to present more complexity than those from Chemistry, while the opposite is true for phrasal level, with Chemistry texts often presenting higher complexity than Economics and Applied Linguistics texts. The study by Wu et al. (2020) took into consideration the language background differences. They compared the syntactic complexity features between academic discourse of L1 and L2 writers and found that ELF writers contained more coordinate phrases, more complex

nominals, longer sentences and clauses, and fewer subordinate clauses.

ERPP, as a significant focus in the second language field, has been studied by large array of researchers. Biber & Gray (2010) introduced the use of phrasal-level syntactic complexity to assess the value of written academic discourse, following which research on the syntactic complexity of L2 ERPP writing has sparked attention in the academia.

Recently, some scholars have adopted a cross-disciplinary perspective to examine the syntactic complexity in ERPP writing. For example, Dong et al. (2023) found significant disciplinary variation in syntactic complexity through quantitative and qualitative analyses of students' written academic texts across four disciplinary groups and 31 disciplines, based on the British Academic Written English (BAWE) corpus. Lu et al. (2021) conducted a comparative analysis of the syntactic complexity and rhetorical functions of academic texts in core social science disciplines and engineering disciplines. By selecting the introduction sections of 400 published academic articles in four disciplines (Anthropology, Sociology, Chemical Engineering, and Electrical Engineering), it was found that the sentences implementing the six common rhetorical move steps in the introduction sections had significant disciplinary differences in syntactic complexity.

There are also studies under a cross part-genre perspective that analyze various parts of RAs specifically or comparatively, with the most studied parts being the main body of RAs comprising the four IMRD (introduction; method; result; discussion) parts. For example, Casal et al. (2021) built a corpus with 240 published RAs and conducted a syntactic complexity analysis based on genres, including introduction, methods, results, and discussion sections. Zhou et al. (2023) also conducted rhetorical function and syntactic complexity analyses on the introduction part of 300 RAs in different domains. The syntactic complexity indicators were found to be stable across hard-pure and hard-applied disciplines.

Noticeably, the comparison of academic outputs across academic levels has also received greater attention in the recent past. For example, Ansarifard et al. (2018) examined the phrasal modification features in the abstract section by analyzing RAs of L1 Persian authors in the field of applied linguistics at the master's and doctoral levels and published writers in the field. They found that master's students differed significantly from published writers in the use of modifiers, while doctoral students did not differ significantly from published writers except for multiple prepositional phrases as noun post-modifiers. Yin et al. (2021) conducted a comparative analysis of syntactic complexity between 30 emerging international publication (IP) writers' RAs and 30 expert IP writers' RAs in the field of Applied Linguistics. Significant differences in syntactic complexity metrics were found between these two groups under different RA part-genres.

As three crucial learning stages for students toward academic publication, it is of interest what kind of syntactic complexity characterizes the dissertations of Chinese EFL learners majored in Applied Linguistics at undergraduate, graduate and PhD level respectively, as well as how such characteristics differ and evolve. Although some academic attention has been paid to the value of undergraduate, graduate and PhD students' dissertations, there is still a gap in the study comparing syntactic complexity of all these three stages. At the same time, it should be noted that most of the existing studies focused on the IMRD part of RAs with a lack of exploration on abstract section. Therefore, this paper will examine the abstract part of theses written by Chinese EFL learners at all three stages of undergraduate, graduate and PhD level as a supplement to the existing studies.

In terms of metric selection, most of the extant studies have employed traditional large-grained metrics. With numerous studies conducted, the validity of large-grained syntactic complexity indicators has been demonstrated in measuring second language writing and language proficiency (Ortega, L., 2003; Lahuerta Martínez, A.C., 2018; Lu, X., 2011).

However, there exists the following drawbacks in adopting large-grained metrics in syntactic complexity analysis. Firstly, the broad nature of large-grained metrics makes it difficult to obtain information about changes in the specific language structure during the learners' language development process. An array of scholars have criticized the granularity of large-grained metrics in their research, arguing that such metrics are not sufficiently sensitive (Kyle, K. & Crossley, S.A., 2018; Larsen-Freeman, D., 2009; Norris, J.M. & Ortega, L., 2009; Wolfe-Quintero, K., Inagaki, S. & Kim, H.Y., 1998). Kyle (2018) argues that there is a diversity of syntactic structures that can result in changes in large-grained syntactic complexity indices, whilst the use of fine-grained syntactic complexity indices can capture details about such changes and therefore provide a clearer understanding of the relationship between syntactic complexity and L2 writing ability. Secondly, traditional large-grained metrics focus excessively on the clausal level of complexity, lacking an emphasis on the phrasal level, which also matters. For example, Biber et al. (2021) summarized the linguistic features based on a corpus of informal speech and academic writing, suggesting that clausal complexity is a distinctive feature of informal talk, while phrasal complexity is a distinctive feature of academic writing. Biber & Gray (2016), through a diachronic study of written discourse, draw to a conclusion that as the grammatical structure of a sentence becomes more complex, the number of nominalizations and passive constructions used also increases. Casal &

Lee (Casal, J.E. & Lee, J.J., 2019) found that phrase-level indicators of complexity had a significant effect on differentiating the quality of college students' writing, which was not evident for sentence-level indicators.

In order to address the above shortcomings, both the traditional large-grained metrics and fine-grained metrics are adopted in this paper. A multi-dimensional perspective is also employed to ensure a relatively comprehensive consideration of syntactic complexity, including the global, clausal, and phrasal level.

In view of the scant research on syntactic complexity of Chinese EFL learners at the undergraduate, graduate and PhD level and most research adopting large-grained metrics, this study aims to investigate the differences of syntactic complexity in RA abstracts written by Chinese EFL learners in the field of Applied Linguistics at the above three stages with both large-grained and fine-grained indices. The predictive power of indicators will also be analyzed to determine indicators that can effectively predict English academic writing quality. Specifically, research questions of the current study are as follows.

(1) Are there significant differences in RA abstracts of Chinese EFL learners majored in Applied Linguistics at undergraduate, graduate and PhD level? If yes, what are the differences?

(2) What are the indices that can effectively distinguish the English L2 academic writing quality?

3. Method

3.1 Corpus Design

This paper self-constructs a corpus containing the abstract part of theses written by Chinese EFL learners majored in Applied Linguistics at undergraduate, graduate and PhD level. Our data were obtained from the university's graduation thesis system and CNKI database. Theses from the three stages of EFL learners were divided into three groups (group 1-3 representing undergraduate, graduate and PhD level RAs), and six theses published in each year between 2017 and 2022 were randomly selected to ensure that there were 30 theses in each group, for a total number of 90.

Since TAASSC requires the input files to be in pure txt format, we edited the abstracts of the selected 90 theses into 90 pure txt files and named the documents with four digits (the first digit represents the group number; the second and third digits represent the last two digits of the year of theses; the fourth digit represents the name order of the RAs in that year in A-Z order; e.g. file-3216 represents the 6th file in year 2021 in group 3). The title items Abstract and Keyword are used as markers to distinguish the content of the abstract sections. In order to minimize possible errors caused by disciplinary differences and to take into account the importance of ERPP writing for learners in this field, all papers were selected from the field of English Applied Linguistics. The selected authors were checked for their names, majors, and graduation schools to ensure the relative consistency of their status as Chinese EFL learners and their majors.

3.2 Syntactic Complexity Indices

In this study, both large-grained and fine-grained metrics were selected, including the global, clausal, and phrasal levels. Firstly, at the global level, parameters identified and labeled by Lu (2010) in L2SCA were selected, including a total of 14 metrics such as mean length of T-unit. As for the fine-grained clausal and phrasal syntactic complexity metrics, according to the 163 fine-grained complexity metrics proposed by Kyle (2016), 31 clausal complexity metrics and 132 phrasal complexity metrics in TAASSC were selected in this paper.

3.3 Data Analysis

After processing the texts of three groups in TAASSC, we obtained Excel files with specific data on each indicator for each group. The subsequent series of processing will be performed in SPSS or SPSSAU.

To answer the first research question, descriptive statistics on the results of the TAASSC were firstly performed. Kruskal-Wallis tests were then performed for large-grained and fine-grained metrics to measure the degree of variation of each metric across the three groups. Since some of the fine-grained phrasal indicators had values of 0 in all 90 RA abstracts across the three groups, 25 metrics were excluded. Only 138 meaningful fine-grained indicators and 14 traditional global indicators were analyzed for subsequent analysis.

To answer the second research question, following Kyle & Crossley (2018), we first conducted a Kolmogorov-Smirnov test on 138 meaningful fine-grained indicators and 14 traditional global indicators. The 49 screened indicators that fit the normal distribution will be subjected to stepwise regression to eliminate the effect of multicollinearity. In this study, in line with previous studies (Rivard, L.P. & Gueye, N.R., 2023), we roughly considered Chinese EFL learners majored in Applied Linguistics at undergraduate, graduate and PhD level as three groups of cross-proficiency EFL learners, and their RAs to be at three English academic writing quality levels.

4. Results and Discussion

4.1 Syntactic Complexity Variation Across 3 Groups

4.1.1 Differences in Large-Grained L2SCA Metrics

Significant differences of syntactic complexity can be found in terms of the 14 traditional holistic L2SCA metrics.

At the global level, Table 1 displays the descriptive and statistical characteristics, as well as the Kruskal-Wallis test results of 14 global L2SCA metrics among three groups. It can be seen that all the indicators showed an increasing trend except for C/S, T/S, and CT/T. Based on the results of Kruskal-Wallis test, a total of six indicators showed significance ($p < 0.05$) among the three groups, including MLS ($p = 0.014 < 0.05$), MLT ($p = 0.001 < 0.05$), CN/T ($p = 0.035 < 0.05$), VP/T ($p = 0.026 < 0.05$), DC/C ($p = 0.022 < 0.05$), DC/T ($p = 0.025 < 0.05$).

Table 1. Kruskal-Wallis test results of 14 L2SCA metrics

Measures	Group1 (n=30)	Group2 (n=30)	Group3 (n=30)	H	p
	M (SD)				
MLS	28.67(16.896)	29.207(5.809)	31.892(9.333)	8.570	0.014*
MLT	22.414(4.693)	23.669(4.715)	27.739(6.626)	14.893	0.001**
MLC	15.604(3.244)	16.125(1.826)	17.285(3.214)	5.808	0.055
C_S	1.853(1.007)	1.822(0.366)	1.873(0.546)	2.337	0.311
VP_T	2.102(0.486)	2.146(0.507)	2.455(0.555)	7.284	0.026*
CN_C	2.457(0.69)	2.488(0.382)	2.595(0.547)	1.269	0.530
C_T	1.456(0.251)	1.473(0.274)	1.622(0.349)	4.644	0.098
CN_T	3.522(0.986)	3.663(0.855)	4.181(1.121)	6.729	0.035*
DC_C	0.277(0.096)	0.3(0.102)	0.432(0.09)	7.658	0.022*
DC_T	0.421(0.206)	0.467(0.253)	0.576(0.253)	7.388	0.025*
T_S	1.289(0.719)	1.244(0.193)	1.145(0.161)	3.718	0.156
CT_T	0.367(0.153)	0.361(0.129)	0.38(0.129)	0.566	0.753
CP_T	0.818(0.356)	0.887(0.413)	1.074(0.419)	5.825	0.054
CP_C	0.579(0.268)	0.605(0.247)	0.671(0.258)	1.372	0.504

* $p < 0.05$ ** $p < 0.01$.

Firstly, two indicators regarding the length of production units increased significantly in the thesis abstracts at the undergraduate, graduate and PhD levels (MLS, $M = 28.670, 29.207, 31.892$; MLT, $M = 22.414, 23.669, 27.739$). Such an increase in mean length of sentence and T-unit is consistent with the findings of Ortega (2003) and Lu (2010) that the length of language units contributes to the quality of L2 writing in English. This also justifies the idea that as English proficiency increases, learners tend to produce longer sentences and T-units. By analyzing the specific content of samples, we found that the longer length of production units may stem not only from the increased L2 English proficiency, but also from the reasoning requirements of essays due to the increased academic difficulty. The longer sentences and T-units are used to meet the higher demands of academic reasoning.

Excerpt 1 Therefore, using a questionnaire survey, this study intends to examine the initiative of English/Business English majors to improve their pronunciation after class. (1185, group 1).

Excerpt 2 This study employs action research integrated with quantitative and qualitative methods to carry out the cultivation of critical thinking in reading classes of non-English majors, aiming at probing into effective instructional modes of cultivating students' critical thinking. (2184, group 2).

Excerpt 3 The present research represents a tentative exploration of primary school EFL teacher expertise in whole-class scaffolding from the macro-level (i.e., the selection and sequencing of pedagogical activities) and the micro-level (i.e. the interactional patterns and the interactional scaffolding strategies) to explore the nature of teacher expertise from the sociocultural perspective so as to enrich the fairly scant studies from this angle, which will eventually enhance our understanding of EFL teacher expertise within the scope of teaching as assistance and shed some light on the ESL/EFL classroom teaching and teacher education. (3195, group 3).

In terms of overall phrasal complexity, learners from the undergraduate to the PhD level tend to use more complex nominals per T-unit and verb phrases per T-unit (CN/T, $p = 0.035 < 0.05$; VP/T, $p = 0.026 < 0.05$). Current

research has found more complex nominals and verb phrases per language production unit in writings of higher English L2 proficiency (Biber, D., Gray, B. & Poonpon, K., 2011; Kim, J.Y., 2014). The significant increase in RA abstracts on complex nominals and verb phrases among the three stages of learners in this paper echoes this opinion. Meanwhile, studies on syntactic complexity of English academic writing have concluded a distinctive feature of nominal style, namely the greater use of nominative structures than verbal structures in academic writing (Lu, X., Casal, J.E. & Liu, Y., 2020; Biber, D., Gray, B. & Poonpon, K., 2011; Biber, D. & Gray, B., 2010; Halliday, M.A.K. & Martin, J.R., 1993). Each of the three stages of RA abstracts in this paper showed more complex nominals than verb phrases (CN/T, M=3.522, 3.663, 4.181; VP/T, M=2.102, 2.146, 2.455). It was found by the excerpts that this feature may result from the tendency of L2 learners with higher proficiency to condense expressions, expressing information in the form of multiple complex nominals, with more complex nominals used by more proficient authors.

Excerpt 4 The traditional teacher-centered methodology and teaching content have long been the focus of concern to the teachers, but teacher talk, especially the effectiveness and resources of teacher talk, has not been stressed properly. (1183, group 1).

Excerpt 5 Based on relevant theories of amplifiers and interlanguage, this study adopts the method of Contrastive Interlanguage Analysis (CIA) and uses self-built corpora to explore the use of amplifiers in academic writing by Chinese English majors. (2191, group 2).

Excerpt 6 Based on social-culture theory, activity theory and “post-process” writing theory, this study constructed a blended learning mode for mobile English writing, and conducted a two-month teaching experiment of English persuasive writing to study students’ mobile English writing learning behaviors (MEWLs), with the aim of answering three research questions. (3175, group 3).

On clausal subordination, the RA abstracts of three stages also showed significant differences, as can be seen by more dependent clauses per clause or per T-unit (DC/C, $p=0.022<0.05$; DC/T, $p=0.025<0.05$). In contrast to previous studies that believe learners with higher English proficiency will use a lower proportion of dependent clause subordination structures (Jiang, J., Bi, P. & Liu, H., 2019) in the present study, finite subordination represented by dependent clauses per clause or per T-unit increased as proficiency rises. This may result from the different content of our selected sample. This paper focuses on the RA writing of English L2 learners, of which finite subordination has an important functional role. It has been found that novice academic writers use finite subordination less often than expert academic writers (Yin, S., Gao, Y. & Lu, X., 2023). The significant increase of DC/C indicator in academic writing of the present study among the present learners is in line with the characteristics of L2 academic writing in English.

Additionally, it was found that the T/S indicator gradually decreased between the three stages (T/S, M=1.289, 1.244, 1.145). Dong (2023) found fewer T-units embedded in RAs of social science studies when analyzing syntactic complexity across disciplines and suggested the reason for this to be the need for condensed information transfer. We selected three excerpts from the samples on summarizing previous research and found that such decline may be due to the rise in academic level leading to more fluid and coherent thinking and longer idea units.

4.1.2 Differences in Fine-Grained Clausal and Phrasal Metrics

Remarkable differences in syntactic complexity can also be seen with respect to fine-grained clausal and phrasal metrics.

Among 163 fine-grained indicators, a total of 37 showed significance ($p<0.05$), as can be seen in Table 2.

Table 2. Fine-grained Metrics Showed Significance ($p<0.05$)

Measures	Group1 (n=30)	Group2 (n=30)	Group3 (n=30)	H	p
	M (SD)				
<i>Clausal complexity</i>					
dep_per_cl	0.049 (0.061)	0.129 (0.084)	0.092 (0.041)	19.709	0.000**
aux_per_cl	0.198 (0.105)	0.143 (0.068)	0.194 (0.073)	7.532	0.023*
<i>Phrasal complexity</i>					
av_nsubj_deps	1.084 (0.411)	1.340 (0.359)	1.330 (0.243)	9.386	0.009**
av_nsubj_deps_NN	1.151 (0.430)	1.399 (0.342)	1.432 (0.292)	9.349	0.009**
av_nsubj_pass_deps	0.995 (0.852)	1.617 (0.641)	1.605 (0.387)	10.812	0.004**

av_nsubj_pass_deps_NN	1.031 (0.901)	1.659 (0.758)	1.694 (0.414)	9.409	0.009**
av_pobj_deps	1.545 (0.411)	1.660 (0.197)	1.694 (0.150)	7.94	0.019*
av_agents_deps	0.820 (1.118)	1.524 (1.532)	1.804 (0.830)	11.132	0.004**
av_agents_deps_NN	0.780 (1.111)	1.462 (1.489)	1.778 (0.826)	11.555	0.003**
nsubj_stdev	1.038 (0.312)	1.221 (0.203)	1.288 (0.255)	10.52	0.005**
nsubj_NN_stdev	1.046 (0.313)	1.231 (0.204)	1.274 (0.281)	8.612	0.013*
nsubj_pass_stdev	0.691 (0.640)	1.098 (0.473)	1.174 (0.395)	9.164	0.010*
nsubj_pass_NN_stdev	0.702 (0.624)	1.041 (0.467)	1.166 (0.391)	8.934	0.011*
agents_stdev	0.242 (0.481)	0.281 (0.495)	0.592 (0.451)	12.931	0.002**
agents_NN_stdev	0.223 (0.446)	0.308 (0.564)	0.620 (0.481)	14.049	0.001**
dobj_NN_stdev	1.177 (0.414)	1.305 (0.256)	1.370 (0.208)	6.706	0.035*
pobj_NN_stdev	1.109 (0.299)	1.242 (0.141)	1.256 (0.136)	6.607	0.037*
poss_all_nominal_deps_struct	0.032 (0.031)	0.020 (0.018)	0.042 (0.035)	8.918	0.012*
poss_all_nominal_deps_NN_struct	0.034 (0.033)	0.020 (0.018)	0.044 (0.037)	8.752	0.013*
poss_pobj_deps_struct	0.025 (0.035)	0.016 (0.020)	0.043 (0.045)	12.002	0.002**
poss_pobj_deps_NN_struct	0.026 (0.035)	0.016 (0.020)	0.043 (0.045)	11.832	0.003**
conj_or_all_nominal_deps_struct	0.002 (0.005)	0.003 (0.005)	0.004 (0.005)	7.115	0.029*
conj_or_all_nominal_deps_NN_struct	0.002 (0.005)	0.002 (0.005)	0.004 (0.005)	7.079	0.029*
conj_or_pobj_deps_struct	0.001 (0.006)	0.003 (0.005)	0.005 (0.008)	10.489	0.005**
conj_or_pobj_deps_NN_struct	0.001 (0.006)	0.003 (0.005)	0.005 (0.008)	10.489	0.005**
amod_nsubj_deps_struct	0.181 (0.132)	0.280 (0.153)	0.284 (0.129)	9.946	0.007**
amod_nsubj_deps_NN_struct	0.202 (0.144)	0.296 (0.156)	0.315 (0.140)	9.373	0.009**
prep_nsubj_deps_struct	0.184 (0.120)	0.294 (0.165)	0.251 (0.138)	7.438	0.024*
prep_nsubj_deps_NN_struct	0.203 (0.133)	0.312 (0.170)	0.284 (0.171)	7.087	0.029*
vmod_all_nominal_deps_struct	0.026 (0.026)	0.038 (0.026)	0.045 (0.029)	7.882	0.019*
vmod_all_nominal_deps_NN_struct	0.025 (0.023)	0.037 (0.027)	0.044 (0.030)	7.463	0.024*
vmod_nsubj_deps_struct	0.012 (0.032)	0.025 (0.032)	0.027 (0.030)	9.729	0.008**
vmod_nsubj_deps_NN_struct	0.012 (0.033)	0.027 (0.036)	0.030 (0.033)	9.96	0.007**
vmod_pobj_deps_struct	0.024 (0.043)	0.036 (0.030)	0.050 (0.050)	13.828	0.001**
vmod_pobj_deps_NN_struct	0.024 (0.043)	0.036 (0.031)	0.050 (0.050)	13.405	0.001**
advmod_pobj_deps_struct	0.004 (0.010)	0.010 (0.012)	0.011 (0.011)	10.749	0.005**
advmod_pobj_deps_NN_struct	0.004 (0.011)	0.010 (0.012)	0.011 (0.011)	10.759	0.005**

* $p < 0.05$ ** $p < 0.01$

At the clausal level, 2 indicators reached significance ($p < 0.05$) including undefined dependents per clause and auxiliary verbs per clause.

Undefined dependents per clause indicator increased between the undergraduate and graduate students, and decreased between graduate and PhD level students (dep_per_cl, $M = 0.049, 0.129, 0.092$). Undefined dependents, defined as the syntactic dependents in a sentence that cannot be properly identified due to poor wording or grammatical errors, are often used to measure the clarity and coherence of a sentence. In terms of syntactic complexity, more undefined dependents indicates higher degree syntactic complexity. This may result from the fact that more undefined dependents increase the difficulty of language processing and require more cognitive effort for syntactic understanding. For academic writing, undefined dependents tend to cause ambiguity and difficulty in comprehension, which affects the transmission of information. Therefore, attention should be paid to reduce the occurrence of undefined dependents during L2 and ERPP teaching in order to ensure the clear content and logic of the text.

Auxiliary verbs per clause were quite similar at the undergraduate and PhD level, but there appeared a

significant decrease at the graduate level (aux_per_cl, $M=0.198, 0.143, 0.194$). Auxiliary verbs refer to verbs that are used in conjunction with other verbs to create different verb forms, tenses, moods, or voices or other grammatical features. When multiple auxiliary verbs are used in a clause, they create more complex syntactic structures. For Chinese EFL learners at the graduate level, the ability to use complex verb tense or voice should attract attention in the teaching and learning process to meet the needs of higher-level English academic writing.

At the phrasal level, 35 fine-grained metrics reached significance among the three groups ($p<0.05$). Primarily, the phrasal dependents contained in the learners' RA abstracts increased significantly as proficiency increased. The first 15 indicators in the table are all about dependent components. It can be seen that the increase in dependent components is reflected in several sentence structures, including agents, nominal subjects, passive nominal subjects, direct objects, objects of the prepositions. Biber et al. (2021) argued that the final stage in the development of second language writing is reflected in the extensive use of phrasal dependent structures as constituents of noun phrases. More dependents per language production unit can help EFL learners produce a richer and more nuanced description of actions and objects in the sentence, which satisfies the need for the reasoning requirements of academic papers.

It is worth noting that the two indicators on dependents per agent did not show significant differences between undergraduate and graduate students, but increased significantly between graduate and PhD students (agents_stdev, $M=0.242, 0.281, 0.592$; agents_NN_stdev, $M=0.223, 0.308, 0.620$). This may result from the lack of emphasis on the knowledge of agents in L2 teaching and learning process, or the difficulty of using them for learners with low proficiency, which resulted in a larger increase between the two groups of medium and high proficiency. Special attention should be paid on cultivating relevant knowledge about dependents in agents to improve RA writing in undergraduates' L2 and ERPP writing process.

Further, with the results of other fine-grained metrics, specific phrasal dependent types that contribute to phrasal syntactic complexity can be identified. Among the metrics with significant variability, there are six phrasal dependent types, namely possessives, conjunction "or", prepositions, verbal modifiers, adjective modifiers, and adverbial modifiers.

Firstly, the use of possessives showed significant differences between the three groups. All four indicators related to possessives significantly decreased between undergraduate and graduate students, which increased between graduate and PhD students (poss_pobj_deps_struct, $M=0.025, 0.016, 0.043$; poss_pobj_deps_NN_struct, $M=0.026, 0.016, 0.043$; poss_all_nominal_deps_NN_struct, $M=0.034, 0.020, 0.044$; poss_all_nominal_deps_struct, $M=0.032, 0.020, 0.042$). Kyle (2016) found a notable negative relationship between possessives in English L2 writing and length of English L2 learning. The possessives in writing decreased as English L2 proficiency increased among the undergraduate and graduate EFL learners in this study. However, the high use of possessives in PhD-level dissertations was anomalous, which warrants guidance on alternative solutions for the use of possessives in the L2 teaching process.

Secondly, the use of conjunction "or" gradually increased among the three groups. Moreover, the use of prepositions also increased significantly between the undergraduate and graduate students, with no significant difference between the graduate and PhD level students. The last significant feature is that as English L2 proficiency rises, learners used more modifiers in RA abstracts, as evidenced by the rising indicators of adjectival modifiers, adverbial modifiers and verbal modifiers. All of the six aspects above are important types that constitute phrasal dependents, whose variations are consistent with the increased reliance on phrasal modifiers characteristic of academic writing (Crossley, S.A. & McNamara, D.S., 2014). Complex noun features can also be found which are consistent to the findings of previous studies (Casal, J.E. & Lee, J.J., 2019; Parkinson, J. & Musgrave, J., 2014).

Overall, the above fine-grained clausal and phrasal indicators reflected significant differences in syntactic complexity in academic writing among cross-proficiency Chinese EFL learners and provided valuable information for their self-improvement as well as L2 and ERPP instruction.

4.2 Indices Effectively Predict Academic Writing Quality

The regression analysis (specific regression method: stepwise) was performed with all indicators that conformed to the normal distribution as the independent variables and group as the dependent variable. As shown in Table 3, the results indicated the validity of the three indicators (amod_dobj_deps_NN_struct; DC/C; nsubj_stdev) in determining the L2 academic writing quality. R-squared value of this model is 0.346, implying that these three metrics can explain 34.6% of the reasons for the variation of group. Moreover, the model passed the F-test ($F=8.898, p=0.000<0.05$), indicating the validity of this model. The model equation is as follows: $\text{group}=0.965+1.007 * \text{nsubj_stdev}+0.946 * \text{amod_dobj_deps_NN_struct}+4.766 * \text{DC/C}$. It can be concluded from the analysis that three metrics representing dependents per nominal subject (standard deviation), adjectival modifiers per direct object (no pronouns), and dependent clauses per clause will have a significant positive effect

on academic writing quality.

Table 3. Results of Stepwise Regression Analysis (n=90)

	Nonstandardized coefficient		Standardization coefficient	<i>t</i>	<i>p</i>	VIF
	<i>B</i>	SE	<i>Beta</i>			
Constant	0.965	0.450	—	2.145	0.035*	—
nsubj_stdev	1.007	0.281	0.342	3.583	0.001**	1.169
amod_dobj_deps_NN_struct	0.946	0.405	0.225	2.335	0.022*	1.194
DC/C	4.766	1.286	0.573	3.706	0.000**	3.074
<i>R</i> ²	0.346					
<i>Adjusted R</i> ²	0.307					
<i>F</i>	<i>F</i> (3,86)=8.898, <i>p</i> =0.000					
D-W	0.524					

Dependent Variable: group

* *p*<0.05 ** *p*<0.01

The regression equation shows that the syntactic complexity of RAs of Chinese EFL learners at the three stages is most affected by dependent clauses per clause (DC/C, *B*=4.766), followed by dependents per nominal subject (standard deviation) and adjectival modifiers per direct object (no pronouns) (nsubj_stdev, *B*=1.007; amod_dobj_deps_NN_struct, *B*=0.946). The more dependent clauses per clause, the more dependents per nominal subject, the more adjectival modifiers per direct object, the higher the quality of English academic writing. These three indicators can serve as effective references in determining the quality of the output texts during L2 academic writing learning. In addition, in the process of L2 teaching and ERPP teaching, emphasis should be placed on the cultivation of EFL learners' ability to use dependent clauses, dependents and adjective modifiers in their academic writing.

No valid clausal-level indicators were found, as previously noted by Biber (2016) that clause-based indicators of syntactic complexity are typical of spoken language, rather than the written form. The same conclusion was reached in Taguchi et al.'s study that composition quality is not highly correlated with clause-level syntactic complexity (Taguchi, N., Crawford, B. & Wetzel, D., 2013). Similar findings can also be seen from a research by Casal & Lee (2019) suggesting that indicates that phrasal metrics have a significant predictive power over college students' writing, while it was not evident for clausal indicators.

5. Conclusions

This study analyzed the syntactic complexity of L2 writing of EFL learners across proficiency levels. Differences in the syntactic complexity of thesis abstracts of Chinese EFL learners majored in Applied Linguistics at undergraduate, graduate and PhD level were explored, as well as significantly predictive indicators towards academic writing quality. Results of this study showed significant differences in the syntactic complexity of the thesis abstracts among EFL learners at the three different stages. At the global level, as English proficiency increases, learners tend to use longer sentences and T-units, more complex nominals, verb phrases per T-unit and dependent clauses per clause or per T-unit. At the clausal level, two indicators with significant differences were found (undefined dependents per clause & auxiliary verbs per clause). At the phrasal level, the more proficient learners tend to use more abundant dependents, which can help EFL learners to produce better descriptions to satisfy the need for the reasoning requirements of academic papers.

Moreover, through stepwise regression, results of this study also showed that among all the indicators considered, three indicators tend to be the most effective in determining the level of L2 academic writing, namely dependent clauses per clause, dependents per nominal subject (standard deviation), and adjectival modifiers per direct object (no pronouns) ranked from the highest to lowest correlation. Such findings are likely to provide pedagogical value for both teaching and assessment of English L2 writing and ERPP writing.

However, limitations still exist in the current study. Firstly, this study focuses only on the abstract part of theses related to English Applied Linguistics field. Future research could be extended to other disciplines or other part-genres of RAs. Secondly, the academic texts studied in this paper only covered RAs written by Chinese EFL learners majored in Applied Linguistics at undergraduate, graduate and PhD level. Future research can be extended to other academic writing groups, such as the comparison between students' academic writing and that

of the experts. Thirdly, this study roughly classifies theses written by undergraduate, graduate and PhD level EFL learners into three levels of English academic writing quality, from low to high. Future research can conduct more refined scoring approaches to explore the predictive power of different syntactic complexity indicators for academic writing quality. Besides, this paper only summarized the characteristics of syntactic complexity without analyzing the connection between syntactic complexity indicators and the rhetorical functions. Subsequent studies can consider the functional turn in syntactic complexity research.

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